



Summer Camp 2023

Adventures for Girls, Troops, & Families



girl scouts 
of the commonwealth
of virginia

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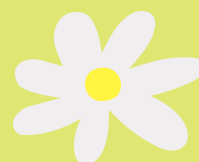
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Girl Scouts of the Commonwealth of Virginia
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Mission, Promise, and Law

The Girl Scout Mission is a powerful statement of what we strive to do each day. The Girl Scout Promise conveys how Girl Scout members agree to act every day toward one another and other people. The Girl Scout Law outlines how Girl Scouts act toward one another and the world.

Girl Scout Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Girl Scout Promise

On my honor, I will try:
To serve God* and my country,
To help people at all times,
And to live by the Girl Scout Law.

Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

*Members may substitute for the word God in accordance with their own spiritual beliefs.

Welcome

Dear girls and families,



Hello and welcome to a book full of possibilities! The fact that you're reading this letter means that our favorite time of the year will soon be here – camp season. We are eager to share the magic of Girl Scout camp with campers new and old this year. We just can't wait to see lots of smiling faces on check-in day.

As someone who grew up attending camps (and have been friends since our days as Pamunkey Ridge campers), I know firsthand that camp life is the best life! Countless campers have passed through our gates and returned home with a greater sense of self-confidence, new skills, and the building blocks of lifelong friendships. There is no greater experience in my opinion than a glorious week of unplugged fun spent at Girl Scout camp. Every girl should have the opportunity for this life-changing experience.

At camp we enjoy many moments that are about as close to perfect as we can get – the sun is shining, girls are singing, and everything is right in the world. Of course, like all things in life, there are also moments where everything does not go as expected. Thunder rolls, marshmallows burn, or plans shift unexpectedly. These moments teach campers to work together, developing grit and resilience in the process.

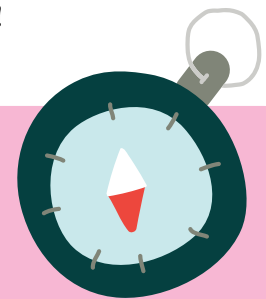
We continue to make our camp community better with each passing year; we have worked hard in this off-season to create exciting new offerings for this summer so that whether this is your first summer or you're an old pro there's something new to explore. We will make full use of everything camp has to offer to ensure this the best summer yet – from the climbing tower, to the archery and axe throwing ranges, to the lake, and the pool, we'll be having fun and learning all summer long. This summer, we are introducing "Choose Your Own Adventure" weeks and offering additional sessions for older girls so there's something for everyone.

Our camp staff is made up of talented, experienced leaders who come together each summer to create something incredible. We cannot wait to get back to it this summer! We firmly believe that there is no greater privilege than to be entrusted with your campers each summer, and no greater joy for us than being able to provide a safe and fun experience for each Girl Scout. Pack your bags and let's get going, this summer is going to be our best one yet!

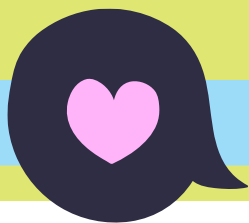
Anne "Almond" Dupuis
Girl Experience Specialist

Save the Date!

110th Anniversary Rally
Camp Pamunkey Ridge
Saturday, June 10, 2023



Come celebrate the 110th anniversary of the first troop in our Council. Be on the lookout in early 2023 for details.



Information and Answers to Questions



How do I register my girl?

Registration opens at 6:30 p.m. on Wednesday, February 15, and there are three easy ways to register:

- Online: www.comgirlscouts.org/EVENTS OR Your MyGS portal – go to MyEvents
- Email: gshelper@comgirlscouts.org
- Mail: Fill out and mail in the registration form found in the back of this booklet to
Girl Scouts of the Commonwealth of Virginia
4900 Augusta Ave., Suite 200
Richmond, VA 23230

Registration is first come, first served. Confirmation of camp purchase will be emailed immediately after you complete your registration. A detailed confirmation email will be sent prior to the camp date which will include required paperwork, health forms, packing lists, directions to camp, and more. A non-refundable \$50 deposit per session will reserve your camper's space, then the balance is due two weeks before the start of the session.

