



Program Events and Activities

2023-24 Girl Scout
Membership Year



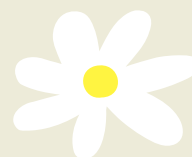
girl scouts 
of the commonwealth
of virginia

¡Hola Girl Scouts!

Welcome to the 2023-2024 Program Event & Activities Guide! We're so glad you're joining us for a new year in Girl Scouting. This guide is your one-stop-shop for making this Girl Scout year one to remember. It's your year of:



Fun. **Diversión.**
Adventure. **Aventura.**
Wellness. **Bienestar.**
Friendship. **Amistad.**



And So. Much. More! ¡Y mucho mas!

As you journey through the pages of this year's Program Events & Activities Guide, you'll see that this year, we've added more activities for our younger Girl Scouts. And multi-level troops, we have a section just for you! Our Multi-Level Troop Overview allows you to quickly see what you can all do together. Juliette Girl Scouts, this is also for you!

Each event listing provides a full outline of the most important details: what you'll learn through each activity, the badge or fun patch you'll receive, the various dates available for you and your Girl Scout leaders to attend, the region or location, any associated costs, and which events will be led by your dynamic Program team. That's right; we're bringing you more staff-led programming than ever before!

Leaders, as we embark on an exciting new year of adventures and growth, we want to express our gratitude for your invaluable feedback. Your voices have guided us in creating a Program Event and Activity Guide that is more vibrant and enriching than ever before. Get ready to encourage girls to explore the world with our newly introduced Girl Scout travel opportunities, embark on new exhilarating adventures, like white water rafting, and dive into activities designed to nourish not just their bodies, but their minds, too. This year, mental wellness takes center stage as we strive to equip our Girl Scouts with tools for resilience and self-care. Together, let's make this year a transformative journey of empowerment, learning, and unforgettable memories.

Got questions? We're here to help you. Got suggestions? We're here to listen. Got pictures of you and your troop girls enjoying your year in Girl Scouts? We want to see them. It's an honor to be your Director of Program here at GSCV, and I hope you'll enjoy all we've prepared for you.

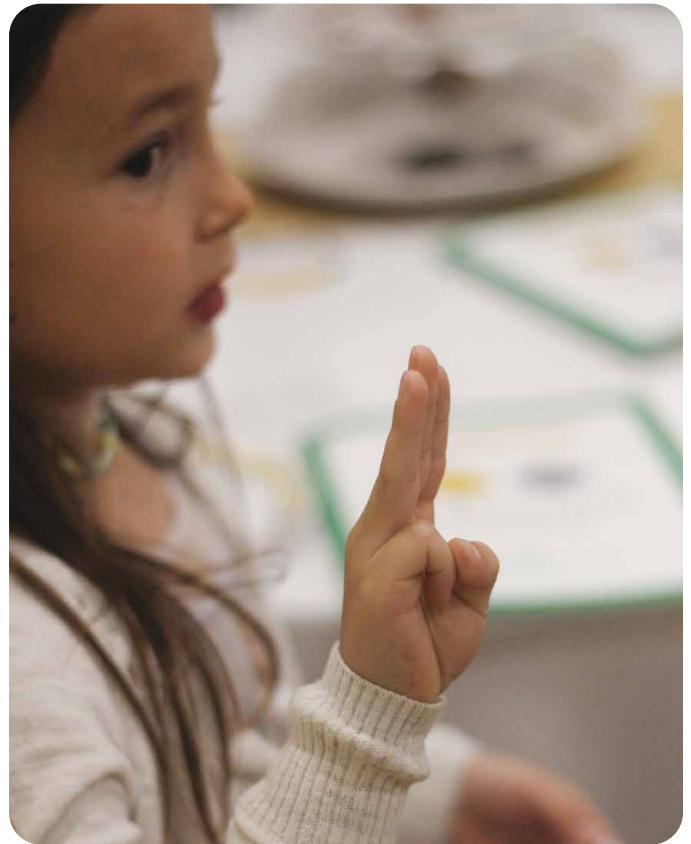
¡Gracias! Thank you again for joining us for another great year in Girl Scouting. Let's make it the best year yet!

Yours in Girl Scouting,

Naudy Solano-Daye
Director of Program

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Registration opens October 9th

Registration for events and activities included in this publication will open at 6 p.m. Oct. 9th. If space is available, and unless noted otherwise, registration will close 10 days before the event starts.

Who can register?

Troop leaders can register their entire troop, partial troop, or individuals in *MyEvents*, which is the council's online registration system. Girl Scout parents or caregivers can register themselves and their family.

How to register

To register for an event or activity in this guide, please visit our website at www.comgirlscouts.org. In the top menu on the far right, click on the *Calendar* icon, which will say "Events" when hovered over. We also have a calendar, which allows you to see event and activity listings.

Another option to register is through your *MyGS* login. Log in and go to the *My Account* page. There, you will see *My Events* listed on the left-hand side menu. Click on *My Events*, then click "Register for another event".

Registration is required to secure your spot! Keep an eye on the girl-to-adult ratio requirements. Most program events and activities require participants to be currently registered members. If you need to renew your membership, log in to *MyGS* or contact the Help Desk at gshelper@comgirlscouts.org or at 804-746-0590, ext. 316.

What to expect at an event?

Girl Scout events are designed for girls at all levels to discover new things, connect with other girls, and take action in their communities. The result? Girls gain leadership skills without even knowing it.

All Girl Scouts of the Commonwealth of Virginia sponsored events are fun, interactive, held to the highest standards, and developed to meet the needs of all girls. Events are facilitated by staff members, volunteers, community partners, or girls.

When registering, be sure to include the girls in the process. Discuss their interests, review costs, and let the girls decide what activities they want to attend: this is the girl-led process in action!

Do accompanying adults need to be registered members?

Unless stated otherwise, all in-person events and activities are members-only events. This means that all girl and adult attendees must be current members of Girl Scouts. To ensure the safety of all Girl Scouts, adults attending events must have a current Girl Scout membership and background check on file. If you have any questions about your membership status or background check, contact gshelper@comgirlscouts.org.

Can I drop off my Girl Scout?

Unless stated otherwise, all Girl Scouts attending events are required to have one of the following items at all times to ensure adult supervision.

1. For troop events, troop volunteers use the girl-to-adult ratios in the chart below to ensure proper registered adult coverage onsite. Troop volunteers should have a health history form on hand for each girl at each event.
2. Girls attending individually must have a registered adult onsite.
3. Girls attending family events must have a registered adult onsite.

	Girl-to-adult ratios for events, travel and camping	
	two unrelated adults (at least one of whom is female) for this number of girls	plus one additional adult for each additional number of this many girls
Daisies	6	4
Brownies	12	6
Juniors	16	8
Cadettes	20	10
Seniors	24	12
Ambassadors	24	12

What if I need to cancel? What is the policy?

- **30+ days before the event:**
Event fees can be transferred to a future event at no cost at the time of cancellation.
- **14-29 days before the event:**
Event fees can be transferred to a future event at the time of cancellation. A \$5 processing fee will be incurred for each girl registrant.
- **Less than 14 days before the event:**
Event fees are not transferable.
- **Council cancels the event:**
Full refunds will be issued. Refunds should be received within two weeks.

Juliettes

Question: Can I join as an independent Girl Scout?

Answer: Yes! You can absolutely join Girl Scouts by yourself. Earn badges, go camping, and so much more on your own schedule.

This type of membership is known as an Individually Registered Member (IRM). Individually Registered Members are also known as “Juliettes”, named after our founder, Juliette Gordon Low. Juliettes choose how to participate based on their schedule and interests.

Joining as a Juliette is great for Girl Scouts who don't have a troop available nearby or who want to enjoy Girl Scout programming with their family. They can get started right away, earning badges independently or attending events to meet other Girl Scouts in their area.

Earn Badges

Complete guided steps to learn a new skill.

Activities

Attend activities and trainings.

Go Camping

Get outdoors and make new friends.

Travel

Travel locally, nationally, and maybe even internationally!

Sell Cookies

Fund your next BIG adventure.

Earn Awards

Earn special recognition through the Gold, Silver, and Bronze Awards.



Family Events - Sporting Events

Please check our website, Facebook, and S'more News to learn when Girl Scout Night will be at our Sport Partners as they publish their schedules.



Richmond Kickers

Girl Scout Family Night at the Richmond Kickers

VCU Volleyball
Girl Scout Night at VCU Rams
Women's volleyball
Adult & Girl Cost: \$3
10/21 6:00 p.m.



