My Goal

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GirlScoutCookies.org

girl scouts

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First Name

Cookie Program Girl Scout 5024

Brut Jistood Sti

Safe Seller Tips

Girl Scouts

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1 Show you're a Girl Scout Wear the Girl Scout membership pin, vest, sash or other Girl Scout clothing to identify yourself as a Girl Scout

2 Buddy Up

Always use the buddy system. It's not just safe, its more fun.

3 Plan Ahead Be prepared for emergencies, and always have a plan for safeguarding money.

Protect Privacy

Girl Scouts' last names, home addresses, and email addresses should never be given to customers. Protect customers' privacy by not sharing their information, except when necessary.

In Person

Partner with Adults 1

Adults must accompany Girl Scout Daisies, Brownies and Juniors. Girl Scouts in grades 6-12 must be supervised by an adult and must never liver cookies

Nutrition Facts About 8 servings per container Serving size 2 cookies (25g)

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NOTE: prior t

<u>Calories</u> 130

Total Fat 6g 8% Saturated Fat 4.5g 23% Trans Fat Og Cholesterol Omo 0% Sodium 55mg 2% Total Carbohydrate 18g 7% Dietary Fiber Og 0% Total Sugars 11g

Incl. 11g Added Sugars 22% Protein <1g

Calcium Omg 0% Vit. D Omcg 0% Iron 1.1ma 6% Potas. 0mg 0% The % Daily Value (DV) tells you how much a nutrien n a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

DIENTS: SUGAR, ENRICHED FLOUR (WHEAT FLOUR REDUCED IBON THIAMINE MONONITRATE REDUCED IRON, THIAMINE MONONIT N, FOLIC ACID), VEGETABLE OIL SORTENING NDUFLAVIN, FULL AUDI, VEGETABLE DIE SONTENING (FALU KERNEL OIL AND PALM OIL), COCOA (PROCESSED WITH ALKALI), CORNSTARCH, CARAMEL COLOR, MOLASSES, CORN SYRUP, SALT, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, LEAVENING (BAKING SODA), SEA SALT

Nutrition Facts 8 servings per container Serving size 2 cookies (30g)

140 Calories **Total Fat** 6g

8% Saturated Fat 4g 20% Trans Fat Og Cholesterol Omo Sodium 90mg Total Carbohydrate 21g Dietary Fiber Og Total Sugars 10g Incl. 10g Added Sugars

20% Protein 1g Vit. D Omcg 0% Calcium Omg 0%

Iron 1mg 6% Potas. 0mg 0% The % Daily Value (DV) tells you how much a nutrien n a serving of food contributes to a daily diet. 2,000 alories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, NIACIN HEDUED INDIN, IHIWANE MUNUMIINALE, HIBOTLAVIN, FULL AUU, SUGAR, VEGETABLE OIL SHORTENING (PALM AND PALM KERNEL OILS), CORNSTARCH, INVERT SUGAR, (INNAMON, LEAVENING (AMMONIUM BICARBONATE, BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, FOOD STARCH-MODIFIED, NATURAL FLAVOR, SOY LECITHIN, MAPLE SYRUP

Nutrition Facts

8 servings per container Serving size 2 cookies (30g)

Calories 150 Total Fat

Satura

Trans

Choleste

Sodium

Total Ca

Dieta

Total

Protein

Inc

Iron 1mg 6%

Total Fat 6g

Trans Fat Og

Cholesterol Omg

Total Carbohydrate 19g

Incl. 12g Added Sugars

/it. D Omca 0% • Calcium Oma 0%

The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

GREDIENTS: SUGAR, ENRICHED WHEAT FLOUR (FLOUR, NIACI DUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID

VEGETABLE OLI SHORTENING (MODIFED PALM KERNEL, MODIFED PALM, HYDROGENATED COCONUT AND SOYBEAN OILS), CORN SYRUP, COCONUT (COCONUT, SULPHITES (PRESERVATIVE)), SWEETENED

