



# Summer Camp 2022

Adventures for Girls, Troops & Families

Camp life is the best life, and we are happy to be back for 2022! See details inside about:

- Resident camp
- COVID-19 plans

girl scouts   
of the commonwealth  
of virginia

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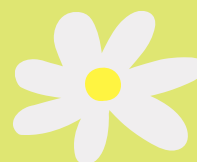
*Photos throughout this publication were taken before the outbreak of COVID-19.*



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## Mission, Promise and Law

The Girl Scout Mission is a powerful statement of what we strive to do each day. The Girl Scout Promise conveys how Girl Scout members agree to act every day toward one another and other people. The Girl Scout Law outlines how Girl Scouts act toward one another and the world.

### Girl Scout Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

### Girl Scout Promise

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

### Girl Scout Law

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.

## Welcome

Dear girls and families,



The fact that this book is in your hands means the greatest time of the year is fast approaching – camp season! We are so incredibly excited to be able to come back together again this year and enjoy camp and all it has to offer together.

Camp can be a life changing experience for campers both new and seasoned as they experience the magic of camp. They'll develop self-confidence, learn new skills, and build friendships while experiencing unplugged fun in the great outdoors. As a lifelong member of the Girl Scouts of the Commonwealth of Virginia who grew up attending camp every summer at our council's incredible properties, I know firsthand just how special summers at camp are and how the memories made here will last a lifetime!

As we return to camp once again this summer, the health and safety of each camper continues to be of the utmost importance. This means the continued use of the cohort system at camp with cabins and their counselors forming a tight unit as they go through the week. They will do daily health screenings and wear masks when social distancing is not possible along with standard camp practices to keep campers and staff safe and healthy. Think sunscreen dance parties, hydration affirmations, a siesta in the middle of the day and more as we work to achieve a secure and nurturing environment for each and every person at camp.

At camp we enjoy lots of moments that are about as close to perfect as we can get – the sun is shining, girls are singing, and everything is right in the world. Of course, like all things in life, there are also moments where everything does not go as expected. Thunder rolls, marshmallows burn, or plans shift unexpectedly. These moments teach campers to work together and develop grit and resilience.

Every year we strive to make camp better than ever before; notable additions of the past include the addition of bunk beds, gaga ball pits, an axe throwing range, and much more. This year we are so excited to have the addition of our very own climbing tower at Pamunkey Ridge! This much anticipated new addition will add just one more way for girls to challenge themselves and take on new adventures at camp.

The exceptionally talented camp staff and I are unbelievably excited to be back at camp for another fun-filled camp season, and we thank you for sharing your camper with us. Whether it's their first summer at camp or their tenth, there is no greater joy for us than being able to provide a safe and fun experience for each girl and we are thrilled to have them be a part of our program.

We look forward to greeting you and your camper at the gate and cannot wait for all the fun that's in store!

A handwritten signature in black ink that reads "Anne 'Almond' Dupuis".

Anne "Almond" Dupuis  
Girl Experience Specialist



## COVID-19 Protocols

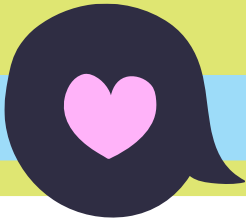
Summer Camp 2022 will continue to have COVID-19 precautions. We have done this before and can do it again for the health and safety of all girls. We ask that our camp families understand these precautions are not intended to dilute the overall camp experience but to ensure we continue to have in-person camp.

We have worked closely with the Virginia Governor's Office and the Virginia Health Department to understand best practices and guidelines that allow us to operate responsibly. Pamunkey Ridge Girl Scout Camp staff members are dedicated to the social, emotional, and physical health of our campers. We have and will continue to adjust camp procedures to follow the most up to date COVID-19 protocols and best practices. We look to the state and Girl Scouts USA for guidance and follow their lead. If changes occur in best practices, we reserve the right to adjust our programming to keep all healthy and safe.

Before signing up for camp, girls and families should review these COVID-19 requirements as they are not negotiable. If you have questions, please email [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org).