If my girl isn't a Girl Scout, can she still come to camp?

Not a Girl Scout? Not a problem! All girls are welcome at Girl Scout camp. If your girl is not a registered Girl Scout, add \$31 to your registration. It's that easy!

Are there benefits to camp?

Camp is awesome! Research shows that girls with more frequent outdoor experiences are more likely to seek challenges and are better at solving problems — qualities that help them academically, with social development, and increased self-esteem.

Camp gives her cool new experiences! 72% of girls said Girl Scouts gave them the chance to build new skills or try new outdoor activities.

Camp makes everything better! Research shows spending time in nature improves concentration and creative reasoning. Outdoor experiences also help promote healthy social development and increase self-esteem.

Find out more at girlscouts.org/research.

Is financial assistance available?

Yes. We want every girl to experience camp! Financial assistance is available to help families meet the cost of sending their girl to camp. There is a financial assistance form in the back of this publication.

Why should I choose Girl Scout camp?

The crackle of the campfire, the splash of paddles in the lake, the whoosh of an arrow flying toward the bullseye — these are the sounds of summer camp. It's a special time that allows your girl to unplug from her electronics and connect to nature, peers, and herself. She will build skills and confidence through new experiences under the guidance of caring, trained adults. Oh — and she'll have a ton of fun too!

Girl Scout camp is an exclusively all-girl experience that is girl-planned and girl-led.

Girl Scout camp provides creative and educational outdoor experiences for girls. We use the Girl Scout Leadership Experience curriculum, trained staff, and the resources of the natural surroundings to contribute to each camper's mental, physical, social, and spiritual growth.

Is my camper ready for camp?

Making the choice to attend camp for the first time is an important decision for camper and parent. There are some great ways to ease into the camp experience. You can try a shorter session or come to camp together at Family Camp.

Encourage your girl to be part of the planning process by looking through this publication together and picking the camp session that fits your schedule and her interests. Invite her to take a helping role in preparing for camp. With your guidance, she can shop for supplies, pack her own bag and pre-address stationery to use at camp.

Am I ready for my girl to attend camp?

Our staff members have been helping girls work on being independent for a long time. While the schedule says we teach crafts or canoeing or archery, what we really teach is self-reliance and resilience — invaluable skills for every girl. Reassure yourself that you've done your job as a parent. The advice, coaching, caring, and goodwill you've given your child over the years is in there. Trust the job you have done.

Information and Answers to Questions (cont.)

Who are the camp staff members?

Our staff members love to work with youth. We look for people who can work as a team, who want to help campers develop in both social and skill areas, who are committed to keeping camp a kind community, and who have Girl Scout experience. We demand that our staff be amazing, and we help them develop the skills they need to get there. Our staff members return to camp each summer and bring their own life experiences with them. Their diversity creates a welcoming, accepting and kind community that radiates throughout camp. Many of our staff members grew up in our camp program and return year after year to share their passion with our campers.

What if my camper has special needs?

Our policy of inclusion means that we try to accommodate as many campers as possible and provide a successful experience for all girls. Please partner with our staff to help make the camp experience successful for your child. Communicate with the help desk (gshelper@comgirlscouts.org) about your girl's needs before registering her for camp. This enables our camp staff to make every effort to make reasonable accommodations. Campers should be self-sufficient and able to dress, eat and shower on their own.

Can my camper be placed with a specific friend at camp?

We do everything we can to accommodate such requests. Campers may choose one mutual buddy. Please remember that one of our goals is for every camper to make new friends. We would never want a cabin full of girls from the same school, leaving one or two campers left out of the group. Please note that girls need to register for the same session, be in the same grade, be on the same Girl Scout level and mutually list each other as their buddy.

What food is provided at camp?

- At resident camp, we provide meals and snacks with vegan and gluten-free options available.

How do we apply credits earned from the Girl Scout Cookie Program?

Our camp sessions fill quickly, so please register with your \$50 deposit to hold your spot at the time of registration. Your camper's Pathway Pass will be issued to her in mid-April upon completion of the cookie program. Once credit is given for the earned/free session of camp, you will be issued a deposit refund if applicable.