Join Rowdy Ram Nation for VCU Girl Scout Volleyball Night. Receive a VCU fun patch, cheer on the Rams, join the team on the court for a post-game "Party with the Peppas" - VCU's pep band. Snag your tickets here: <https://bit.ly/3TBb7zy>

Richmond Flying Squirrels

Girl Scout Night at the Diamond



Tri-City Chili Peppers Baseball

Girl Scout Night with the Chili Peppers



The Tri-City Chili Peppers are the spiciest new baseball team in town. The team is located in Colonial Heights. Bring the whole family for a fun night at Shepherd Stadium.

Fredericksburg Nationals

Girl Scout Night at the FredNats

FredNats are Fredericksburg's newest team and an affiliate of the Washington Nationals. See you at the ball park!



Events and Activities by Date

October

- 10/6-10/8 - Troop Camping Weekend ...**43**
- 10/7-10/8 - Paddle Sports Training ...**42**
- 10/9 - Inhale Confidence, Exhale Doubt Workshop ...**12**
- 10/10 - Inhale Confidence, Exhale Doubt – Adult Training
- 10/12 - Do the Robot! ...**12**
- 10/13-10/15 - Troop Camping Weekend ...**43**
- 10/14 - Do the Robot! ...**12**
- 10/14 - Tough Cookie ...**13**
- 10/14 - CodeVA ...**13**
- 10/14 - RVA Paddlesports ...**13-14**
- 10/14-10/15 - Intermediate Camping Training ...**40**
- 10/16 - Highest Awards Training – Central ...**36**
- 10/19 - *Frozen* – Altria Theater ...**14**
- 10/12 - Inhale Confidence, Exhale Doubt – Adult Training
- 10/20 - Fall Product Program Pick-Up: Fredericksburg
- 10/20-10/21 - Camping 101 ...**25**
- 10/21 - Fall Product Program Pick-Up: Richmond and Chesterfield
- 10/21-10/22 - Paddle Sports Training ...**42**
- 10/22 - Say Hello to Camp ...**25**
- 10/22 - Gold Award Review Sessions ...**34**
- 10/27-10/29 - Troop Camping Weekend ...**43**
- 10/27 - Inhale Confidence, Exhale Doubt ...**12**
- 10/28 - Archery Day ...**29**
- 10/28 - Beginning Camping ...**40**
- 10/28 - VCU Volleyball ...**7**
- 10/29 - Climbing at Camp Pamunkey Ridge ...**29**

November

- 11/2 - Inhale Confidence, Exhale Doubt Workshop ...**12**
- 11/4 - Richlands Dairy Farm ...**15**
- 11/4 - Welcome Back Fiesta ...**14**
- 11/4 - Juliette Gordon Low Campfire ...**14**
- 11/5 - John Marshall House ...**15**
- 11/6 - Highest Awards Training – North ...**36**
- 11/7 - Real Life Academy – Ready to Vote ...**24**
- 11/9 - SharkTank ...**15**
- 11/10-11/12 - Troop Camping Weekend ...**43**
- 11/11 - SharkTank ...**15**

- 11/11 - Climbing at Camp Pamunkey Ridge ...**29**
- 11/11 - SPCA – Daisy/Brownie ...**16**
- 11/11 - Mad Science of Central Virginia ...**16**
- 11/11 - Outdoor Cooking Training ...**40**
- 11/13 - Highest Awards Training – Virtual ...**36**
- 11/13 - Highest Awards Brainstorming Session – Virtual ...**36**
- 11/17-11/18 - Outdoor Journey Weekend ...**25**
- 11/18 - SPCA – Junior ...**16**
- 11/18 - Wildlife and Watersheds ...**16**
- 11/18-11/19 - GSCV Travel – Washington, DC ...**16**
- 11/19 - Gold Award Review Sessions ...**34**
- 11/28 - Real Life Academy – Tips on Stress Management ...**24**

December

- 12/1-12/3 - Troop Camping Weekend ...**43**
- 12/2-12/3 - The zenZONE ...**17**
- 12/2 - Climbing at Camp Pamunkey Ridge ...**29**
- 12/8-12/10 - Troop Camping Weekend ...**43**
- 12/9 - Do the Robot! ...**12**
- 12/9 - SharkTank ...**15**
- 12/10 - Girl Scout Cookie Rally ...**17**
- 12/14 - *How The Grinch Stole Christmas* – Altria Theater ...**17**
- 12/17 - *The Nutcracker* – Richmond Ballet – Carpenter Theatre ...**17**

January

- 1/6 - EmpowerMind ...**18**
- 1/7 - Gold Award Review Sessions ...**34**
- 1/12-14 - Troop Camping Weekend ...**43**
- 1/13 - Archery Day ...**29**
- 1/13 - CodeVA ...**13**
- 1/14 - Climbing at Camp Pamunkey Ridge ...**29**
- 1/16 - Real Life Academy – What to Do if You Get Pulled Over ...**24**
- 1/18 - *Annie* – Altria Theater ...**18**
- 1/18 - EmpowerMind ...**18**
- 1/19-1/21 - Troop Camping Weekend ...**43**
- 1/20 - Virginia Credit Union ...**20**
- 1/20 - EmpowerMind ...**18**
- 1/23 - Girl-to-Girl Roundtable ...**18**
- 1/26-1/28 - Outdoor Cooking Weekend ...**26**

- 1/27 - Bottle Rocket Extravaganza ...**19**
- 1/29 - Highest Awards Training – Virtual ...**36**
- 1/29 - Highest Awards Brainstorming Session ...**36**

February

- 2/2-2/4 - Troop Camping Weekend ...**43**
- 2/3 - Moton Museum ...**19**
- 2/4 - Gold Award Review Sessions ...**34**
- 2/6 - Real Life Academy – Balancing Social Media and Real Life ...**24**
- 2/9-2/11 - Older Girl Adventure Weekend at Camp Kitty ...**26**
- 2/10 - Do the Robot! ...**12**
- 2/15 - Cookie Drive-Thru: Fredericksburg ...**32**
- 2/16 - Cookie Drive-Thru: Chesterfield ...**32**
- 2/17 - Cookie Drive-Thru: Richmond ...**32**
- 2/17 - *Dracula* – Richmond Ballet – Carpenter Theatre ...**19**
- 2/16-2/17 - Camping 101 ...**25**
- 2/18 - Say Hello to Camp ...**25**
- 2/19 - Tentative - GSCV Travel – Wintergreen ...**19**
- 2/23-2/25 - Troop Camping Weekend ...**43**
- 2/24 - Climbing at Camp Pamunkey Ridge ...**29**
- 2/24 - Inhale Confidence, Exhale Doubt Workshop ...**12**
- 2/24 - Black History Museum & Cultural Center of Virginia ...**20**
- 2/27 - Real Life Academy – Ace the Interview ...**24**

March

- 3/1-3/2 - Outdoor Art Badge Weekend ...**27**
- 3/2 - Animal Habitats ...**20**
- 3/2 - Virginia Credit Union ...**20**
- 3/7 - EmpowerMind ...**18**
- 3/8 – 3/10 - Troop Camping Weekend ...**43**
- 3/9 - EmpowerMind ...**18**
- 3/9 - CodeVA ...**13**
- 3/9 - John Marshall House ...**15**
- 3/9 - Richlands Dairy Farm ...**15**
- 3/9 - SPCA – Daisy, Brownie ...**16**
- 3/15-3/17 - Outdoor Journey Weekend ...**25**
- 3/16 - Mad Science of Central Virginia ...**16**
- 3/16 - Daisy Donut Dance ...**21**
- 3/16 - Brownie Boogie Bash ...**21**
- 3/16 - SPCA – Junior ...**16**
- 3/22-3/24 - Troop Camping Weekend ...**43**
- 3/23 - Inhale Confidence, Exhale Doubt Workshop ...**20**

- 3/23 - Climbing at Camp Pamunkey Ridge ...**29**
- 3/23 - Let's Dance ...**21**
- 3/23 - Numbers in Nature ...**21**
- 3/23 - Virginia Museum of History and Culture ...**22**
- 3/24 - Pamunkey Ridge Service Day ...**27**
- 3/28 - Legislative Day at Virginia State Capitol and VCU ...**22**

April

- 4/4-4/7 - GSCV Travel – Savannah, GA ...**22**
- 4/5-4/7 - Camping Adventure Weekend at Camp Kitty ...**28**
- 4/11 - SharkTank ...**15**
- 4/12-4/14 - Troop Camping Weekend ...**43**
- 4/13 - SharkTank ...**15**
- 4/13 - Archery Day ...**29**
- 4/13 - John Marshall House ...**15**
- 4/13 - Tough Cookie ...**13**
- 4/14 - Climbing at Camp Pamunkey Ridge ...**29**
- 4/14 - Gold Award Review Sessions ...**34**
- 4/19-4/21 - Troop Camping Weekend ...**43**
- 4/20 - Welcome to Cadette ...**22**
- 4/26-4/28 - Troop Camping Weekend ...**43**