- Every camper should be prepared to present a negative COVID-19 molecular test within seven days prior to arriving at camp, screen to ensure no symptoms of COVID-19 for fourteen days prior to arriving at camp, or provide a copy of a current COVID-19 vaccination card.
- Only campers and staff members will be allowed to enter camp. Campers will be given a drop-off time for their arrival day. Campers will complete the check-in process at the front gate of camp during their given timeslot. Girls will meet their counselors and say goodbye to their families at the gate. Drop-off times will be scheduled by cabin, so campers will gather with their cabinmates and enter together.
- Camp staff members will screen all campers daily for signs of COVID-19. If a camper shows signs of sickness, the parent or guardian will be notified and required to come pick up their camper.
- All daily screenings will check for:
  - Fever (temperature 100.4° Fahrenheit or higher)
  - Sore throat
  - New uncontrolled cough that causes difficulty breathing
  - Diarrhea, vomiting or stomachache
  - New onset of severe headache, especially with a fever
  - Other possible COVID-19 indicators that may be included in screening are chills, nasal congestion or runny nose, new loss of taste or smell, shortness of breath or difficulty breathing, tiredness, muscle or body aches or poor appetite.
- All campers will be required to bring enough masks to change them twice daily (that's TEN masks for resident campers). Campers will be required to wear their mask if they encounter campers not in their designated cabin.
- Campers will remain with their cabin group for the entirety of camp. There will not be opportunity for cross-cabin mingling. Campers will be encouraged to use social distancing and proper handwashing procedures.



## Information and Answers to Questions



### How do I register my girl?

Registration opens at 6:30 p.m. on February 15, and there are three easy ways to register:

- Online: [www.comgirlscouts.org/EVENTS](http://www.comgirlscouts.org/EVENTS) OR Your MyGS portal – go to MyEvents
- Email: [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)
- Mail: Fill out and mail in the registration form found in the back of this booklet to  
Girl Scouts of the Commonwealth of Virginia  
4900 Augusta Ave., Suite 200  
Richmond, VA 23230

Registration is first come, first served. Confirmation of camp purchase will be emailed immediately after you complete your registration. A detailed confirmation email will be sent prior to the camp date which will include required paperwork, health forms, packing lists, directions to camp and more. A non-refundable \$50 deposit per session will reserve your camper's space, then the balance is due two weeks before the start of the session.

### If my girl isn't a Girl Scout, can she still come to camp?

Not a Girl Scout? Not a problem! All girls are welcome at Girl Scout camp. If your girl is not a registered Girl Scout, add \$31 to your registration. It's that easy!

### Are there benefits to camp?

Camp is awesome! Research shows that girls with more frequent outdoor experiences are more likely to seek challenges and are better at solving problems — qualities that help them academically, with social development and increased self-esteem.

Camp gives her cool new experiences! 72% of girls said Girl Scouts gave them the chance to build new skills or try new outdoor activities.

Camp makes everything better! Research shows spending time in nature improves concentration and creative reasoning. Outdoor experiences also help promote healthy social development and increase self-esteem.

Find out more at [girlscouts.org/research](http://girlscouts.org/research).

### Is financial assistance available?

Yes. We want every girl to experience camp! Financial assistance is available to help families meet the cost of sending their girl to camp. There is a financial assistance form in the back of this publication.

### Why should I choose Girl Scout camp?

The crackle of the campfire, the splash of paddles in the lake, the whoosh of an arrow flying toward the bullseye — these are the sounds of summer camp. It's a special time that allows your girl to unplug from her electronics and connect to nature, peers and herself. She will build skills and confidence through new experiences under the guidance of caring, trained adults. Oh — and she'll have a ton of fun too!

Girl Scout camp is an exclusively all-girl experience that is girl-planned and girl-led.

Girl Scout camp provides creative and educational outdoor experiences for girls. We use the Girl Scout Leadership Experience curriculum, trained staff, and the resources of the natural surroundings to contribute to each camper's mental, physical, social and spiritual growth.

### Is my camper ready for camp?

Making the choice to attend camp for the first time is an important decision for camper and parent. There are some great ways to ease into the camp experience. You can try a shorter session or come to camp together at Family Camp.

Encourage your girl to be part of the planning process by looking through this publication together and picking the camp session that fits your schedule and her interests. Invite her to take a helping role in preparing for camp. With your help, she can shop for supplies, pack her own bag and pre-address stationery to use at camp.

### Am I ready for my girl to attend camp?

Our staff members have been helping girls work on being independent for a long time. While the schedule says we teach crafts or canoeing or archery, what we really teach is self-reliance and resilience — invaluable skills for every girl. Reassure yourself that you've done your job as a parent. The advice, coaching, caring and goodwill you've given your child over the years is in there. Trust the job you have done.

## Information and Answers to Questions (cont.)

### Who are the camp staff members?

Our staff members love to work with youth. We look for people who can work as a team, who want to help campers develop in both social and skill areas, who are committed to keeping camp a kind community and who have Girl Scout experience. We demand that our staff be amazing, and we help them develop the skills they need to get there. Our staff members return to camp each summer and bring their own life experiences with them. Their diversity creates a welcoming, accepting and kind community that radiates throughout camp. Many of our staff members grew up in our camp program and return year after year to share their passion with our campers.