COONDENSED MILK (MILK, SUGAR), INVERT SUGAR, DEXTROSE, COCOA (PROCESSED WITH ALKAL), SORBITOL, WHEY (MILK), GLYCERIN, SALT, SOY LECITHIN, LEAVENING (BAKING SODA, MONOCALCIUM

PHATE), NATURAL AND ARTIFICIAL FLAVOF

DIET EXCHANGE: 1 Carbohydrate, 1.5 Fats

NUFACTURED IN A SHARED FACILITY WITH:

CONTAINS: WHEAT, MILK, SOY, COCONUT

Dietary Fiber <1g

Total Sugars 12g

Sodium 55mg

Protein <1g

ron 0.9mg 6%

0%

4%

8%

0%

vegan speciesty

9%

20%

0%

76 De	any value.	
t 7g	9%	Total Fat 4.5g
ated Fat 4.5g	23%	Saturated Fat 2g
Fat Og		Trans Fat Og
erol Omg	0%	Cholesterol Omg
70mg	3%	Sodium 110mg
rbohydrate 20g	7%	Total Carbohydrate 19g
ry Fiber Og	0%	Dietary Fiber Og
Sugars 9g		Total Sugars 6g
l. 9g Added Sugars	18%	Incl. 5g Added Sug
1g		Protein 1g

Vit. D Omcg 0% Vit. D Omcg 0% Calcium Omg 0% Potas. 0mg 0%

Iron 1.3mg 8% The % Daily Value (DV) tells you how much a nutrien The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. utes to a daily diet. 2,000 in a serving of food contribute calories a day is used for gen INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THUMINE MONONITRATE, RIBOFLAVIN, FOUC ACID), SUGAR, VEGETABLE OLI SHORTENING (PALM AND PALM KERNEL OLIS), CORNETARCH, CORN SYMPL, LEAVENING (SODIUM ACID PYROPHOSPHATE, AMMONIUM BICARBONATE,

DIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACI REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN ACID), SUGAR, PALM OIL, WHEY (MILK), CORN S LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSP CORNSTARCH, SALT, SOY LECITHIN, NATURAL AND ART CORNSTARCH FLAVOR (MILL SOY LECITHIN, ANNATTO EXTRACT (COLOR), CITRIC ACID CONTAINS: MILK, SOY, WHEAT

Nutrition Facts

About 10 servings per container

Serving size 4 cookies (26g)

Calories 120

Incl. 5g Added Sugars

Calcium Omg 0%

Potas, Omg 0%

Please refer to the cookie packaging for the most current information.

6%

10%

0%

5%

7%

0%

10%

Digital Cookie[®]

Exciting news, your online Girl Scout Cookie[®] sales platform is getting a revamp! We're moving your online cookie sales to a platform called Digital Cookie[®]. Going forward, you will be using the new Digital Cookie application to sell cookies to customers online, track progress towards a goal, and manage sales. Selling Girl Scout cookies online and reaching your goals

just got easier!

2 Sell in the Daytime

Sell during daylight hours, unless accompanied by an adult.

3 Do Not Enter Any Homes or Vehicles

Never enter someone's home or vehicle. Only approach vehicles at designated drive-thru cookie booths.

4 Be Streetwise

Become familiar with the areas and neighborhoods where you'll be selling and delivering cookies. Avoid alleys.

5 Be Safe on the Road

Always follow safe pedestrian practices when crossing at intersections or walking along roadways. Be aware of traffic when unloading products and passengers from vehicles.

Online

Be Safe Online

Girl Scouts must have their caregiver's permission to participate in all online activities.

2 Participate in Digital Cookie

Read and abide by the Girl Scout Digital Cookie Pledge.

Read and agree.

Read and agree to the GSUSA Internet Safety Pledge.

Caregivers' agreement.

Read and abide by the Digital Cookie Terms and Conditions for Parents/Guardians.

Be sure to check Girl Scouts safety resources and guidelines - available for download at girlscoutcookies.org/troopleaders.