May

- 5/3-5/4 - Camping 101 ...**25**
- 5/3-5/4 - Troop Camping Weekend ...**43**
- 5/3 - Bottle Rocket Extravaganza ...**19**
- 5/4 - EmpowerMind ...**18**
- 5/4 - SharkTank ...**15**
- 5/4 - Richlands Dairy Farm ...**15**
- 5/4 - RVA Paddlesports ...**13-14**
- 5/5 - Say Hello to Camp ...**25**
- 5/11 - Climbing at Camp Pamunkey Ridge ...**29**
- 5/11 - CodeVA ...**13**
- 5/16 - Do the Robot! ...**12**
- 5/18 - Do the Robot! ...**12**
- 5/19 - Gold Award Review Sessions ...**34**

June

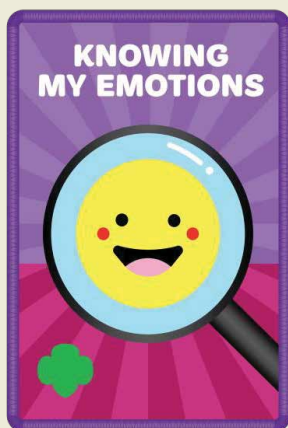
- 6/1 - Opening Campfire and Camp Open House ...**28**
- 6/1 - Kings Dominion Bridging ...**23**
- 6/8 - Virginia Museum of History and Culture ...**22**
- 6/9 - Stellar Seller ...**23**
- 6/15 - Richlands Dairy Farm ...**15**

Inhale Confidence, Exhale Doubt

Mental Wellness Programming

Welcome to a transformative journey of self-discovery and mental wellness! The *Inhale Confidence, Exhale Doubt* initiative is designed to guide Girl Scouts through a year of activities, experiences, and connections that prioritize mental wellness, foster resilience, and empower each girl to embrace her unique strengths. This year, we're proud to incorporate mental wellness programming as part of an initiative powered by Girl Scouts of the USA and the HCA Healthcare Foundation.

Through a variety of engaging activities, workshops, discussions, family bonding events, and creative projects, girls will gain insights into mindfulness, stress management, self-care, and positive communication. The initiative encourages a supportive and inclusive environment where girls can openly explore their emotions, build healthy coping strategies, and form meaningful connections with their fellow Girl Scouts.



Workshop Days

- EmpowerMind: Nurturing Wellness, Inspiring Resilience
 - All Girl Scouts will receive the *Resilient. Ready. Strong. Patch*
- Inhale Confidence, Exhale Doubt Series:
 - Finding My Voice **J**
 - Knowing My Emotions **C**
 - Showing Up for Me and You **S A**

The zenZONE

As an incentive for participating in the *Inhale Confidence, Exhale Doubt* workshops with either the council or your troop, Juniors, Cadettes, Seniors, and Ambassadors will have the opportunity to participate in an overnight at the Science Museum! We will have Midnight Meditation, guided movement opportunities, self-affirming and constructive exercises in My Care Cards pocket-sized cards, journaling, and late-night fun.

Resilient. Ready. Strong. Activity Guide

For each skill, there are two activities. There are a total of 20 activities to choose from.

Understand Emotions

1. Create a “happy box” filled with five things that make you smile, such as photos, art supplies, books, or favorite toys. Open the box when you’re worried, upset, or just need a little cheering up.

2. Learn how to use mental imagery to prepare for your next hike, run, or sports activity. Mental imagery can improve your performance and build your self-confidence.



Share Stories

1. Share stories with your friends about your favorite holiday, your greatest adventure, or your dreams for the future! They will learn more about you— and you’ll find out more about them.

2. Create a family crest to tell the story of your family’s heritage, values, or memorable moments. Or design a crest for any group you belong to, such as a school club, athletic team, or your Girl Scout troop.

Get Moving

1. Do a cool dance, social-emotional activities, or yoga with UNICEF Kid Power®. Have fun and stay fit as you support food banks and people in need.

2. Create a new dance move for your favorite song. Dance to the beat every day for a week or throw a dance party and teach it to friends.



Practice Gratitude and Giving

1. Select and carry out a national Girl Scout service project to support your community.

2. Start a gratitude journal: jot down two or three things you’re thankful for and three to five things that make you happy. (They could be one and the same!) Do this every day for one to two weeks. When you’re done, record how the practice made you feel.



Experience Nature

1. Visit a garden in your community or your own backyard to get ideas for creating a garden of your own.

2. Go on a night sky scavenger hunt: identify stars, constellations, or planets. Use a book, star wheel, or an app to chart your way.



Connect with Animals

1. Put up a bird feeder, plant flowers to attract hummingbirds, or get outside to watch and listen to our feathered friends.



2. Find out what it’s like to have a career protecting animals by talking to a veterinarian, animal-rescue worker, or zookeeper.

Enjoy a Hobby

1. Find an outdoor scene—it might be a lake, creek, trail, or your own backyard. Draw, film, or photograph the scene several times during the day or on different days. Observe how weather and time of day change the scene’s appearance.

2. Sketch a still life three times, using a different medium (colored pencils, regular pencils, charcoal, ink pen, markers, pastels, crayons) each time.



Find Meaning

1. Create a keepsake—a painting, collage, song, poem, scrapbook, bookmark, piece of jewelry, or another object—that reminds you of your favorite line of the Girl Scout Law.



2. Every job offers different ways for you to help others. Choose two or three jobs that interest you and find out how they might add meaning to your and others’ lives: interview people in your community, watch videos, or read articles about these jobs.

Connect to Community

1. Music brings people together, and when people come together, they can build community. Make up a song about something you care about (friends, family, a favorite animal, etc.). Record your song and share it with others or sing it at an event.

2. You belong to a community of girls worldwide. Create a girls’ bill of rights that includes at least five things you think girls should have the right to do.



Take Action

1. Plant a tree to support the Girl Scout Tree Promise, and join a global movement to address climate change, one tree at time.



2. Learn the difference between community service and the Girl Scout concept of Take Action, then brainstorm some ways to engage in the latter! Girl Scout Junior or older? Start planning your Bronze, Silver, or Gold Award.

Visit www.girlscouts.org/wellness to try online activities and buy your patch.

Events & Activities

For Outdoor Programming, see page 25.

Inhale Confidence, Exhale Doubt Workshop

At our council-led Inhale Confidence, Exhale Doubt workshop, Girl Scouts will learn all about their emotions by finding words to help them talk about their feelings. They'll also learn healthy ways to get through stressful or difficult situations through role play and practicing self-care. By completing this session, girls will receive the patch and an invitation to The zenZONE Overnight at the Science Museum.

Patch received: Juniors receive Knowing my Emotions Patch, Cadettes receive Finding my Voice Patch, Seniors and Ambassadors receive the Showing Up for Me and You Patch
Cost: Girl/Adult, \$0/\$0

Monday, Oct 9	6:00 PM – 7:30 PM	J C S A	central region/Augusta Service Center
Friday, Oct 27	5:00 PM – 6:30 PM	J C S A	northern region/Fredericksburg metro/ Fredericksburg United Methodist Church
Thursday, Nov 2	6:00 PM – 7:30 PM	J C S A	central region/Augusta Service Center

Do the Robot!

Put your engineering skills to the test! Girl Scouts will: learn about robots and engineers and then design their own; create a simple machine; learn how robots gather data and information; and explore computer programming. Girls will also explore artificial intelligence and begin to design a robot that solves a global problem.

Badge earned: Robotics Badge
Cost: Girl/Adult, \$10/\$0

Thursday, Oct 12	5:30 PM – 7:00 PM	D B J	central region/Augusta Service Center
Saturday, Oct 14	9:00 AM – 10:30 AM	D B J	central region/Augusta Service Center
	10:30 AM – 12:00 PM	C S A	central region/Augusta Service Center
Saturday, Dec 9	9:00 AM – 10:30 AM	D B J	western region/location TBD
	10:30 AM – 12:00 PM	C S A	western region/location TBD
Saturday, Feb 10	9:00 AM – 10:30 AM	D B J	eastern region/Northern Neck/location TBD
	10:30 AM – 12:00 PM	C S A	eastern region/Northern Neck/location TBD
Thursday, May 16	5:30 PM – 7:00 PM	D B J	northern region/Fredericksburg metro/location TBD
Saturday, May 18	9:00 AM – 10:30 AM	D B J	northern region/Fredericksburg metro/location TBD
	10:30 AM – 12:00 PM	C S A	northern region/Fredericksburg metro/location TBD

CodeVA

Girl Scouts, come try out the same computer thinking skills that professionals use in programming careers! Explore how computers improve the lives of others through hands-on practice designing games, brainstorming 21st Century solutions to global issues, and learning new practical skills.

