

# Girl Scouts At Home

To support families staying home from school and work because of COVID-19, we have created Girl Scouts at Home activities. These hands-on activities for grades K-5 focus on daily themes based on the Girl Scout Leadership Experience. These activities require minimal supplies and create maximum engagement!

## Week 3

### Meaningful Monday

#### Girl Scout traditions



“Make New Friends but Keep the Old” is a favorite Girl Scout campfire song. [Sing along to this YouTube video](#) to learn the words and tune.

Next, grab some string, a paper plate and scissors and learn how to make a cool friendship bracelet. [This Step-by-Step With Salamander video](#) will show you how. After you make a friendship bracelet, you can mail to one of your friends at home.

### STEM Tuesday

STEM = science, technology, engineering and math

#### Ice cream in a bag



It's science, and it's delicious! This project uses ice and salt to chill ingredients into a delicious treat.

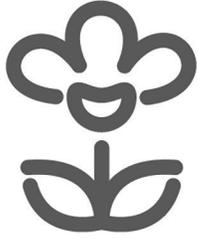
[Click this link to learn](#) about the freezing process. Here's the recipe:

- 1 pint-size resealable plastic bag
- 1 gallon-size resealable plastic bag
- ice cubes
- 1 cup of half and half
- 1/2 cup of salt
- 2 tablespoons of sugar
- 1/2 tablespoon of vanilla extract
- ice cream toppings of your liking

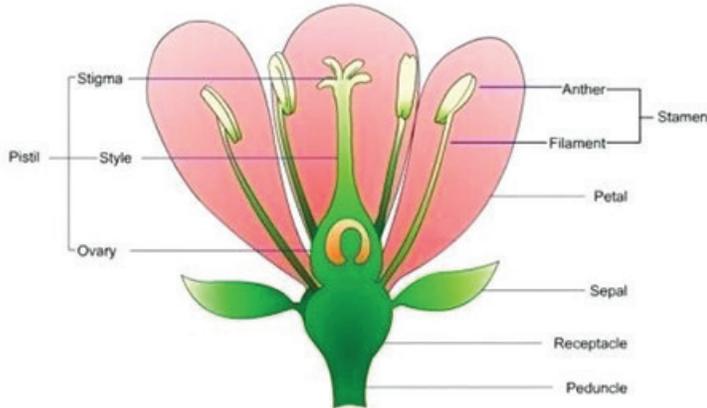
1. Put the half and half, sugar and vanilla extract into the pint bag and seal tightly.
2. Fill the gallon bag halfway with ice. Mix in the salt.
3. Put the pint bag into the gallon bag and seal tightly.
4. Shake the bag for 10 minutes. Check the consistency of your ice cream to see if it is to your liking.
5. Take the pint bag out of the gallon bag.
6. Add your toppings to your ice cream and enjoy.

## Wild and Wonderful Wednesday

### Spring has sprung

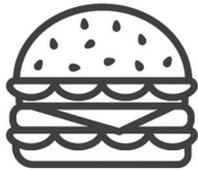


The flowers are now in full bloom. Have you taken a closer look? Venture outside and see if you can identify which flowers are in bloom. Now take a really close look. Using this diagram as a guide, can you identify parts of a flower in your yard?



## Life Skills Thursday

### Open a restaurant



Tonight, you are opening your own restaurant in your home! Think of all the things you will need to successfully launch your home restaurant. Consider these points:

**Create your atmosphere:** Name your restaurant, set the table, find some music and create a space where your customers will feel

special. Invite your family to your restaurant.

**Staff:** Maybe you have a sibling who could help as your waitstaff or help cook in the kitchen.

**Create a menu:** Talk with an adult in your home about what types of meals you can safely prepare on your own. Add these items to your menu. Consider how you could create a balanced meal out of what you can safely prepare.

**Have fun:** Owning your own business can be stressful but fun.

Talk with your family when the meal is over about things you learned along the way. What are things that went really well? What would you do differently? Take a photo and have an adult post it to the [Facebook page of Girl Scouts of the Commonwealth of Virginia](#) (@comgirlscouts).

## Community Friday

### Show your support



Have you heard of the [#aworldofhearts](#) project? The idea is to fill windows with hearts so that other people can see the hearts and feel uplifted. You can find details on the [Facebook page of](#)

[@aworldofhearts](#).

Make a sign to hang in a window or create a chalk drawing on your driveway or sidewalk showing your support for your community. Think of who you could thank during this time of social distancing.

## Girl Scouts of the Commonwealth of Virginia

Activities like these are part of the Girl Scout Leadership Experience, which prepares girls for a lifetime of leadership, success and adventure. Girl Scouting empowers girls to discover, connect and take action.

get in touch

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804-746-0590  
Facebook: @comgirlscouts  
Twitter: @GSCofVA  
Instagram: @girlscoutsofva

Founded in 1913, Girl Scouts of the Commonwealth of Virginia is 17,400 members strong — more than 12,000 girls in grades K-12 and 5,400 adults who believe in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)<sup>™</sup> to change the world. The mission of Girl Scouts is to build girls of courage, confidence, and character, who make the world a better place. As the preeminent leadership development organization for girls, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure and success.