### What if my camper has special needs?

Our policy of inclusion means that we try to accommodate as many campers as possible and provide a successful experience for all girls. Please partner with our staff to help make the camp experience successful for your child. Communicate with Administrative Specialist Sabrina Winfield ([swwinfield@comgirlscouts.org](mailto:swwinfield@comgirlscouts.org)) about your girl's needs before registering her for camp. This enables our camp staff to make every effort to make reasonable accommodations. Campers should be self-sufficient and able to dress, eat and shower on their own.

### Can my camper be placed with a specific friend at camp?

We do everything we can to accommodate such requests. Campers may choose one mutual buddy. Please remember that one of our goals is for every camper to make new friends. We would never want a cabin full of girls from the same school, leaving one or two campers left out of the group. Please note that girls need to register for the same session, be in the same grade, be on the same Girl Scout level and mutually list each other as their buddy.

### What food is provided at camp?

- At resident camp, we provide meals and snacks with vegan and gluten-free options available.

### How do we apply credits earned from the Girl Scout Cookie Program?

Our camp sessions fill quickly, so please register with your \$50 deposit to hold your spot at the time of registration. Your camper's Pathway Pass will be issued to her in mid-April upon completion of the cookie program. Once credit is given for the earned/free session of camp, you will be issued a deposit refund if applicable.

### Refunds and cancellations

For camp in 2022, we are adjusting refund procedures and following these guidelines:

- Campers experiencing a health problem should not attend camp. If your camper is ill, then email [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org) as soon as possible.
- When providing notice of illness, please try to follow the general notification timelines as much as possible (see below).
- Girl Scouts of the Commonwealth of Virginia understands that 2022 is an unusual time and will thoughtfully consider camp-related refund requests on a case-by-case basis.
- The \$50 deposit per session is non-refundable.

For comparison to our 2022 camp refund guidelines, here are our longstanding procedures:

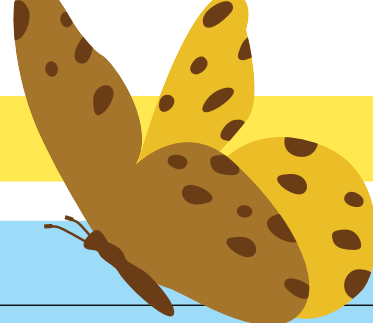
- Cancellations made a minimum of three weeks (21 calendar days) before camp will result in a refund minus the \$50 deposit.
- No refund is provided for cancellations made three weeks or less (20 calendar days) before the first day of the camp session.
- The \$50 deposit per session is non-refundable.
- If the camper is a no-show at the full camp session, no refund is provided unless GSCV has had notification of late arrival.
- If a camper leaves early because of homesickness, unacceptable behavior or parental request, no refund will be made.
- All requests for refunds must be made in writing and emailed to [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)

### Questions? Contact Girl Scouts of the Commonwealth of Virginia:

- [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)
- 804-746-0590
- 800-4SCOUT4 toll free



## Sessions at a Glance



### Resident Camp

Theme	Entering Grades	Dates	Location	Cost	Page
Art-Rageous	Grades 2-8	June 19-24	Pamunkey Ridge	\$400	10
Imaginarium	Grades 2-8	June 26-July 1	Pamunkey Ridge	\$400	11
Charmed Camper	Grades 1-8	July 6-8	Pamunkey Ridge	\$250	12
Water, Water, Everywhere	Grades 2-8	July 10-15	Pamunkey Ridge	\$400	13
Outdoor Adventure Quest	Grades 2-8	July 17-22	Pamunkey Ridge	\$400	14
WOW - Wonders of Water	Grades 2-8	July 24-29	Pamunkey Ridge	\$400	15
Pamunkey Games	Grades 2-8	July 31-August 5	Pamunkey Ridge	\$400	16

### Little Bit O' Camp

Theme	Entering Grades	Dates	Location	Cost	Page
Water, Water, Everywhere	Grades 1-3	July 13-15	Pamunkey Ridge	\$250	13
Pamunkey Games	Grades 1-3	August 3-5	Pamunkey Ridge	\$250	16

### Family Camp & Troop Fun

Theme	Entering Grades	Dates	Location	Cost	Page
Troop Camping	Grades K-12	June 11-13	Pamunkey Ridge	\$75 per participant	17
Family Camp	Grades K-12	July 1-2	Pamunkey Ridge	\$50 per participant	17
Me & My Gal	Grades K-12	August 5-6	Pamunkey Ridge	\$50 per participant	17