Badge Earned: Coding Basics Badge
Cost: Girl/Adult, \$20/\$0
Location: central region/
 Richmond Metro/
 CodeVA

Saturday, Oct 14	10:30 AM – 12:00 PM	B
	12:00 PM – 1:30 PM	J
	2:00 PM – 3:30 PM	C
Saturday, Jan 13	10:30 AM – 12:00 PM	B
	12:00 PM – 1:30 PM	J
	2:00 PM – 3:30 PM	C
Saturday, Mar 9	10:30 AM – 12:00 PM	B
	12:00 PM – 1:30 PM	J
	2:00 PM – 3:30 PM	C
Saturday, May 11	10:30 AM – 12:00 PM	B
	12:00 PM – 1:30 PM	J
	2:00 PM – 3:30 PM	C

Tough Cookie

Calling all fearless girls! Unleash your inner strength and stand tall at Karate 4 Girls' empowering self-defense class, specially designed for girls who want to rock their confidence and learn essential skills to stay safe. Classes will include exercise, basic drills, and self-defense.

Patch Received: Self Defense Patch
Cost: Girl/Adult, \$40/\$0
Location: Camp Pamunkey Ridge

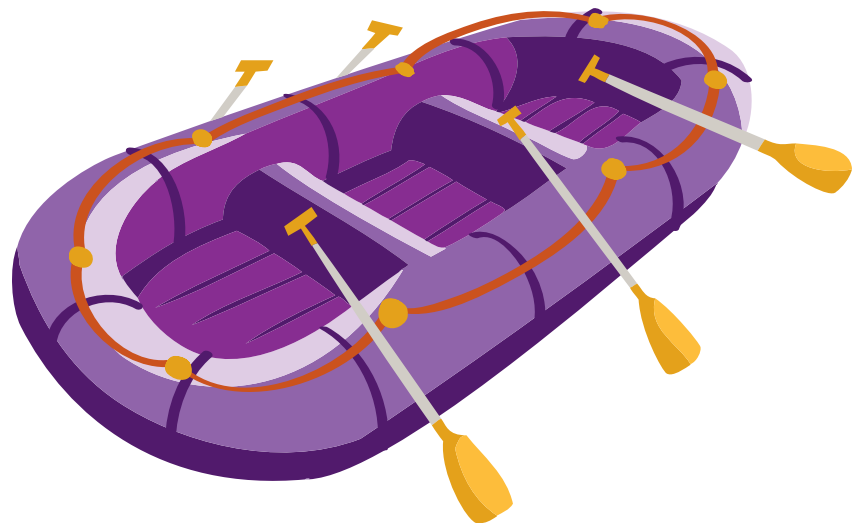
Saturday, Oct 14	10:00 AM – 11:30 AM	D B J
	11:30 AM – 1:00 PM	C S A
Saturday, Apr 13	10:00 AM – 11:30 AM	D B J
	11:30 AM – 1:00 PM	C S A

RVA Paddlesports: Class I-II Rapids

Explore the James River while rafting in Virginia! All class levels will have an amazing journey rafting the James River from Pony Pasture to 14th Street. Enjoy the beautiful scenery, the city skyline, thrilling rapids, and lunch on an island.

Cost: Girl/Adult, \$89/\$89,
 Meal included
Location: Central region/
 Richmond Metro/
 RVA Paddlesports

Saturday, Oct 14	10:00 AM – 1:00 PM	B J
Saturday, May 4	10:00 AM – 1:00 PM	B J



RVA Paddlesports: Class I-IV Rapids

Explore the James River while rafting in Virginia! All class levels will have an amazing journey rafting the James River from Pony Pasture to 14th Street. Enjoy the beautiful scenery, the city skyline, thrilling rapids, and lunch on an island.

Cost:	Girl/Adult, \$99/\$99, Meal included	Saturday, Oct 14	10:00 AM – 2:00 PM	C S A
Location:	Central region/ Richmond Metro/ RVA Paddlesports	Saturday, May 4	10:00 AM – 2:00 PM	C S A

Frozen

Step into the world of *Frozen* – The Musical! Disney will offer a 30% discount on group tickets (10 or more) to Girl Scouts for the Thursday, October 19 at 7:30 PM performance of *Frozen* at Altria Theater.

Cost:	Girl/Adult, Multiple options available	Thursday, Oct 19	7:30 PM	D B J C S A
Location:	Central region/ Richmond metro/Altria Theater			

Welcome Back Fiesta

Welcome back, Girl Scouts! Celebrate the beginning of another awesome Girl Scout year with a Fiesta and S'mores! Girl Scouts' family and friends are invited to enjoy activities from the Hispanic Heritage Month fun patch program before heading over to the fire circles for an evening 'round the campfire to celebrate our Founder. We'll enjoy roasting marshmallows, singing Girl Scout songs, making SWAPs, and sharing in sisterhood.

Patch received:	Hispanic Heritage Month Patch	Saturday, Nov 4	5:00 PM – 6:00 PM	D B J C S A
Cost:	Girl/Adult, \$3/\$0			
Location:	Camp Pamunkey Ridge			

Juliette Gordon Low Campfire

End the evening celebrating our Founder 'round the campfire roasting marshmallows, singing Girl Scout songs, making SWAPs, and sharing in sisterhood.

Cost:	Girl/Adult, \$0/\$0
Location:	Camp Pamunkey Ridge

Saturday, Nov 4 6:00 PM – 8:00 PM D B J C S A



Richlands Dairy Farm

Try your hand at milking a cow! This family-owned farm provides the best possible care for their cows, practices good environmental stewardship, and provides an open and honest look into dairy farming. Stop by the creamery and purchase delicious ice cream!

Saturday, Nov 4 10:00 AM – 12:00 PM
 Saturday, Mar 9 10:00 AM – 12:00 PM
 Saturday, May 4 10:00 AM – 12:00 PM
 Saturday, Jun 15 10:00 AM – 12:00 PM



Patch Received: All Girl Scouts will receive a fun patch
Cost: Girl/Adult, \$13/\$10
Location: Western region/
 Richlands Dairy Farm

John Marshall House

What would *your* constitution look like? Go back in time and discover 18th century quill writing!

Sunday, Nov 5 11:00 AM – 1:00 PM
 Saturday, Mar 9 11:00 AM – 1:00 PM
 Saturday, Apr 13 11:00 AM – 1:00 PM



Badge earned: Democracy Badge
Cost: Girl/Adult, \$13/\$6
Location: Central region/
 Richmond metro/
 John Marshall House

SharkTank






When makers create and innovate, they make the world better. Become a maker at our very own SharkTank – Girl Edition! At this council-led program, Girl Scouts will use innovation to create something that helps others and solves a problem, and then will share their creation. It's all done using the design thinking process, which helps makers improve their invention for the greater good.

Badge earned: Create and Innovate Badge
Cost: Girl/Adult, \$10/\$0

Thursday, Nov 9	5:30 PM – 7:00 PM		northern region/Fredericksburg metro/location TBD
Saturday, Nov 11	9:00 AM – 10:30 AM		northern region/Fredericksburg metro/location TBD
Saturday, Dec 9	9:00 AM – 10:30 AM		western/southern region/location TBD
Thursday, Apr 11	5:30 PM – 7:00 PM		central region/Augusta Service Center
Saturday, Apr 13	9:00 AM – 10:30 AM		central region/Augusta Service Center
Saturday, May 4	9:00 AM – 10:30 AM		Eastern region/Northern Neck/location TBD









SPCA

Tour the facility and meet an animal in the SPCA's care. This event is great for both animal lovers and those who might be unsure around animals. Enjoy hands-on learning about pet health and overall pet care, and tour the Richmond SPCA Humane Society to see what it takes to run an animal shelter. And new this year: Animal Habitats! Find out more about where animals live, how they play, and how humans can help them.