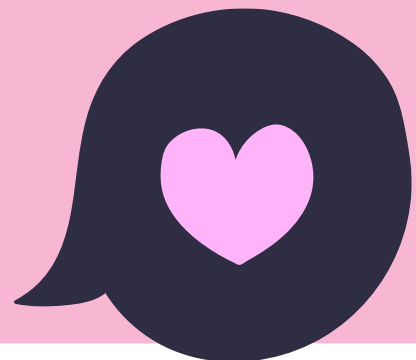
Refunds and cancellations

For camp in 2023, we are returning to our longstanding procedures:

- Cancellations made a minimum of three weeks (21 calendar days) before camp will result in a refund minus the \$50 deposit.
- No refund is provided for cancellations made three weeks or less (20 calendar days) before the first day of the camp session.
- The \$50 deposit per session is non-refundable.
- If the camper is a no-show at the full camp session, no refund is provided unless GSCV has had notification of late arrival.
- If a camper leaves early because of homesickness, unacceptable behavior or parental request, no refund will be made.
- All requests for refunds must be made in writing and emailed to gshelper@comgirlscouts.org

Questions? Contact Girl Scouts of the Commonwealth of Virginia:

- gshelper@comgirlscouts.org
- 804-746-0590
- 800-4SCOUT4 toll free



Sessions at a Glance



Resident Camp - Pamunkey Ridge

| Theme | Entering Grades | Dates | Cost | Page |
|-------------------------------------|-----------------|---------------|-------|-------|
| Splash Landing | Grades 2-8 | June 18-23 | \$420 | 9 |
| So You Think You Can Camp | Grades 2-8 | June 25-30 | \$420 | 10 |
| Fairy Friends | Grades 1-8 | July 5-7 | \$250 | 11 |
| Get a Clue / Ultimate Slumber Party | Grades 2-12 | July 9-14 | \$420 | 12-13 |
| Maker Space / Camp-tastic | Grades 2-12 | July 16-21 | \$420 | 14-15 |
| Potions and Pixies | Grades 2-8 | July 23-28 | \$420 | 16 |
| Paddle On | Grades 2-12 | July 30-Aug 4 | \$420 | 17 |

Little Bit O'Camp - Pamunkey Ridge

| Theme | Entering Grades | Dates | Cost | Page |
|---------------------------|-----------------|------------|-------|------|
| So You Think You Can Camp | Grades 1-3 | June 28-30 | \$250 | 10 |
| Potions and Pixies | Grades 1-3 | July 26-28 | \$250 | 16 |

Family Camp & Troop Fun - Pamunkey Ridge

| Theme | Entering Grades | Dates | Cost | Page |
|----------------------|-----------------|------------|------------------|------|
| Troop/Family Camping | K-12 | June 9-10 | \$50/participant | 18 |
| Me and My Gal | K-12 | July 28-29 | \$50/participant | 18 |

Older Girl Only Session - Pamunkey Ridge and Camp Kittamaqund

| Theme | Entering Grades | Dates | Cost | Page |
|-----------------|-----------------|------------|-------|------|
| Rustic Ramblers | Grades 9-12 | July 16-21 | \$420 | 18 |

Leadership Opportunities for Older Girls - Pamunkey Ridge

| Theme | Entering Grades | Dates | Cost | Page |
|-------|------------------------------------|---------------------------|-------|------|
| CIT 1 | Grades 10-12 | July 16-21 AND July 23-28 | \$500 | 19 |
| CIT 2 | Grades 11-Freshman Year of College | June 25-30 AND July 9-14 | \$500 | 19 |

Pamunkey Ridge Girl Scout Camp

Pamunkey Ridge Girl Scout Camp covers 240 acres along the banks of the Pamunkey River, about 25 minutes north of Richmond. Both a resident camp and troop overnight/program facility, Pamunkey Ridge features fully enclosed cabins with electricity, a dining hall, basketball courts, a swimming pool, a beautiful waterfront for canoeing, kayaking and paddleboard, sand volleyball court, archery range, gaga pit and large sports field. The 2023 resident camps, family camp and troop weekends detailed in this publication will take place at Pamunkey Ridge.