### Older Girl Sessions

Theme	Entering Grades	Dates	Location	Cost	Page
Rustic Ramblers	Grades 9-12	July 17-22	Pamunkey Ridge & Camp Kittamaquond	\$400	18
Older Girl Adventures	Grades 9-12	July 31-August 5	Pamunkey Ridge	\$400	18

### Leadership Opportunities for Older Girls

Theme	Entering Grades	Dates	Location	Cost	Page
CIT 1	Grades 10-12	July 17-29	Pamunkey Ridge	\$500	19
CIT 2	Grades 11-Freshman year of college	June 26-July 1 AND July 10-15	Pamunkey Ridge	\$500	19

## Pamunkey Ridge Girl Scout Camp

Pamunkey Ridge Girl Scout Camp covers 240 acres along the banks of the Pamunkey River, about 25 minutes north of Richmond. Both a resident camp and troop overnight/program facility, Pamunkey Ridge features fully enclosed cabins with electricity, a dining hall, basketball courts, a swimming pool, a beautiful waterfront for canoeing, kayaking and paddleboard, sand volleyball court, archery range, gaga pit and large sports field. The 2022 resident camps, family camp and troop weekends detailed in this publication will take place at Pamunkey Ridge.



## Not a Girl Scout? Not a problem!

All girls are welcome at Girl Scout camp. If your girl is not a registered Girl Scout, add \$31 to your registration. It's that easy!

## Camp Kittamaqund



The Northern Neck is the home of Camp Kittamaquund – affectionately known as camp Kitty. The 387-acre site, approximately 80 miles northeast of Richmond, boasts an impressive five miles of shoreline along the Great Wicomico River. Campers sleep in platform tents that are nestled overlooking the water. The facility is complete with a dining hall, arts & crafts treehouse, archery range, a cove for canoeing and kayaking and a large sports field.

# Camp Life!



A typical day at resident camp starts bright and early with the sun but that is where typical ends because there is no such thing as a typical day at camp! Here is a glimpse at our resident camp schedule. We do our best to pack in as much fun in each session as possible, so your camper's day may look a little different depending on her age and session.

- 
- |            |   |
|------------|---|
| 7:45 a.m.  | <b>Flag Up:</b> Start your day!   |
| 8:00 a.m.  | <b>Breakfast:</b> Our culinary team works hard to make sure we are fueled to start our day off right — that includes following appropriate COVID-19 protocols.  |
| 8:45 a.m.  | <b>Sunscreen party:</b> We make sure every girl applies sunscreen two times a day during this fun, music-filled sunscreen dance party.  |
| 9:00 a.m.  | <b>Cabin badge work:</b> This is an opportunity for girls to work in cabin groups to earn the week's badges.  |
| 10:00 a.m. | <b>Program time:</b> Campers will try canoeing, archery, arts and crafts, pool, climbing tower and much, much more.   |
| 11:15 a.m. | <b>Program time</b> (see above)   |
| 12:30 p.m. | <b>Lunch:</b> Everyone refuels mid-day with lunchtime complying with COVID-19 guidelines.   |
| 1:30 p.m.  | <b>Siesta:</b> Time to recharge the body and relax with cabin groups. This may even include a swing in the hammocks.  |
| 2:45 p.m.  | <b>Sunscreen party:</b> Second application of the day. We take hydration and sunscreen seriously!   |
| 3:00 p.m.  | <b>Program time</b> (see above)   |
| 5:30 p.m.  | <b>Dinner:</b> Again our culinary staff members provide healthy well-balanced meals for all campers. We offer three menus: vegan, gluten-free and traditional.  |
| 6:30 p.m.  | <b>All Camp Kapers:</b> Wow, we made a mess today! Time for campers and staff to get our spaces ready for tomorrow during this cleanup!   |
| 7:30 p.m.  | <b>All Camp:</b> Traditionally, this is a time when the whole camp community comes together for fun and a different activity each night. In 2022, we will follow COVID-19 guidelines to ensure that cabin groups do not mingle, but we'll still keep the fun going with a scavenger hunt or a by-cabin challenge. |
| 8:45 p.m.  | <b>Flag Down:</b> Time to put the camp to bed.  |
| 9:00 p.m.  | <b>Showers and cabin time:</b> All campers have an opportunity to shower every day and we end our day in our cabin groups, touching base with staff to ensure every camper is having the time of her life.  |
| 10:00 p.m. | <b>Lights out:</b> Time to let the body get ready for tomorrow!   |

# Art-Rageous



For Girls Entering Grades 2-8  
June 19-24  
\$400

It is going to be an Art-Rageously fun week! Unleash your inner Georgia O'Keeffe and get ready for a week of outdoor art focused fun! Girls will be inspired by nature and explore different ways to create art. From painting and sketching to music and dance, campers will have the opportunity to try out many different mediums of art and still have time for traditional camp fun. The week will include swimming, campfires, canoeing, archery and everyone's favorite WOW Wednesday where girls will become the art in a camp-wide colorful run. Let's get creative!