Badges earned:	Daisies earn participation patch	Saturday, Nov 11	12:00 PM – 1:00 PM	
	Brownies earn Pets Badge		2:00 PM – 3:00 PM	
	Juniors earn Animal Habitats Badge	Saturday, Nov 18	12:00 PM – 1:00 PM	
Cost:	Girl/Adult, \$10/\$0	Saturday, Mar 9	12:00 PM – 1:00 PM	
Location:	Central region/ Richmond metro/SPCA	Saturday, Mar 16	2:00 PM – 3:00 PM	
			12:00 PM – 1:00 PM	

Mad Science

Dive into the wonderful world of Mad Science at Pamunkey Ridge. Girls will conduct cool experiments and explore amazing science stations.

Patch received:	Mad Science Patch	Saturday, Nov 11	10:00 AM – 12:00 PM	   
Cost:	Girl/Adult, \$30/\$0	Saturday, Mar 16	10:00 AM – 12:00 PM	   
Location:	Camp Pamunkey Ridge			




GSCV Travel – Washington, DC

Embark on an unforgettable journey with Girl Scouts to the nation's capital – Washington, D.C.! Walk in the footsteps of trailblazers as you explore iconic monuments, museums, and government landmarks. Discover the power of your voice, immerse yourself in cultural treasures, and make memories with other Girl Scouts that will make this adventure truly unforgettable.

Cost:	More to come!	Saturday, Nov 18	 
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Wildlife and Watersheds

Girls will experience multiple encounters with the animals of Maymont and enjoy the freedom of a self-guided tour of Maymont's Run of the River exhibit! Each girl will be provided with a scavenger hunt to complete at her own pace once the scheduled program is over.

Patch received:	Maymont Patch	Saturday, Nov 18	10:30 AM – 12:00 PM	  
Cost:	Girl/Adult, \$15/\$6			
Location:	Central region/ Richmond metro/ Maymont Nature Center			

The zenZONE

As an incentive for participating in the Inhale Confidence, Exhale Doubt workshops with either the council or your troop, Juniors, Cadettes, Seniors, and Ambassadors will have the opportunity to attend an overnight stay at the Science Museum! Enjoy Midnight Meditation, guided movement opportunities, self-affirming exercises in pocket-sized My Care Cards, journaling, and late-night fun.

Cost: Girl/Adult, \$25/\$25
Location: Central region/Richmond metro/
Science Museum of Virginia

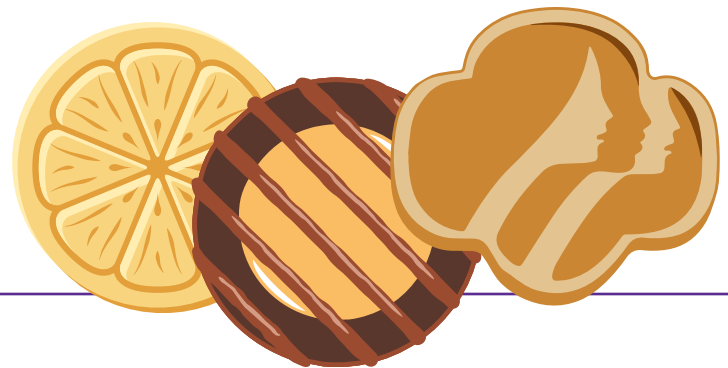
Saturday, Dec 2 – Sunday, Dec 3
6:00 PM – 9:00 AM
J C S A

Girl Scout Cookie Rally

It's time to Rally! Brush up on your entrepreneurial skills and have tons of fun as we kick off the 2024 Cookie Program at Kings Dominion's WinterFest. Look out for registration information in S'more News!

Sunday, Dec 10 2:30 PM – 6:30 PM D B J C S A

Cost: Girl/Adult, TBD
Location: Central region/Richmond metro/Kings Dominion



How the Grinch Stole Christmas

Discover the magic of Dr. Seuss' classic holiday tale as it comes to life on stage. The Grinch discovers there's more to Christmas than he bargained for in this heart-warming holiday classic. Altria will offer a 30% discount to Girl Scout groups! Girl Scouts will also get a fun patch and possibly a post-show talk with cast members!

Cost: Girl/Adult, Multiple options available
Location: Central region/Altria Theater

Thursday, Dec 14 7:00 PM D B J C S A

The Nutcracker

Enjoy fantasy story *The Nutcracker and the Mouse King*, about a girl who befriends a nutcracker that comes to life on Christmas Eve and wages a battle against the evil Mouse King. Girl Scouts and their families will enjoy a special post-show Q&A session with Company Dancers in the Carpenter Theatre.

Cost: Girl/Adult, Multiple options available
Location: Central region/Richmond metro/
The Carpenter Theater of Richmond

Sunday, Dec 17 5:30 PM D B J C S A

EmpowerMind

Join us for a council-led day of empowerment at EmpowerMind! Discover the magic of positive affirmations, feel the unity through music, dance with confidence, and let doubts vanish like the bubbles you'll create.

Patch received: Resilient. Ready. Strong. Patch
Cost: Girl/Adult, \$10/\$0

Saturday, Jan 6	9:00 AM – 10:30 AM	D B J	Western/Southern region/location TBD
	10:30 AM – 12:00 PM	C S A	Western/Southern region/location TBD
Thursday, Jan 18	5:30 PM – 7:00 PM	D B J	Central region/Augusta Service Center
Saturday, Jan 20	9:00 AM – 10:30 AM	D B J	Central region/Augusta Service Center
	10:30 AM – 12:00 PM	C S A	Central region/Augusta Service Center
Thursday, Mar 7	5:30 PM – 7:00 PM	D B J	Northern region/Fredericksburg metro/location TBD
Saturday, Mar 9	9:00 AM – 10:30 AM	D B J	Northern region/Fredericksburg metro/location TBD
	10:30 AM – 12:00 PM	C S A	Northern region/Fredericksburg metro/location TBD
Saturday, May 4	9:00 AM – 10:30 AM	D B J	Eastern region/Northern Neck/location TBD
	10:30 AM – 12:00 PM	C S A	Eastern region/Northern Neck/location TBD

Annie

In 1930s New York during The Great Depression, brave young Annie is forced to live a life of misery at Miss Hannigan's orphanage. Her luck soon changes when she's chosen to spend a fairytale Christmas with a famous billionaire, Oliver Warbucks.

Cost: Girl/Adult, Multiple options available
Location: Central region/
 Richmond Metro/Altria Theater

Thursday, Jan 18 Time: 7:30 PM **D B J C S A**

Girl-to-Girl Leadership Roundtable

Join us at the Girl-to-Girl Leadership Roundtable! Members of the Women's Advisory Board will provide coaching for future success based on their areas of expertise. Not only will you get to hear and learn from some amazing women, but you'll also get a delicious 4-course meal and a complimentary professional headshot for LinkedIn!



Tuesday, Jan 23 5:00 PM – 8:00 PM **S A**

Cost: Girl, \$0/\$0
Location: Central region/
 Richmond Metro/TBD




Bottle Rocket Extravaganza

Ignite curiosity and soar to new heights with our “Bottle Rocket Extravaganza”! Join us for a council-led, explosive day of hands-on learning as Girl Scouts design, launch, and witness the awe-inspiring power of bottle rockets. Sparking STEM interest and teamwork, this event promises an unforgettable blend of science and adventure that will leave a trail of excitement across the sky. Get ready to reach for the stars and create memories that will lift spirits for years to come!

Cost: Girl/Adult, \$10/\$0 Saturday, Jan 27 10:00 AM – 12:00 PM 
Location: Camp Pamunkey Ridge Friday, May 3 6:00 PM – 8:00 PM 

Moton Museum

Did you know a teenaged girl changed the world? Before Selma and Montgomery, there was Farmville, where young people made history. The Civil Rights Movement came to Farmville, VA, thanks to the courage of students protesting inequality. Visit the Moton Museum and take home a fun patch!

Patch received: Moton Museum Patch Saturday, Feb 3 10:00 AM – 12:00 PM 
Cost: Girl/Adult, \$10/0
Location: Western/southern region/
Moton Museum

Dracula

Get swept up in a gothic romance this Valentine’s Day weekend! The Virginia premiere of Ben Stevenson’s *Dracula* is certain to enthrall audiences with its powerful choreography, haunting score, and spectacular production elements. A bold, dramatic ballet, *Dracula* takes the classic tale of the titular vampire and his brides to all new heights. *Dracula* is recommended for ages 8+.

Cost: Girl/Adult, Multiple options available Saturday, Feb 17 2:00 PM 
Location: Central region/Richmond Metro/
The Carpenter Theater

GSCV Travel – Wintergreen





Be on the lookout for more information on this epic day trip to Wintergreen for snow tubing. This is a great opportunity to take advantage of the Presidents’ Day holiday and have fun with your sister Girl Scouts!