Not a Girl Scout? Not a problem!

All girls are welcome at Girl Scout camp. If your girl is not a registered Girl Scout, add \$31 to your registration. It's that easy!

Camp Kittamaqund



The Northern Neck is the home of Camp Kittamaqund – affectionately known as Camp Kitty. The 387-acre site, approximately 80 miles northeast of Richmond, boasts an impressive five miles of shoreline along the Great Wicomico River. Campers sleep in platform tents that are nestled overlooking the water. The facility is complete with a dining hall, arts & crafts treehouse, archery range, a cove for canoeing and kayaking, and a large sports field.

Camp Life!



A typical day at resident camp starts bright and early with the sun but that is where typical ends because there is no such thing as a typical day at camp! Here is a glimpse at our resident camp schedule. We do our best to pack in as much fun in each session as possible, so your camper's day may look a little different depending on her age and session.

- 7:45 a.m. **Flag Up:** Start your day!
- 8:00 a.m. **Breakfast:** Our culinary team works hard to make sure we are fueled to start our day off right.
- 8:45 a.m. **Sunscreen party:** We make sure every girl applies sunscreen two times a day during this fun, music-filled sunscreen dance party.
- 9:00 a.m. **Cabin badge work:** This is an opportunity for girls to work in cabin groups to earn the week's badges.
- 10:00 a.m. **Program time:** Campers will try canoeing, archery, arts and crafts, pool, climbing tower, and much, much more.
- 11:15 a.m. **Program time** (see above)
- 12:30 p.m. **Lunch:** Everyone refuels mid-day with lunchtime.
- 1:30 p.m. **Siesta:** Time to recharge the body and relax with cabin groups. This may even include a swing in the hammocks.
- 2:45 p.m. **Sunscreen party:** Second application of the day. We take hydration and sunscreen seriously!
- 3:00 p.m. **Program time** (see above)
- 5:30 p.m. **Dinner:** Again our culinary staff members provide healthy, well-balanced meals for all campers. We offer three menus: vegan, gluten-free, and traditional.
- 6:30 p.m. **All Camp Kapers:** Wow, we made a mess today! Time for campers and staff to get our spaces ready for tomorrow during this cleanup!
- 7:30 p.m. **All Camp:** Traditionally, this is a time when the whole camp community comes together for fun and a different activity each night.
- 8:45 p.m. **Flag Down:** Time to put the camp to bed.
- 9:00 p.m. **Showers and cabin time:** All campers have an opportunity to shower every day and we end our day in our cabin groups, touching base with staff to ensure every camper is having the time of her life.
- 10:00 p.m. **Lights out:** Time to let the body get ready for tomorrow!

Splash Landing



For Girls Entering Grades 2-8
June 18-23
\$420

Splash into summer with a week full of wet and wild fun! As the summer heats up we'll be keeping cool with extra time at the pool and lake, not to mention an awesome water carnival on WOW Wednesday. Campers can expect to be in the water every day in between classic camp fun at archery, arts and crafts, the climbing tower, and more. Whether you're someone who likes to race in the water or take it easy on pool float, this week is the perfect chance to dive into all that Pamunkey Ridge has to offer on the water and off.

Activities May Include:



Swimming



New
Friends



Nature



And
More

GS Level Badges Earned

Brownie

Bugs

Junior

Animal Habitats

Cadette

Animal Helpers

So You Think You Can Camp*

For Girls Entering Grades 2-8
June 25-30
\$420

For campers who enjoy a bit of friendly competition, this is the week for you! Inspired by all your favorite reality competitions, groups will participate in challenges each day earning points and advantages they can use in future competitions. Everything will come together on WOW Wednesday as groups take on an Amazing Race style course of puzzles and competitions throughout camp. Enjoy time on the lake, at the climbing tower, arts and crafts, and more as you see if you and your team have what it takes to be Pamunkey Champions!