Activities May Include:



Arts & Crafts



Nature



New Friends



And More

GS Level    Badges Earned

Brownie	Outdoor Art Creator, Painting
Junior	Outdoor Art Explorer, Drawing
Cadette	Outdoor Art Apprentice, Book Artist

# Imaginarium



For Girls Entering Grades 2-8  
June 26-July 1  
\$400

It's time for girls to put on their thinking caps and dive into the world of engineering! Girls will take on exciting design challenges and explore new ways to be innovative in the world around them. Campers will creatively think outside the box practicing hands-on problem-solving skills by building simple machines that solve real life problems. But that is not all. Campers will still have time for all the traditional camp fun activities like canoeing, swimming, archery, arts and crafts and campfires. The WOW Wednesday event will be team focused, as teams will compete in the ultimate Rube Goldberg (chain reaction) machine competition. This camp is for girls who like to create and think on their feet!

## Activities May Include:



Team-  
building



Paddle  
Sports



Games



And  
More

## GS Level    Badges Earned

Brownie	Mechanical Engineering I, II, III
Junior	Mechanical Engineering I, II, III
Cadette	Think like an Engineer Journey

# Charmed Camper



For Girls Entering Grades 1-8  
July 6-8  
\$250

Can't decide which week will be the best for you? No worries! The best way to learn more about camp is to sample everything we have to offer. This mini week is jam-packed with canoeing, swimming, archery, arts and crafts, campfires, s'mores and much more. After camp, girls can show off their accomplishments by wearing an exclusive Outdoor Skills Spectacular patch. Each camper will receive a patch plus five dangling charms to represent activities she sampled while at camp.

Activities May Include:



Swimming



Campfires



Nature



And  
More



# Water, Water, Everywhere\*

For Girls Entering Grades 2-8  
July 10-15  
\$400

It's time to have a splashing good time! This popular water-themed week will be filled with water-focused adventures all-around camp – from the pool to the lake, to some special surprises at our WOW Wednesday water carnival! Campers will also learn about the wonderful world that exists below the water as they explore how they can be a friend to nature and protect the waterways around them.

*\*Little Bit O' Camp available*



Little Bit O' Camp  
Water, Water, Everywhere  
For Girls Entering Grades 1-3  
July 13-15  
\$250

Not sure a full week at camp is the right fit for you? Join us for one of our Lil Bit O' Camp sessions! These mini sessions will run from Wednesday-Friday and give campers a chance to take a small bite of what camp has to offer. Campers will have an opportunity to join camp in time to experience the WOW Wednesday Water Carnival and can explore the waterfront, arts and crafts, the pool, closing campfire and more.

Activities May Include:



Paddle  
Sports



New  
Friends



Swimming



And  
More

GS Level    Badges Earned

.....	.....
Brownie	Outdoor Adventurer, Bugs
.....	.....
Junior	Animal Habitats, Flowers
.....	.....
Cadette	Eco Trekker, Animal Helpers

# Outdoor Adventure Quest



For Girls Entering Grades 2-8  
July 17-22  
\$400

Outdoor adventure abounds for campers who love the excitement of outdoor adventures. Campers get ready to hike, camp, and explore! Campers will practice cooking outside over a roaring campfire, rustic camping under the stars, and on WOW Wednesday take on a climbing challenge on the BRAND-NEW climbing and adventure tower. Girls will master the principles of “Leave No Trace” and gain skills that prepare them for a lifetime of fun in nature. Put on your hiking shoes and let’s hit the trails!

## Activities May Include:



Campfires



Nature



Games



And  
More

## GS Level    Badges Earned

.....  
Brownie

Eco Friend, Hiker

.....  
Junior

Camper, Eco Camper

.....  
Cadette

Primitive Camper, Trees

# WOW – Wonders of Water



For Girls Entering Grades 2-8  
July 24-29  
\$400

This is a wild and wonderful water-themed camp. Campers will be on the water in our canoes, kayaks and stand-up paddle boards, in the water with an early morning polar plunge, and in our beautiful pool, including a pool-side breakfast. Campers will even learn to paint with water during arts and crafts time. This camp is designed for the girl who loves all things water and wants to learn more about the water around us. It is going to be a wet and wild adventure. During the WOW Wednesday activity, campers will have the opportunity to design and build a boat for the second annual cardboard boat races.