MANUFACTURED IN A SHARED FACILITY WITH: PEANUTS, COCONUT. DIET EXCHANGE: 1 Carbohydrate, 1 Fat



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Serving size 4 cookies (32g)





The % Daily Value (DV) tells you how much a nutrier in a serving of food contributes to a daily diet. 2,00 calories a day is used for general nutrition advice.

GREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, NIACIA EDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIA REDUCED INON, INIAMINE WORKINATE, NBOLLAVIN, FOLIC ACID, SUGAR, VEGETABLE OIL SHORTENING (PALM AND PALM KERNEL OILS), COCOA (PROCESSED WITH ALKALI), CARAMEL COLOR, INVERT SUGAR, SALT, LEAVENING (BAKING SODA), SOY LECITHIN, PEPPERMINT OIL, NATURAL AND ARTIFICIAL FLAVOR. AND ARTIFICIAL FLAVOR. CONTAINS: WHEAT, SOY. MANUFACTURED IN A SHARED FACILITY WITH: MILK, PEANUTS, COCONUT.

DIET EXCHANGE: 1.5 Carbohydrates, 1.5 Fats

CONTAINS: WHEAT, SOY. MANUFACTURED IN A SHARED FACILITY WITH: MILK, PEANUTS, COCONUT. DIET EXCHANGE: 1.5 Carbohydrates, 1 Fat ©∘€



Nutrition Facts About 7 servings per container

Serving size 2 cookies (25g)



6	Cholesterol 0	ng		0%					
6666	Sodium 75mg		3%						
6	Total Carbohy	5g	5%						
6	Dietary Fibe	0%							
	Total Sugars 8g								
6	Incl. 8g A	ugars	16%						
	Protein 2g								
6	Vit. D Omcg 0%	•	Calcium ()mg 0%					
6	Iron 1mg 6% • Potas. 0mg 0%								
	*The % Daily Value (DV) tells you how much a nutrient								

calories a day is used for general nutrition ad

NGREDIENTS: SUGAR, PEANUT BUTTER (PEANUTS, HYDROGENATEL ALM OIL, CORN SYRUP SOLIDS, SALT), ENRICHED WHEAT FLOUF PALM SIL, OWING WELLOW DUCED IRON, THIAMINE MONONITRATE RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL SHORTENING (PALM AND PALM KERNEL OILS), COCOA (PROCESSED WITH ALKAL), INVERT SUGAR, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE AMMONIUM BICARBONATE), SOY LECITHIN, SALT, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS: SOY, WHEAT, PEANUTS.

MANUFACTURED IN A SHARED FACILITY WITH: MILK, COCONUT DIET EXCHANGE: 1 Carbobydrate, 1,5 Fats 006

MALIC ACID. CONTAINS: SOY, WHEAT MANUFACTURED IN A SHARED FACILITY WITH: MILK, PEANUTS, COCONUT. DIET EXCHANGE: 1.5 Carbohydrates, 1.5 Fats

, NATURAL AND ARTIF





2%

7%

2%

24%

OLIC ACID

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Potas. 0mg 0%

Nutrition	Facts
About 7 servings pe	
Serving size 3 co	okies (34g)
Amount per serving Calories	170
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2g	10%

alories 1	70	Amount per serving Calories
% Dail	y Value*	
il Fat 7g	9%	Total Fat 7g
aturated Fat 2g	10%	Saturated Fat 3g
<i>rans</i> Fat Og		<i>Trans</i> Fat Og
lesterol Omg	0%	Cholesterol Omg
ium 85mg	4%	Sodium 95mg
Il Carbohydrate 22g	8%	Total Carbohydrate 22g
lietary Fiber <1g	2%	Dietary Fiber 2g
otal Sugars 9g		Total Sugars 9g
Incl. 8g Added Sugars	16%	Incl. 9g Added Suga

Calcium 0mg 0%

The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCE IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PEANU

SCUCHWILD TELEUW CUMN FEUUN, LEAVENING (AMMONIUN BICARBONATE, BAKING SODA, SODIJM ACID PYROHOSPHATE), CORN SYRUP, CORNSTARCH, MODIFIED CORN STARCH, SALT, WHEY (MILK), SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR.