**Little Bit O' Camp available*



Little Bit O' Camp
So You Think You Can Camp
For Girls Entering Grade 1-3
June 28-30
\$250

Not sure a full week at camp is the right fit for you? Join us for one of our Little Bit O' Camp sessions. These mini LBOC sessions will run from Wednesday-Friday and give campers a chance to take a small bite of what camp has to offer. Campers will have an opportunity to join camp in time to experience the WOW Wednesday competition and can explore the waterfront, arts and crafts, the pool, closing campfire, and more. Receive Fun Patch only.

Activities May Include:



Archery



Games



Sports



And
More

GS Level Badges Earned

.....
Brownie

Fair Play

.....
Junior

Practice with Purpose

.....
Cadette

Good Sportsmanship

Fairy Friends



For Girls Entering Grades 1-8
July 5-7
\$250

This mini session is perfect for any camper looking for a little taste of camp magic. Whether it's your first summer at camp or you're a regular visitor, this session promises to pack in a lot of a fun in a short week. Campers will explore the lake, archery, arts and crafts, the pool, and so much more while surrounded by the beauty of camp. If campers have a keen eye, they just may be able to spot some of the Pamunkey Ridge fairy friends that help us make camp magic! Receive Fun Patch only.

Activities May Include:



New
Friends



Arts &
Crafts



Swimming



And
More



Choose your own
adventure weeks are
new this year!

For Girls Entering Grades 2-12
July 9-14
\$420

These sessions will be twice the fun with two different paths each week. Choose the theme that most interests you and get ready for fun! These weeks are also unique because groups may contain multiple Girl Scout levels. So, if have a camp buddy or sister in a different level these weeks might be perfect for you to enjoy camp together. Groups will be made up of campers within 3 grades of each other – Brownies/Juniors will be housed together. Cadets will be housed together, and Seniors/Ambassadors will be housed together.

OPTION 1:

Get a Clue

Calling all future detectives and anyone who loves a good mystery, pack your magnifying glasses and a notebook for clues because we’re going to need some help cracking this case! Campers will be introduced to a mystery that needs solving at the start of camp, and throughout the week will work together to find clues and solve the mystery. WOW Wednesday will give groups a chance to test the skills they’ve been learning as they take on an escape room. Campers will also get to enjoy classic camp activities like arts and crafts, archery, and the pool - but keep an eye out, you never know where you might find your next clue!

Activities May Include:



Games



Team-
building



Exploration



And
More

GS Level

Badges Earned

Brownie

Senses

Junior

Detective

Cadette

Special Agent

Senior

Truth Seeker

Ambassador

Photography



OPTION 2:

Ultimate Slumber Party

Grab your girls and pack your favorite pajamas/lounge wear, we're having a slumber party all week long! Enjoy a week of rest and relaxation while taking in all that Pamunkey Ridge has to offer. In addition to all the classic camp fun, campers will get to enjoy a movie night slumber party followed by pajama/lounge wear breakfast, a DIY spa night, and a WOW Wednesday game night! This session is perfect for any camper looking to enjoy a bit of Zen and a lot of popcorn.



Activities May Include:



Campfires



Movie Night



Spa Fun



And More



GS Level

Badges Earned

Brownie

Making Friends

Junior

Social Butterfly

Cadette

Night Owl

Senior

Room Makeover

Ambassador

Dinner Party

*Choose your own
adventure weeks are
new this year!*

For Girls Entering Grades 2-12
July 16-21
\$420

These sessions will be twice the fun with two different paths each week. Choose the theme that most interests you and get ready for fun! These weeks are also unique because groups may contain multiple Girl Scout levels. So, if have a camp buddy or sister in a different level these weeks might be perfect for you to enjoy camp together. Groups will be made up of campers within 3 grades of each other – Brownies/Juniors will be housed together. Cadets will be housed together, and Seniors/Ambassadors will be housed together.



OPTION 1:

Maker Space

Are you creative? Do you like to take ideas and turn them into something real? Then look no further, this is the session for you! Campers will explore creativity in many forms, from physical art like painting and sculpting to performance art on stage. This week promises to be bursting with fun and color. This will be extra true on WOW Wednesday as campers enjoy a color-run and dance party! Experience the beauty of nature and flex those creative muscles while enjoying a fun-filled week at camp.