## Activities May Include:



Team-  
building



Paddle  
Sports



Themed  
Dinner



And  
More

## GS Level    Badges Earned

.....  
Brownie

Wonders of Water Journey

.....  
Junior

Gardener, Paddle Boat Design  
Challenge

.....  
Cadette

Trailblazing, Night Owl

# Pamunkey Games\*

For Girls Entering Grades 2-8  
July 31-August 5  
\$400

On your marks, get set, FUN! Girls who love a bit of friendly competition, this is the week for you. Campers will explore all the fun camp has to offer, as well as compete in different challenges within their group during the Pamunkey Games! Relay races, swimming, bicycling, archery, team-building challenges, the climbing tower, and more await campers. All this fun will come together on WOW Wednesday in a series of camp-wide challenges to find out who will take home the gold medal. Lace up your shoes and get ready for an awesome week!

*\*Little Bit O' Camp available*



Little Bit O' Camp  
Pamunkey Games  
For Girls Entering Grades 1-3  
August 3-5  
\$250

Not sure a full week at camp is the right fit for you? Join us for one of our Lil Bit O' Camps! These mini sessions will run from Wednesday-Friday and give campers a chance to take a small bite of what camp has to offer. Campers will have an opportunity to join camp in time to experience the WOW Wednesday camp-wide challenge, Pamunkey Games, and can explore the waterfront, arts & crafts, the pool, closing campfire and more.

Activities May Include:



Sports



Arts &  
Crafts



Campfires



And  
More

GS Level    Badges Earned

Brownie

Fair Play, Making Games

Junior

Practice with Purpose,  
Staying Fit

Cadette

Good Sportsmanship, Archery

## Weekend Sessions

### Troop Camping: June 11-13 \$75 per participant

Bring your troop out to camp for a fun-filled weekend! During the day, camp staff will facilitate program areas for your troop to enjoy, covering all the classic camp activities (swimming, canoeing, archery, climbing tower and arts & crafts), plus host a campfire each night. Cost includes program facilitators, activity materials, meals and a whole lot of fun. Troops can choose to pitch their own tents or sleep in a fully enclosed cabin (space limited). All adults must be registered Girl Scouts who have successfully passed a background check.

### Family Camp: July 1-2 \$50 per participant

Family Camp is a unique outdoor adventure offering you and your family the best of summer camp — packed into a super fun overnight. Families provide the supervision, and our camp staff will provide the rest including classic camp activities like swimming, hiking, arts and crafts, evening campfire, archery, canoeing and much more! Cost includes program facilitators, activity materials, meals and a whole lot of fun. Families can choose to pitch their own tent or sleep in a fully enclosed cabin (space limited). All adults must be registered Girl Scouts who have successfully passed a background check.

### Me & My Gal: August 5-6 \$50 per participant

This one night and full day is a perfect chance to introduce your camper to all the wonders of camp with the accompaniment of a special female adult. Camp staff will provide a variety of fun program activities during the day showcasing all that camp has to offer. Cost includes program facilitators, activity materials, meals and a whole lot of fun. Groups can choose to pitch their own tent or sleep in a fully enclosed cabin (space limited). All adults must be registered Girl Scouts who have successfully passed a background check.



## Rustic Ramblers

For Girls Entering Grades 9-12  
July 17-22  
\$400

Are you an older girl looking for a more rustic camp experience this summer? You have found it with this session! This session begins on Sunday at Camp Pamunkey Ridge and moves to GSCV's other camp property, Camp Kittamaquond (affectionately known as Camp Kitty), for a week of rustic camping and outdoor adventures. Campers will depart Camp Pamunkey Ridge on Monday and stay in platform tents, cook their dinners over the campfire, and experience the wonderful trails and waterfront that make Camp Kitty so special. Campers return to Camp Pamunkey Ridge on Thursday in time for a dip in the pool and closing campfire. This is an adventure you won't want to miss!

Activities May Include:



Nature



Campfires



New  
Friends



And  
More

GS Level    Badges Earned

.....

Senior            Adventure Camper

.....

Ambassador    Survival Camper

## Older Girl Adventures

For Girls Entering Grades 9-12  
July 31-August 5  
\$400

Are you an older girl who really enjoys all that camp has to offer? This program for our Senior and Ambassador Girl Scouts will give you the chance to really explore all camp programming you love the most by offering extended program time for our target sports, climbing tower, and waterfront all while completing badge work. Spend time with your fellow Seniors and Ambassadors and have a fun week in the outdoors.

Activities May Include:



Archery



Paddle  
Sports



New  
Friends



And  
More

GS Level    Badges Earned

.....