Cost: Girl/Adult, TBD Monday, Feb 19 Time: TBD 

Inhale Confidence, Exhale Doubt Workshop


At our council-led Inhale Confidence, Exhale Doubt workshop, Girl Scouts will learn all about their emotions by finding words to help them talk about their feelings. They'll also learn healthy ways to get through stressful or difficult situations through role play and practicing self-care.

Patch received: Knowing my Emotions Patch, Finding my Voice Patch, and Showing Up for Me and You Patch.
Cost: Girl/Adult, \$0/\$0

Saturday, Feb 24	9:00 AM – 10:30 AM		northern region/Fredericksburg metro/location TBD
	10:30 AM – 12:00 PM		northern region/Fredericksburg metro/location TBD
Saturday, Mar 24	9:00 AM – 10:30 AM		central region/Augusta Service Center
	10:30 AM – 12:00 PM		central region/Augusta Service Center


Black History Museum & Cultural Center of Virginia

Earn the Black History Month fun patch with a scavenger hunt tour of the museum! There are fun, educational, and interactive activities for all to enjoy.

Patch received: Black History Month Patch Saturday, Feb 24 10:00 AM – 12:00 PM 
Cost: Girl/Adult, \$6/\$6
Location: Central region/Richmond Metro/
 Black History Museum & Cultural
 Center of Virginia

Animal Habitats




Join the team at Maymont to find out more about where animals live, how they play, and how humans can help them! Together, we will learn about animals, investigate their habitat, and make something that will help animals at your home. Come ready for an outdoor adventure!

Badge earned: Animal Habitats Saturday, Mar 2 10:00 PM – 12:00 PM 
Cost: Girl/Adult, \$15/\$6
Location: Central region/Richmond metro/
 Maymont Nature Center

Virginia Credit Union

Get a head start on financial fitness. Girl Scouts have the opportunity to work with the professionals from Virginia Credit Union to earn an Entrepreneurship Financial Wellness Badge.

Badge earned: Gain steps towards earning the Money Explorer Badge, Budget Builder Badge, Budget Maker Badge, Budget Manager Badge, Savvy Saver Badge, and Financial Planner Badge.

Cost:	Girl/Adult, \$10/\$0	Saturday, Jan 20	9:00 AM – 10:00 AM	
Location:	Central region/ Richmond metro/ Augusta Service Center	Saturday, Mar 2	10:30 AM – 11:30 AM	
			9:00 AM – 10:00 AM 10:30 AM – 11:30 AM 12:30 PM – 1:30 PM	

Daisy Donut Dance

Attention Daisy Girl Scouts with a sweet tooth and killer dance moves! Celebrate Girl Scout Week with a dance workshop led by Latin Ballet of Virginia. Afterwards, sprinkle some sugary fun into your troop's day with our one-of-a-kind Donut Dance Party.

Cost: Girl/Adult, \$15/\$0 Saturday, Mar 16 10:00 AM – 11:00 AM **D**
Location: Camp Pamunkey Ridge

Brownie Boogie Bash

This Brownie Dance Party is the ultimate celebration of friendship, fun, fabulous dance, and food. Gather your Brownie troop in celebration of Girl Scout Week and get ready to create unforgettable memories together. It's a party where the dance floor becomes your stage, and your laughter becomes the rhythm with a dance workshop led by Latin Ballet of Virginia!

Cost: Girl/Adult, \$15/\$0 Saturday, Mar 16 11:00 AM – 12:00 PM **B**
Location: Camp Pamunkey Ridge

Let's Dance

Dance like George at the George Washington Foundation's Historic Kenmore. Learn some 18th century moves that George would have learned, too!

Badge earned: Dancer Badge Saturday, Mar 23 10:00 AM – 12:00 PM **B**
Cost: Girl/Adult, \$13/\$5
Location: Northern region/
Fredericksburg/
Historic Kenmore

Numbers in Nature





Did George Washington really chop down a cherry tree? Find out at his childhood home. The grounds of George Washington's Ferry Farm are the perfect setting to see nature through a historic lens. Plus, where else can you walk in the footsteps of our first president?

Badge earned: Outdoor Art Explorer Badge Saturday, Mar 23 1:00 PM – 3:00 PM **J**
Cost: Girl/Adult, \$13/\$5
Location: Northern region/
Fredericksburg metro/
George Washington Foundation's
Ferry Farm









I-Spy: Virginia's Hidden History

Girl Scouts will learn the important role women played in the Revolutionary War and the Civil War. Learn about Virginia spies, write in code, practice different methods of writing in invisible ink, and take part in games to hone your spy skills at the Virginia Museum of History and Culture.

Badge earned:	Detective Badge	Saturday, Mar 23	10:30 AM – 12:00 PM	
Cost:	Girl/Adult, \$10/\$10		1:30 PM – 3:00 PM	
Location:	Central region/ Richmond metro/ Virginia Museum of History and Culture	Saturday, Jun 8	10:30 AM – 12:00 PM 1:30 PM – 3:00 PM	 




Legislative Day at Virginia State Capitol and VCU

Walk the historic halls of the Capitol that Thomas Jefferson designed. Tour the Capitol, learn how a bill becomes a law, and maybe even take a mock vote in the House Chamber! After leaving the Capitol, you'll travel 7 blocks to the VCU Wilder School of Government and Public Affairs where girls will get to experience creating a policy of their own.

Patch received:	Legislative Day Patch	Thursday, Mar 28	10:00 AM – 3:00 PM	     
Cost:	Girl/Adult, \$5/\$0			
Location:	Central region/ Richmond metro/ Virginia State Capitol and VCU			


GSCV Travel – Savannah

Embark on a captivating journey with Girl Scouts as we explore the enchanting streets of Savannah, Georgia! Dive into rich history and Southern charm as we visit iconic landmarks, relive the legacy of Juliette Gordon Low, and forge unbreakable bonds with sister Girl Scouts. Join us in this unforgettable adventure where every step paves the way for personal growth, discovery, and lasting memories.

Cost:	Girl/Adult TBD	Thursday, Apr 4 – Sunday, Apr 7	Time: TBD	  
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Welcome to Cadette

Ready to take the next step as a Cadette? Let's go! Join us for our "Welcome to Cadette" event! Have fun, meet friends, and get a hands-on preview of what being a Cadette is all about.

Cost:	Girl/Adult, \$0/\$0	Saturday, Apr 20	Time: 9:30 AM – 11:30 AM	
Location:	Camp Pamunkey Ridge			

Kings Dominion Bridging

Experience the ultimate adventure at Kings Dominion's Bridging Ceremony! Join us for an action-packed day of rides, games, and a special Bridging Ceremony where Girl Scouts will cross over into new levels in Girl Scouting. Look out for registration information in S'more News!

Patch received: Girl/Adult, TBD
Location: Central region/
Richmond metro/
Kings Dominion

Saturday, Jun 1

Time: TBD



Stellar Seller

This fun family event is for girls who sell 750 packages of cookies or more. Girls who qualify through the Cookie Program will be sent an invitation with details. We can't wait to see what goal you'll meet this year!

Cost: Girl/Adult, \$0/\$0
Location: Camp Pamunkey Ridge

Sunday, Jun 9

Time: TBD

Invite Only



Real Life Academy

These virtual sessions are designed to inspire confidence in an ever-changing world.

Ready to Vote

Casting your first vote is an important milestone. As you prepare to make your voice heard, learn about researching the issues and candidates on the ballot, finding your voting location, and casting your vote.

Cost: Girl/Adult, \$0/\$0 Tuesday, Nov 7 6:00 PM – 7:00 PM **C S A**
Location: Virtual

Tips on Stress Management

Everyone experiences stressful situations. Join this Real-Life Academy to learn some tips and strategies for managing those overwhelming moments.

Cost: Girl/Adult, \$0/\$0 Tuesday, Nov 28 6:00 PM – 7:00 PM **C S A**
Location: Virtual

What to Do If You Get Pulled Over

You see the red and blue lights in your rearview mirror. How do you stay calm? Learn your rights and what to do if you are pulled over while driving.

Cost: Girl/Adult, \$0/\$0 Tuesday, Jan 16 6:00 PM – 7:00 PM **C S A**
Location: Virtual

Balancing Social Media and Real Life

Is your screen time ticking up? Are you constantly worried about how many likes your last post got? Navigating the internet can feel like a lot. Whether you're looking for a full detox or just trying to find balance, learn how to create a healthier relationship with social media.