M, Inhamme Wordowitzer, Niddeawin, Folio Acud, Pennor Tter (Peanuts, Hydrogenated Palm Oil, Corn Syrup Solids, TJ, Sugar, WHOLE Grain Oats, Palm Oil Shortening, Dextrose, Germed Yellow Corn Flour, Leavening (Ammonium)

Potas. 0mg 0%

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Incl. 9g Added Sugars Protein 3g Vit. D Omcg 0%
Calcium Omg 0% Iron 1.4mg 8% Potas. 110mg 2% ٠

4 servings per container

Serving size 3 cookies (35g)

"The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: OAT FLOUR, GRANULATED SUGAR, SEMI-SWEET CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCO/ CHOCOLATE CHIPS (SUIGAH, UNSWEETENED UTUCODATE, COUR BUTTER, DEXTROSE, SUNFLOWER LECITHIN), CANOLA OIL, WATER COCONUT OIL, TAPIOCA STARCH, CHICK PEA FLOUR, INVERT SUGAR MOLASSES, SUNFLOWER LECITHIN, SEA SALT, NATURAL FLAVOR LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), XANTHAN GUM, CREAM OF TARTAR.

DIET EXCHANGE: 1.5 Carbohydrates, 1.5 Fats

MANUFACTURED IN A SHARED FACILITY WITH DIET EXCHANGE: 1.5 Carbohydrates, 1.5 Fats

CONTAINS: MILK, SOY, WHEAT, PEANUTS.

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f FACEBOOK/@ABCBAKERS | **f** FACEBOOK/@LEMONADES



Sodium 85m

Total Carboh

Dietary Fib

Total Suga

Vit. D Omcg 0%

Iron 1.1mg 6%

Protein 3g

©∘€ <u>-ts</u> Ea **Nutrition Facts**



160

% Daily Value

9%

0%

4%

8%

7%

18%

15%

Adventurefuls[®]

vegan NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS Indulgent brownie-inspired cookies with caramel flavored crème and a hint of sea salt

Approx. Ct. 15 Net Wt. 6.5 oz. (184g) 2 cookies (25g) per serving 130 calories per serving

Toast-Yay!®

French Toast-inspired cookies dipped in delicious icing

Approx. Ct. 16 Net Wt. 8.5 oz. (241g) 2 cookies (30g) per serving 140 calories per serving

Lemonades

NATURALLY AND ARTIFICIALLY FLAVORED Savory slices of shortbread with a refreshingly tangy lemon flavored icing

Approx. Ct. 16 Net Wt. 8.5 oz. (241g) 2 cookies (30g) per serving 150 calories per serving

FAN FAVORITE

Trefoils[®]

inspired by the original

Approx. Ct. 40 Net Wt. 9 oz. (255g) 4 cookies (26g) per serving 120 calories per serving



Crispy chocolate

Approx. Ct. 32 Net Wt. 9 oz. (255g) 4 cookies (32g) per serving 160 calories per serving

BEST SELLER!

Peanut Butter Patties[®]

Crispy cookies layered chocolaty coating Approx. Ct. 15 Net Wt. 6.5 oz. (184g) 2 cookies (25g) per ser

30 calories per serving								

Caramel	deLites
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Crispy cookies topped with caramel, toasted coconut, and chocolaty stripes

girl scouts	BA	KERS
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\$ 15.00 3 PKG.

3 PKG.

\$ <u>20.00</u> 4 PKG.

\$ <u>25.00</u> 5 PKG.

5 PKG.

\$ 30.00 6 PKG.

6 PKG.

\$ 10.00 2 PKG.