Senior            Sky Badge

.....

Ambassador    Water Badge

# Training Opportunities

## CIT 1

For Girls Entering Grades 10-12

July 17-29

\$500

In this first level of CIT training, girls establish the leadership and outdoor skills needed to be a camp counselor. Work with others to analyze what makes a good leader and participate in fun and challenging group games. Challenge yourself physically and mentally, then identify which traits you possess that can make you a positive leader. Participants have opportunities to lead activities with younger campers and shadow staff members as well as participate in several areas of camp programming.



## CIT 2

For Girls Entering Grades  
11-Freshman Year of College; OR  
Completion of CIT 1

June 26-July 1

July 10-15

\$500

This is the second level of CIT training, and it focuses on skills needed to work with youth at camp. Learn behaviors to expect from campers and how to manage them, and how to work as a team with all staff. In addition to building your skills working with campers, you will learn more about the operations of camp. Spend time observing and assisting in health and wellness, program areas and administrative operations. After completing your two weeks of the CIT 2 program, CIT2s will have the chance to return for additional weeks and continue hands-on practice of new skills.

## The Trading Post

The Trading Post is our official Girl Scouts of the Commonwealth of Virginia retail shop located at Camp Pamunkey Ridge. Whether your girl is looking for the perfect T-shirt, sweatshirt, pajama bottoms or other GSCV-branded treasure, she will find it at the Trading Post.

The Trading Post has exclusive Girl Scouts of the Commonwealth of Virginia merchandise not available anywhere else. Each season, new items are introduced that will be available for one summer only. From a souvenir picture frame, to the warmest of hooded sweatshirts, the Trading Post is a must-stop shop for your Girl Scout.

### **Make sure to order your camp care package for your girl!**

This year, the camp care package features a really cool camp shirt (sizes Youth Small - Adult XL available) and one stuffed Camp Pamunkey Ridge lovie (a must-have camp friend), all packaged in a camp wetbag for just \$25!

Please order your camp care package when you register for camp. Your Girl Scout will have the opportunity to visit the Trading Post during her time at camp to make her own purchases.



## Cookie Program



**1,000 packages =  
a brick on Cookie Lane  
and a Camp Session**



# 2022 Camp Registration Form

**Please review COVID-19 protocols on page 4.** First-come, first-served registration opens at 6:30 p.m. Tuesday, February 15th and is accepted up to two weeks before sessions start or until camp is at capacity.

**Mail completed form with payment to:**

Girl Scouts of the Commonwealth of Virginia  
4900 Augusta Ave., Suite 200  
Richmond, VA 23230

**You can also register online at:**  
[www.comgirlscouts.org](http://www.comgirlscouts.org)

Name \_\_\_\_\_ Grade in Fall 2022 \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ County \_\_\_\_\_ ZIP \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell phone \_\_\_\_\_

E-mail address \_\_\_\_\_

Parent/Guardian 1 \_\_\_\_\_ Parent/Guardian 2 \_\_\_\_\_

T-shirt size \_\_\_\_\_ Camp Buddy \_\_\_\_\_

Are there any restrictions or special needs related to diet or physical activity? ☐ Yes ☐ No

If yes, please explain \_\_\_\_\_

Are you a registered Girl Scout? ☐ Yes ☐ No (If no, please add \$31 to total for membership dues.)

**Resident Camp**

- |  |  |
|--|--|
| <input type="checkbox"/> Art-Rageous (June 19-24) \$400              | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Imaginarium (June 26-July 1) \$400          | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Charmed Camper (July 6-8) \$250             | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Water, Water, Everywhere (July 10-15) \$400 | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Outdoor Adventure Quest (July 17-22) \$400  | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> WOW - Wonders of Water (July 24-29) \$400   | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Pamunkey Games (July 31-August 5) \$400     | <input type="checkbox"/> Care package \$25 |

**Older Girl Sessions**

- ☐ Rustic Ramblers (July 17-22) \$400  
☐ Older Girl Adventures (July 31-August 5) \$400

**Weekend Programs**

- ☐ Troop Camping (June 11-13) \$75 per participant  
☐ Family Camp (July 1-2) \$50 per participant  
☐ Me & My Gal (August 5-6) \$50 per participant

☐ Total Due \$ \_\_\_\_\_

☐ Deposit Amount \$ \_\_\_\_\_ **\$50 required deposit per camp session**

☐ Financial Assistance Request \$ \_\_\_\_\_

☐ Pathway Pass \$ \_\_\_\_\_

☐ Check enclosed payable to GSCV \$ \_\_\_\_\_

☐ Charge: ☐ MasterCard ☐ Visa ☐ American Express ☐ Discover

Card number \_\_\_\_\_

Name of credit card holder (print) \_\_\_\_\_

My child has permission to participate in all camp activities except as denoted on the camp health form, to appear in pictures and video for publicity purposes, including council website and publications, and to be registered as a Girl Scout if she is presently a non-Girl Scout.