Activities May Include:



Arts & Crafts



Nature



Music



And More

GS Level

Badges Earned

Brownie

Outdoor Art Creator

Junior

Outdoor Art Explorer

Cadette

Outdoor Art Apprentice

Senior

Outdoor Art Expert

Ambassador

Outdoor Art Master

OPTION 2:

Camp-tastic

For campers who crave a more rustic experience or who want to hone their outdoors skills, come enjoy a week of outdoor fun! Campers at this session will learn the fun of outdoor survival skills and put those skills to the test. Try your hand at outdoor cooking, camping out under the stars in a tent or hammock, and go home knowing how to light a campfire. WOW Wednesday will feature the ultimate camp out with a menu decided by you and your fellow campers. Come see for yourself why they call it the great outdoors!

Activities May Include:



Paddle
Sports



Campfires



Archery



And
More

GS Level

Badges Earned

Brownie

Outdoor Adventurer

Junior

Camper

Cadette

Primitive Camper

Senior

Adventure Camper

Ambassador

Survival Camper



Potions and Pixies*

For Girls Entering Grades 2-8
July 23-28
\$420

Camp always has a kind of magic, but this session inspired by the worlds of your favorite witches and wizards promises to be the most magical week yet! Be sorted into a magical house, make your own wand, and learn about some of the magic in the world all around you in this fun-filled week at camp. You'll find the magic doesn't stop as campers enjoy activities like archery, the pool, arts and crafts, and the lake. You'll have to pull together all your newfound magical skills on WOW Wednesday as houses compete to win the house cup! Pack your cauldron and your quill for what promises to be a magical week!

**Little Bit O' Camp available*



Little Bit O' Camp
Potions and Pixies
For Girls Entering Grade 1-3
July 26-28
\$250

Not sure a full week at camp is the right fit for you? Join us for one of our Little Bit O' Camp sessions! These mini sessions will run from Wednesday-Friday and give campers a chance to take a small bite of what camp has to offer. Campers will have an opportunity to join camp in time to experience the WOW Wednesday competition and can explore the waterfront, arts and crafts, the pool, closing campfire and more. Receive Fun Patch only.

Activities May Include:



Campfires



New
Friends



Nature



And
More

GS Level Badges Earned

| | |
|---------|----------------------|
| | |
| Brownie | Home Scientist |
| | |
| Junior | Flowers |
| | |
| Cadette | Science of Happiness |

Paddle On



For Girls Entering Grades 2-12
July 30-Aug 4
\$420

Strap on your PFD and head to the lake. This week we're squeezing in a last bit of summer fun as we paddle on! Take on all that the waterfront has to offer. Campers will canoe, kayak, and stand-up paddle board before the week is done. Campers will explore more than just the lake though; after all it wouldn't be camp without some time at the pool, arts and crafts, and more! WOW Wednesday promises to be boatloads of fun as groups compete in the second annual cardboard boat regatta – it's up to you to keep your counselor dry!

Activities May Include:



Paddle Sports



Swimming



Games



And More

GS Level Badges Earned

| | |
|------------|-------------|
| Brownie | Eco Friend |
| Junior | Eco Camper |
| Cadette | Eco Trekker |
| Senior | Paddling |
| Ambassador | Water |

Weekend Sessions

Troop/Family Camping:

June 9-10

\$50 per participant

Family and Troop Camp is a unique outdoor adventure offering you and your group the best of summer camp — packed into a super fun overnight. Families or Troop Leaders provide the supervision, and our camp staff will provide the rest including classic camp activities like swimming, hiking, arts and crafts, evening campfire, archery, canoeing, and much more! Cost includes program facilitators, activity materials, meals, and a whole lot of fun. Groups can choose to pitch their own tent or sleep in a fully enclosed cabin (space limited). All adults must be registered Girl Scouts who have successfully passed a background check.

Me & My Gal:

July 28-29

\$50 per participant

This one night and full day is a perfect chance to introduce your camper to all the wonders of camp with the accompaniment of a special female adult. Camp staff will provide a variety of fun program activities during the day showcasing all that camp has to offer. Cost includes program facilitators, activity materials, meals and a whole lot of fun. Groups can choose to pitch their own tent or sleep in a fully enclosed cabin (space limited). All adults must be registered Girl Scouts who have successfully passed a background check.