2 PKG.

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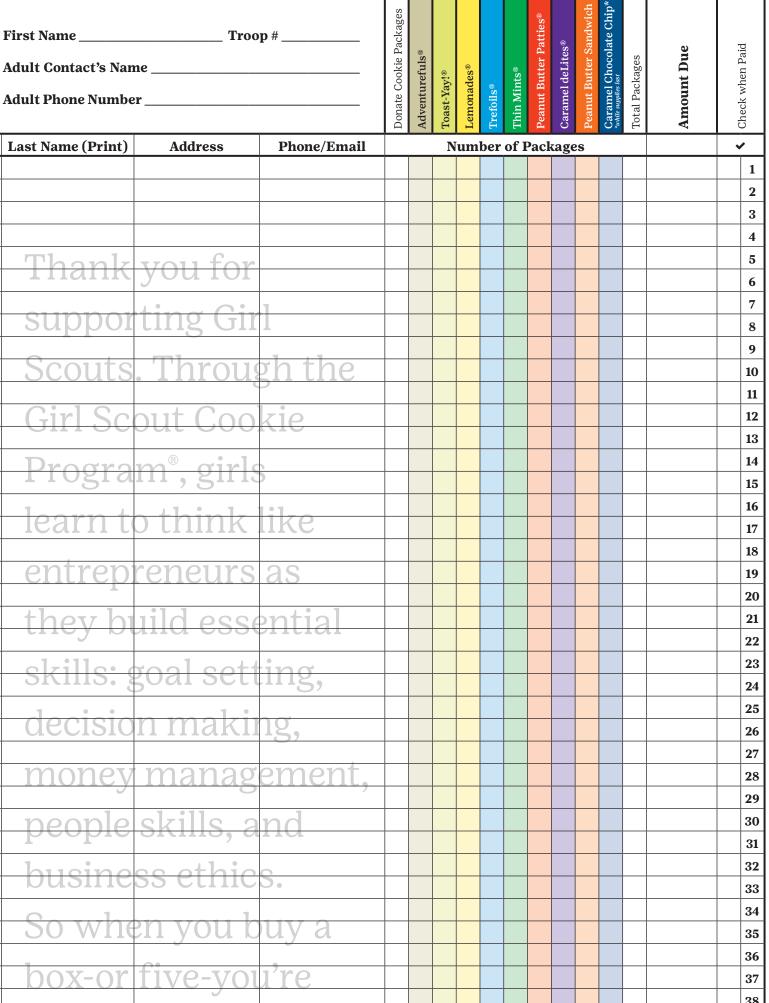
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34 35

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vegan

5.00 1 PKG.



\$ 35.00 7 PKG.

 $\frac{40.00}{8 \text{ PKG.}}$

8 PKG.

\$ 45.00 9 PKG.

\$ 50.00 10 PKG.



\$ 55.00 11 PKG.

Per Package *Gluten Free \$6.00

\$ 60.00 12 PKG.

Approx. Ct. 15 Net Wt. 7 oz. (198g) 2 cookies (28g) per serving 140 calories per serving

BEST SELLER!

Peanut Butter Sandwich

cookies with creamy peanut butter filling

Approx. Ct. 20 Net Wt. 8 oz. (227g) 3 cookies (34g) per serving 170 calories per serving

Caramel **Chocolate Chip**

Caramel, semi-sweet chocolate chips, and a hint of sea salt in a delicious cookie

Approx. Ct. 12 Net Wt. 5 oz. (142g) 3 cookies (35g) per serving 160 calories per serving

GLUTEN-FREE!

		Total Total in red squar must equal both across and down						Amount Due	
50									50
49									49
48									48
47									47
46	entrepreneurs								46
45									45
44	generation of t	emale							44
43									43
42	success and ti	пенехс							42
41	success and th	nonovt							41
40	50pp0111551								40
39	sunnating gir								39
38									38
37	OOX-OF IIVE-VO								37

Girl Scout Cookie[™] proceeds stay local to power unique and amazing year-round adventures for girls in your local community.