

Girl Scouts At Home

To support families staying home from school and work because of COVID-19, we have created Girl Scouts at Home activities. These hands-on activities for grades K-5 focus on daily themes based on the Girl Scout Leadership Experience.

These activities require minimal supplies and create maximum engagement!

Week 2

Meaningful Monday

Girl Scout traditions



Girl Scout Law

I will do my best to be honest and fair, friendly and helpful, considerate and caring, courageous and strong, and

responsible for what I say and do,
and to

respect myself and others,

respect authority,

use resources wisely,

make the world a better place, and

be a sister to every Girl Scout.

Here's one way to live the values within the Girl Scout Law: Grab a trash bag and some rubber gloves and go on a trash hike. You can walk your yard or your neighborhood. Help make your part of the world a better place by picking up trash. Make sure you go with an adult and stay on the sidewalks or walking path.

STEM Tuesday

STEM = science, technology, engineering and math

Learn about germs



Learn how germs spread and how you can use soap and water to prevent the spread of germs.

First, go online and research the many types of germs, how germs spread and what we can do to prevent the spread of germs.

Next, try this two-part activity that uses a bowl, pepper and your favorite hand soap:

Part 1

- Fill the bowl with water.
- Sprinkle in some pepper.
- Place your finger in the bowl with pepper, then pull your finger out of the water.
- What happened?

Part 2

- Now place a drop of hand soap on one of your fingers on your other hand.
- Place your soaped finger in the bowl.
- What happened?

If you think of the bits of pepper as germs, it's easy to see why it is important to wash your hands.

Wild and Wonderful Wednesday

Get outdoors



Let's make a nature mobile. A mobile is a piece of artwork that is hung and shows items floating freely.

Here are the supplies you need:

- string or yarn (several pieces cut at different lengths)
- stick 6 inches or longer
- several items you find in nature

Head out into your backyard or other outside space. You are looking for items that you can hang on your mobile. Collect several items, then use the yarn or string to tie the items to your stick. Finally, tie a string with nothing on it to the middle of the stick so you can hang your mobile for display.

Life Skills Thursday

Create your ideal hospital



Create your own hospital with fun things to make people feel better.

Have you ever been in a hospital or visited someone in one? What do you remember about it? You were probably in a hospital when you were

born, right? The nursery with all the newborn babies is one of the happiest places in any hospital.

Hospitals usually have a gift shop and cafeteria. What else do you think would make someone's hospital stay better? A playroom? A library? Nice

colors on the walls? Drawings? Flowers? Maybe it has stuffed animals on every bed or large-screen TVs with video games.

Here are supplies you might use to create your own hospital:

- markers and crayons
- construction paper
- scissors
- glue
- cardboard
- magazines
- popsicle sticks
- pipe cleaners

Community Friday

Your family story



Learn more about your family through interviews. Create a list of questions to help you learn more about the people in your family.

Choose two generations to interview, and reach out by phone, FaceTime or

in person. Here are some questions that might be fun to ask:

- What was your favorite thing to do when you were my age?
- Tell me about your mother/father/grandparent/best friend.
- What was different when you went to school?
- Tell me about your childhood home or town.

Did you learn anything about your family that you didn't already know?

Girl Scouts of the Commonwealth of Virginia

Activities like these are part of the Girl Scout Leadership Experience, which prepares girls for a lifetime of leadership, success and adventure. Girl Scouting empowers girls to discover, connect and take action.



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Founded in 1913, Girl Scouts of the Commonwealth of Virginia is 17,400 members strong — more than 12,000 girls in grades K-12 and 5,400 adults who believe in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)TM to change the world. The mission of Girl Scouts is to build girls of courage, confidence, and character, who make the world a better place. As the preeminent leadership development organization for girls, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure and success.