Older Girl Adventure - Rustic Ramblers

For Girls Entering Grades 6-12

July 16-21

\$420

Are you an older girl looking for an even more rustic camp experience this summer? You have found it with this session. We begin on Sunday at Camp Pamunkey Ridge and move to GSCV's other camp property, Camp Kittamaquond (affectionately known as Camp Kitty), for a week of rustic camping and outdoor adventures. Campers will depart Camp Pamunkey Ridge on Monday and stay in platform tents, cook their dinners over the campfire, and experience the wonderful trails and waterfront that make Camp Kitty so special. Campers return to Camp Pamunkey Ridge on Thursday in time for a dip in the pool and closing campfire. This is an adventure you won't want to miss!

Activities May Include:



Climbing



Campfires



Archery



And
More

GS Level Badges Earned

| | |
|------------|------------------|
| | |
| Cadette | Primitive Camper |
| | |
| Senior | Adventure Camper |
| | |
| Ambassador | Survival Camper |

Training Opportunities

CIT 1

For Girls Entering Grades 10-12

July 16-21 and July 23-28

\$500

In this first level of CIT training, girls establish the leadership and outdoor skills needed to be a camp counselor. Work with others to analyze what makes a good leader and participate in fun and challenging group games. Challenge yourself physically and mentally, then identify which traits you possess that can make you a positive leader. Participants have opportunities to lead activities with younger campers and shadow staff members as well as participate in several areas of camp programming. (Two week program)



CIT 2

For Girls Entering Grades
11-Freshman Year of College; OR
Completion of CIT 1

June 25-30 and July 9-14

\$500

This is the second level of CIT training, and it focuses on skills needed to work with youth at camp. Learn behaviors to expect from campers, how to manage them, and how to work as a team with all staff. In addition to building your skills working with campers, you will learn more about the operations of camp. Spend time observing and assisting in health and wellness, program areas, and administrative operations. After completing your two weeks of the CIT 2 program, CIT2s will have the chance to return for additional weeks and continue hands-on practice of new skills. (Two week program)

The Trading Post

The Trading Post is our official Girl Scouts of the Commonwealth of Virginia retail shop located at Camp Pamunkey Ridge. Whether your girl is looking for the perfect T-shirt, sweatshirt, pajama bottoms or other GSCV-branded treasure, she will find it at the Trading Post.

The Trading Post has exclusive Girl Scouts of the Commonwealth of Virginia merchandise not available anywhere else. Each season, new items are introduced that will be available for one summer only. From a souvenir picture frame, to the warmest of hooded sweatshirts, the Trading Post is a must-stop shop for your Girl Scout.

Make sure to order your camp care package for your girl!

This year, the camp care package features a really cool camp shirt (sizes Youth Small - Adult 3XL available) and one stuffed Camp Pamunkey Ridge lovie (a must-have camp friend), all packaged in a camp wetbag for just \$25!

Please order your camp care package when you register for camp. Your Girl Scout will have the opportunity to visit the Trading Post during her time at camp to make her own purchases.



Cookie Program



**1,000 packages =
a brick on Cookie Lane
and a Camp Session**



2023 Camp Registration Form

First-come, first-served registration opens at 6:30 p.m. on Wednesday, February 15, and is accepted up to two weeks before sessions start or until camp is at capacity.

Mail completed form with payment to:
Girl Scouts of the Commonwealth of Virginia
4900 Augusta Ave., Suite 200
Richmond, VA 23230

You may also register online at:
www.comgirlscouts.org

Name _____ Grade in Fall 2023 _____

Address _____

City _____ State _____ County _____ ZIP _____

Home phone _____ Work phone _____ Cell phone _____

E-mail address _____

Parent/Guardian 1 _____ Parent/Guardian 2 _____

T-shirt size _____ Camp Buddy _____

Are there any restrictions or special needs related to diet or physical activity? ☐ Yes ☐ No

If yes, please explain _____

Are you a registered Girl Scout? ☐ Yes ☐ No (If no, please add \$31 to total for membership dues.)