Cost: Girl/Adult, \$0/\$0 Tuesday, Feb 6 6:00 PM – 7:00 PM **C S A**
Location: Virtual

Ace the Interview

Whether you're interviewing for a job, college, or a spot in a specialty in high school, learn the basics of what will set you apart and make you stand out.

Cost: Girl/Adult, \$0/\$0 Tuesday, Feb 27 6:00 PM – 7:00 PM **C S A**
Location: Virtual

Outdoors

All meals for overnight events are included in the cost of registration.

Camping 101

Camping 101 is for Girl Scouts ready to try an overnight campout! Enjoy a campfire before spending the night in the cabins at Pamunkey Ridge. The next day, wake up and practice fundamental camp activities like canoeing, archery, and more. And of course, it wouldn't be camping without a delicious cook-out lunch over the campfire!

Cost:	Girl/Adult, \$35/\$5, Meals included	Friday, Oct 20 – Saturday, Oct 21 Friday, Feb 16 – Saturday, Feb 17	6:30 PM – 4:30 PM 6:30 PM – 4:30 PM	
Location:	Camp Pamunkey Ridge	Friday, May 3 – Saturday, May 4	6:30 PM – 4:30 PM	

Say Hello to Camp at Camp Pamunkey Ridge

Ready to dip your toe into what camp has to offer? Ease yourself outdoors with a fun-filled day where girls will get to try their hand at slingshots, classic camp crafts, and learning to cook a basic meal over the campfire. This day event is perfect for anyone interested in exploring the outdoors without an overnight stay! *Note: The October 22nd session will not feature canoeing. If you are interested in getting on the water, check out our sessions in February and May!

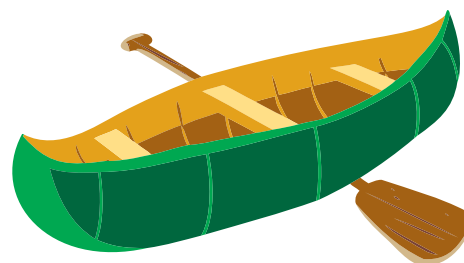
Cost:	Girl/Adult, \$15/\$5	Sunday, Oct 22*	10:00 AM – 4:30 PM	
Location:	Camp Pamunkey Ridge	Sunday, Feb 18 Sunday, May 5	10:00 AM – 4:30 PM 10:00 AM – 4:30 PM	

**No canoeing October 22nd*

Outdoor Journey Weekend – Camp Pamunkey Ridge

Spend the weekend at Camp Pamunkey Ridge taking on new adventures while learning outdoor skills and ways to take care of our environment. Juniors through Ambassadors will spend Saturday earning the badges that make up their Outdoor Journeys while enjoying the waterfront, Adventure Tower, and so much more. The weekend will culminate in a Take Action project on Sunday morning. Participants will leave having completed their Outdoor Journey!

Cost:	Girl/Adult, \$35/\$5, Meals included	Friday, Nov 17 – Sunday, Nov 19 Friday, Mar 15 – Sunday, Mar 17	6:30 PM – 11:00 AM 6:30 PM – 11:00 AM	
Location:	Camp Pamunkey Ridge			



Outdoor Cooking Weekend at Camp Pamunkey Ridge

Bundle up and gather around the fire! Start off Friday night with a fireside treat, then spend Saturday making and trying some delicious camp meals. Between bites, enjoy classic camp crafts and games alongside your sister Girl Scouts. All participants will walk away having earned an outdoor or cooking badge (and with a full belly!).

Badge earned: Cadette New Cuisines, Senior Locavore, Ambassador Dinner Party

Cost: Girl/Adult, \$35/\$5, Meals included

Location: Camp Pamunkey Ridge

Friday, Jan 26 – Saturday, Jan 28 6:30 PM – 4:30 PM **D B J C S A**

Older Girl Adventure Weekend at Camp Kitty

This older girl exclusive weekend is perfect for girls ready to challenge themselves outdoors! Hone some camping skills like fire building, shelter building, and outdoor cooking surrounded by the natural beauty of Camp Kitty. Kayak in the cove and on the Great Wicomico River, camp out on Jesse’s trail, and take on some serious adventures with your sister Girl Scouts.

Cost: Girl/Adult, \$10/\$5, Meals included

Location: Camp Kittamaquond

Friday, Feb 9 – Sunday, Feb 11 6:30 PM – 11:30 AM **S A**



Outdoor Art Badge Weekend at Camp Pamunkey Ridge

Get inspired by nature and unleash your inner artist in this ultra-creative overnight at Camp Pamunkey Ridge! Try your hand at different mediums of art – from sculpture to musical performance – as you earn your Outdoor Art Badge. Participants will also enjoy different program areas around camp. After all, what better way to get inspired by nature than to spend time enjoying it?

Badge earned: Daisy Outdoor Art Maker, Brownie Outdoor Art Creator, Junior Outdoor Art Explorer
Cost: Girl/Adult, \$35/\$5, Meals included
Location: Camp Pamunkey Ridge

Friday, Mar 1 - Saturday, Mar 2 6:30 PM – 4:30 PM **D B J C S A**

Pamunkey Ridge Service Day

Join us for a day of Girl Scout sisterhood and community as we lend a helping hand around our wonderful camp property. Council will provide lunch for all who join.

Cost: Girl/Adult, \$0/\$0
Location: Camp Pamunkey Ridge

Sunday, Mar 24 10:00 AM – 5:00 PM **D B J C S A**



Camping Adventure Weekend at Camp Kitty

This event is perfect for campers ready for an intro into more rustic camping! Sleep out in platform tents and learn camping skills like fire building, shelter building, and outdoor cooking surrounded by the natural beauty of Camp Kitty. Kayak in the cove and on the Great Wicomico River, hike Jesse's trail, and take on Camp Kitty with your fellow Girl Scouts.

Cost: Girl/Adult, \$35/\$5, Meals included
Location: Camp Kittamaquond

Friday, Apr 5 – Sunday, Apr 7 6:30 PM – 11:00 AM C S A

Opening Campfire and Open House

We're starting our summer season off right! Join us for an evening full of campfire, s'mores, and community. Take a peek at all that Girl Scout camp has to offer!

Cost: Girl/Adult, \$1/\$1
Location: Camp Pamunkey Ridge

Saturday, Jun 1 6:00 PM – 8:00 PM D B J C S A



Archery Day at Pamunkey Ridge

Cost: \$10

Come out to have some fun at the Pamunkey Ridge Archery Range! Perfect for beginners or girls just looking to spend some extra time with a bow in hand.

Saturday, Oct 28

9:00 AM – 10:30 AM

B J

11:00 AM – 12:30 PM

B J

1:00 PM – 2:30 PM

C S A

3:00 PM – 4:30 PM

C S A

Saturday, Jan 13

9:00 AM – 10:30 AM

B J

11:00 AM – 12:30 PM

B J

1:00 PM – 2:30 PM

C S A

3:00 PM – 4:30 PM

C S A

Saturday, Apr 13

9:00 AM – 10:30 AM

B J

11:00 AM – 12:30 PM

B J

1:00 PM – 2:30 PM

C S A

3:00 PM – 4:30 PM

C S A

Adventure Tower at Pamunkey Ridge

Cost: \$30

Gear up and take on Camp Pamunkey Ridge's Adventure Tower! Learn how to participate safely and hone your skills in these fun-filled sessions. Juniors and older can enjoy the climbing tower's six different climbing routes and zipline. Cadettes and up can also take on the extra challenge of our six high ropes elements. All while earning your Climbing Adventure Badge!

