

Girl Scouts At Home

To support families staying home from school and work because of COVID-19, we have created Girl Scouts at Home activities. These hands-on activities for grades K-5 focus on daily themes based on the Girl Scout Leadership Experience. These activities require minimal supplies and create maximum engagement!

Week 4

Meaningful Monday

Girl Scout traditions



Juliette Gordon Low was the founder of Girl Scouts. Learn more about Juliette and her vision for the girls of the United States of America by visiting this website:

www.juliettegordonlowbirthplace.org.

Now take a few minutes and answer these fun questions:

- What year did Juliette Low start Girl Scouts?
- What was Juliette Gordon Low's nickname?
- When is her birthday?
- Where is her birthplace home?
- Did Juliette Low have any disabilities?
- What was the date of the first Girl Scout meeting?
- How many girls started the first troop?
- What are ways we remember Juliette Gordon Low today?

STEM Tuesday

STEM = science, technology, engineering and math

Structural engineering



Did you know that paper can be strong enough to hold a book?

Your challenge today is to use only paper and tape to create a structure that will hold a book 6 inches off the ground. You can use as many pieces of paper as you want, but the goal is

to use as few pieces of paper as possible. Think of ways that you could reinforce the paper to make it structurally sound.

Once you have completed your project, take a photo and have an adult post it to the

[Facebook page of Girl Scouts of the Commonwealth of Virginia](#) (@comgirlscouts).

Wild and Wonderful Wednesday

Spring tweets



As spring weather continues to grow warmer, the birds are starting to emerge.

Head outside and find a quiet place to sit. Spend a few minutes looking around and see how many types of birds you can identify. Are you able to locate a bird habitat in your back yard? Listen to the sounds of the birds. Did you know that different types of birds sound different? Listen to see if you can identify different types of birds based on their songs.

Life Skills Thursday

Scheduling



During this time when we are spending so much time at home and away from our daily life schedules, it is a good idea to create a schedule for ourselves. Schedules are important because they help us plan activities and achieve our goals. Goals can be as simple as making your bed or completing schoolwork. You most likely have multiple goals you want to achieve each day. Think about your big goals and your smaller goals.

Answer these questions to help you create a daily schedule:

- What are some goals that you have right now for yourself?
- What needs to happen in order to achieve those goals?
- How much time do you need to ensure you achieve your goal?
- Do you have some down time in your schedule?
- Think about daily things to put into your schedule. For example, what time will you wake up, eat, do schoolwork and go to bed?

Finally, create a fun and colorful schedule and share it with an adult in your home so they are able to support you in your efforts.

Community Friday

National service project



Did you know that Girl Scouts of the USA has launched a national service project for all Girl Scouts to participate in during this time of social distancing? Take a look and [join in by clicking this link.](#)

Girl Scouts of the Commonwealth of Virginia

Activities like these are part of the Girl Scout Leadership Experience, which prepares girls for a lifetime of leadership, success and adventure. Girl Scouting empowers girls to discover, connect and take action.

get in touch

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Founded in 1913, Girl Scouts of the Commonwealth of Virginia is 17,400 members strong — more than 12,000 girls in grades K-12 and 5,400 adults who believe in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)[™] to change the world. The mission of Girl Scouts is to build girls of courage, confidence, and character, who make the world a better place. As the preeminent leadership development organization for girls, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure and success.