Resident Camp

- | | |
|--|--|
| <input type="checkbox"/> Splash Landing (June 18-23) \$420 | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> So You Think You Can Camp (June 25-30) \$420 | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Fairy Friends (July 5-7) \$250 | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Get a Clue / Ultimate Slumber Party (July 9-14) \$420 | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Maker Space / Camp-tastic (July 16-21) \$420 | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Potions and Pixies (July 23-28) \$420 | <input type="checkbox"/> Care package \$25 |
| <input type="checkbox"/> Paddle On (July 30-Aug 4) \$420 | <input type="checkbox"/> Care package \$25 |

Older Girl Only Session

- ☐ Rustic Ramblers (July 16-21) \$420

Weekend Programs

- ☐ Troop/Family Camping (June 9-10) \$50/participant
☐ Me and My Gal (July 28-29) \$50/participant

Little Bit O' Camp Sessions

- ☐ So You Think You Can Camp (June 28-30) \$250
☐ Care package \$25
☐ Potions and Pixies (July 26-28) \$250
☐ Care package \$25

Training Opportunities

- ☐ CIT 1 (July 16-21 AND July 23-28) \$500
☐ CIT 2 (June 25-30 AND July 9-14) \$500

☐ Total Due \$ _____

☐ Deposit Amount \$ _____ **\$50 required deposit per camp session**

☐ Financial Assistance Request \$ _____

☐ Pathway Pass \$ _____

☐ Check enclosed payable to GSCV \$ _____

☐ Charge: ☐ MasterCard ☐ Visa ☐ American Express ☐ Discover

Card number _____

Name of credit card holder (print) _____

Code on back of card _____

Expiration date _____

Questions? Email
gshelper@comgirlscouts.org

My child has permission to participate in all camp activities except as denoted on the camp health form, to appear in pictures and video for publicity purposes, including council website and publications, and to be registered as a Girl Scout if she is presently a non-Girl Scout.

Signature _____

Mail completed form with payment to:

Girl Scouts of the Commonwealth of Virginia
4900 Augusta Ave., Suite 200
Richmond, VA 23230

email form to gshelper@comgirlscouts.org

We strive to ensure that every Girl Scout who needs financial assistance will receive it and do our best to use resources wisely. Financial assistance requests are processed on a first-come, first-served basis. One applicant per form. Incomplete forms cannot be processed. Please allow two weeks to complete application process. All information is kept confidential.

☐ Girl Applicant Troop # _____ Service Unit #/Name _____

Applicant Name _____

Parent/Guardian Name(s) _____

Address _____ City _____ State _____ ZIP _____

Home phone _____ Work phone _____ Cell phone _____

Email _____

Girl's Grade Level in Fall 2023 _____ Girl's Date of Birth _____

| Name of Camp Session (Only one request per girl, per year) | Camp Fee | Financial Assistance Amount Requested | Deposit Is Required |
|---|----------|--|-------------------------------|
| | | | <input type="checkbox"/> \$50 |

Please mark the applicable answer for each question below.

No one answer will qualify/disqualify you for financial assistance.

1) Does your child qualify for USDA Free/Reduced Lunch Program?

☐ Yes ☐ No

2) How many children are in the household? _____

3) Are there any extenuating circumstances we should know about?

☐ Yes ☐ No

If yes, please explain _____

Printed Name _____ Date _____

Signature _____

**Questions? Email
gshelper@comgirlscouts.org**

Forms will be processed on a first-come, first-served basis within 7-10 business days. You will be notified via email of your program award. Once notified, you will have 10 business days from the date of the email to either accept or decline the financial assistance offered. You will receive further information based upon your financial assistance request.



4900 Augusta Ave., Suite 200
Richmond, VA 23230
www.comgirlscouts.org
gshelper@comgirlscouts.org
804-746-0590
800-4SCOUT4 toll-free

Facebook @comgirlscouts
Twitter @GSCofVA
Instagram @girlscoutsofva
New: Text NEXT to 59618 to join!



Not a Girl Scout, yet?
Join Today!

All girls are welcome at
Girl Scout camp.
When registering for
camp, add your
membership fee and
you're all set.

Your Summer 2023
Adventure Awaits!

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