Signature \_\_\_\_\_

**Questions? Email**  
[gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)

Code on back of card \_\_\_\_\_

Expiration date \_\_\_\_\_

**Mail completed form with payment to:**

Girl Scouts of the Commonwealth of Virginia  
4900 Augusta Ave., Suite 200  
Richmond, VA 23230

**email form to [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)**

We strive to ensure that every Girl Scout who needs financial assistance will receive it and do our best to use resources wisely. Financial assistance requests are processed on a first-come, first-served basis. One applicant per form. Incomplete forms cannot be processed. Please allow two weeks to complete application process. All information is kept confidential.

☐ Girl Applicant Troop # \_\_\_\_\_ Service Unit #/Name \_\_\_\_\_

Applicant Name \_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell phone \_\_\_\_\_

Email \_\_\_\_\_

Girl's Grade Level in Fall 2022 \_\_\_\_\_ Girl's Date of Birth \_\_\_\_\_

Name of Camp Session (Only one request per girl, per year)	Camp Fee	Financial Assistance Amount Requested	Deposit Is Required
			<input type="checkbox"/> \$50

Please mark the applicable answer for each question below.

No one answer will qualify/disqualify you for financial assistance.

1) Does your child qualify for USDA Free/Reduced Lunch Program?

☐ Yes ☐ No

2) How many children are in the household? \_\_\_\_\_

3) Are there any extenuating circumstances we should know about?

☐ Yes ☐ No

If yes, please explain \_\_\_\_\_

\_\_\_\_\_

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

**Questions? Email  
[gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)**

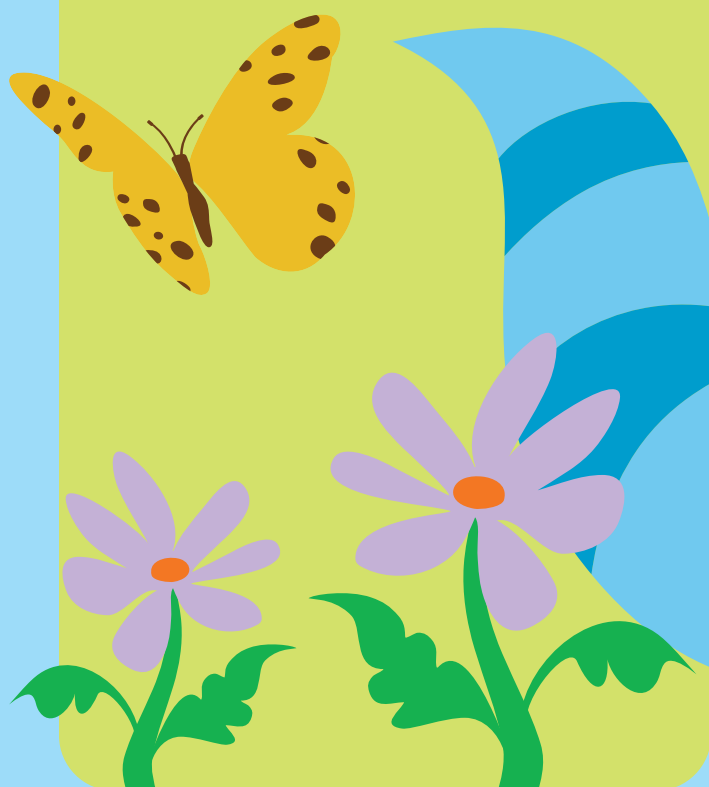
Forms will be processed on a first-come, first-served basis within 7-10 business days. You will be notified via email of your program award. Once notified, you will have 10 business days from the date of the email to either accept or decline the financial assistance offered. You will receive further information based upon your financial assistance request.

Camp life is the best  
life, and we are back  
for 2022!

See details inside about

- resident camp
- COVID-19 plans

Note: Photos within this publication were taken  
pre-COVID-19 and do not reflect 2022 COVID-19  
protocols.



Your Summer Adventure Awaits!

**girl scouts**   
of the commonwealth  
of virginia

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[www.comgirlscouts.org](http://www.comgirlscouts.org) • [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)  
804-746-0590 • 800-4SCOUT4 toll-free

Facebook @comgirlscouts • Twitter @GSCofVA • Instagram @girlscoutsofva  
New: Text NEXT to 59618 to join!