Girl Spaces: 25

Badge earned: Junior-Ambassador Snow or Climbing Adventure Badge

Saturday, Sept 23

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C

3:00 PM – 5:00 PM

S A

Sunday, Oct 29

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C

3:00 PM – 5:00 PM

S A

Saturday, Nov 11

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C S A

Saturday, Dec 2

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C S A

Sunday, Jan 14

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C S A

Saturday, Feb 24

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C S A

Saturday, Mar 23

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C

3:00 PM – 5:00 PM

S A

Sunday, Apr 14

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

C

3:00 PM – 5:00 PM

S A

Saturday, May 11

9:00 AM – 11:00 AM

J

1:00 PM – 3:00 PM

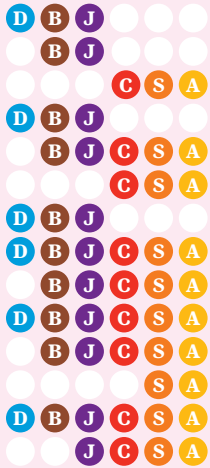
C

3:00 PM – 5:00 PM

S A



Multi-Level Troops Overview

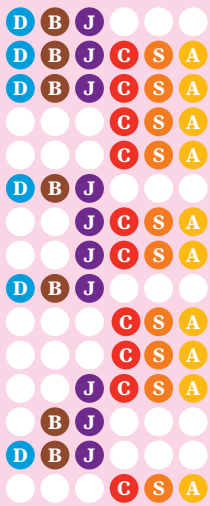


Thursday, Oct 12, 2023
 Saturday, Oct 14, 2023
 Saturday, Oct 14, 2023
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 Saturday, Oct 14, 2023
 Thursday, Oct 19, 2023
 Friday, Oct 20, 2023
 Sunday, Oct 22, 2023
 Saturday, Oct 28, 2023
 Saturday, Oct 28, 2023
 Saturday, Oct 28, 2023
 Sunday, Oct 29, 2023

Do the Robot!
 CodeVA
 Do the Robot!
 Do the Robot!
 RVA Paddlesports
 Tough Cookie
 Tough Cookie
 Frozen – Altria Theater
 Camping 101
 Say Hello to Camp
 Archery Day at Camp Pamunkey Ridge
 Sister Saturday
 VCU Volleyball
 Climbing at Camp Pamunkey Ridge



This year, we're offering fun and exciting Girl Scout activities for every age level, including multi-level troops! Check out this overview to see which activities your entire troop can enjoy together.



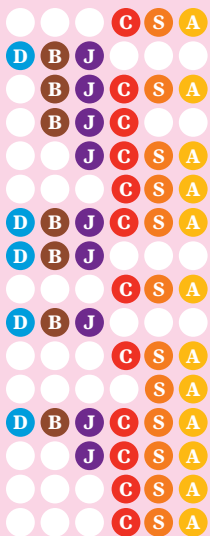
Saturday, Nov 4, 2023
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 Monday, Nov 6, 2023
 Tuesday, Nov 7, 2023
 Thursday, Nov 9, 2023
 Saturday, Nov 11, 2023
 Saturday, Nov 11, 2023
 Saturday, Nov 11, 2023
 Monday, Nov 13, 2023
 Monday, Nov 13, 2023
 Friday, Nov 17, 2023
 Saturday, Nov 18, 2023
 Saturday, Nov 18, 2023
 Tuesday, Nov 28, 2023

Richlands Dairy Farm
 Welcome Back Fiesta
 Juliette Gordon Low Campfire
 Highest Awards Training
 Real Life Academy – Ready to Vote
 SharkTank
 Climbing at Camp Pamunkey Ridge
 Mad Science of Central Virginia
 SharkTank
 Highest Awards Brainstorming Session
 Highest Awards Training – Virtual
 Outdoor Journey Weekend
 Washington, DC
 Wildlife and Watersheds
 Real Life Academy - Tips on Stress Management



Saturday, Dec 2, 2023
 Saturday, Dec 2, 2023
 Saturday, Dec 9, 2023
 Saturday, Dec 9, 2023
 Saturday, Dec 9, 2023
 Sunday, Dec 10, 2023
 Thursday, Dec 14, 2023
 Sunday, Dec 17, 2023

Climbing at Camp Pamunkey Ridge
 Science Museum Overnight
 Do the Robot!
 Do the Robot!
 SharkTank
 Girl Scout Cookie Rally
 How the Grinch Stole Christmas – Altria Theater
 The Nutcracker - Richmond Ballet



Saturday, Jan 6, 2024
 Saturday, Jan 6, 2024
 Saturday, Jan 13, 2024
 Saturday, Jan 13, 2024
 Sunday, Jan 14, 2024
 Tuesday, Jan 16, 2024
 Thursday, Jan 18, 2024
 Thursday, Jan 18, 2024
 Saturday, Jan 20, 2024
 Saturday, Jan 20, 2024
 Saturday, Jan 20, 2024
 Tuesday, Jan 23, 2024
 Friday, Jan 26, 2024
 Saturday, Jan 27, 2024
 Monday, Jan 29, 2024
 Monday, Jan 29, 2024

EmpowerMind
 EmpowerMind
 Archery Day at Camp Pamunkey Ridge
 CodeVA
 Climbing at Camp Pamunkey Ridge
 Real Life Academy - What to do if you get pulled over?
 Annie - Altria Theater
 EmpowerMind
 EmpowerMind
 EmpowerMind
 Virginia Credit Union
 Girl-to-Girl Roundtable
 Outdoor Cooking Weekend
 Bottle Rocket Extravaganza
 Highest Awards Brainstorming Session
 Highest Awards Training – Virtual

	Saturday, Feb 3, 2024	Moton Museum
	Tuesday, Feb 6, 2024	Real Life Academy - Balancing Social Media and Real Life
	Friday, Feb 9, 2024	Older Girl Adventure Weekend at Camp Kitty
	Saturday, Feb 10, 2024	Do the Robot!
	Saturday, Feb 10, 2024	Do the Robot!
	Friday, Feb 16, 2024	Camping 101
	Saturday, Feb 17, 2024	Dracula – Richmond Ballet
	Sunday, Feb 18, 2024	Say Hello to Camp
	Monday, Feb 19, 2024	Wintergreen
	Saturday, Feb 24, 2024	Black History Museum & Cultural Center of Virginia
	Saturday, Feb 24, 2024	Inhale Confidence, Exhale Doubt Workshop
	Saturday, Feb 24, 2024	Inhale Confidence, Exhale Doubt Workshop
	Tuesday, Feb 27, 2024	Real Life Academy – Ace the Interview
	Friday, Mar 1, 2024	Outdoor Art Badge Weekend
	Saturday, Mar 2, 2024	Animal Habitats
	Saturday, Mar 2, 2024	Virginia Credit Union
	Thursday, Mar 7, 2024	EmpowerMind
	Saturday, Mar 9, 2024	CodeVA
	Saturday, Mar 9, 2024	EmpowerMind
	Saturday, Mar 9, 2024	EmpowerMind
	Saturday, Mar 9, 2024	John Marshall House
	Saturday, Mar 9, 2024	Richlands Dairy Farm
	Friday, Mar 15, 2024	Outdoor Journey Weekend
	Saturday, Mar 16, 2024	Mad Science of Central Virginia
	Saturday, Mar 23, 2024	Climbing at Camp Pamunkey Ridge
	Saturday, Mar 23, 2024	Inhale Confidence, Exhale Doubt Workshop
	Saturday, Mar 23, 2024	Inhale Confidence, Exhale Doubt Workshop
	Sunday, Mar 24, 2024	Pamunkey Ridge Service Day
	Thursday, Mar 28, 2024	Legislative Day at Virginia State Capitol and VCU
	Thursday, Apr 4, 2024	Savannah, GA
	Friday, Apr 5, 2024	Camping Adventure Weekend at Camp Kitty
	Thursday, Apr 11, 2024	SharkTank
	Saturday, Apr 13, 2024	SharkTank
	Saturday, Apr 13, 2024	Archery Day at Camp Pamunkey Ridge
	Saturday, Apr 13, 2024	Tough Cookie
	Saturday, Apr 13, 2024	Tough Cookie
	Sunday, Apr 14, 2024	Climbing at Camp Pamunkey Ridge
	Friday, May 3, 2024 -	Bottle Rocket Extravaganza
	Friday, May 3, 2024	Camping 101
	Saturday, May 4, 2024	EmpowerMind
	Saturday, May 4, 2024	EmpowerMind
	Saturday, May 4, 2024	Richlands Dairy Farm
	Saturday, May 4, 2024	SharkTank
	Saturday, May 4, 2024	RVA Paddlesports
	Sunday, May 5, 2024	Say Hello to Camp
	Saturday, May 11, 2024	Climbing at Camp Pamunkey Ridge
	Saturday, May 11, 2024	CodeVA
	Thursday, May 16, 2024	Do the Robot!
	Saturday, May 18, 2024	Do the Robot!
	Saturday, May 18, 2024	Do the Robot!
	Saturday, Jun 1, 2024	Kings Dominion Bridging
	Saturday, Jun 1, 2024	Opening Campfire and Open House
	Sunday, Jun 9, 2024	Stellar Sellar - <i>Invite Only</i>
	Saturday, Jun 15, 2024	Richlands Dairy Farm

2024 Cookie Program

Theme: Own Your Magic

Mascot: Axolotl

2024 Important Cookie Dates

December 2-13:

Cookie Training: Even the most experienced Troop Leaders and Cookie Managers will want to attend cookie training to learn about Digital Cookie, the new platform that girls and their parents will use to manage the 2024 Cookie Program.

Monday, January 1:

Start of the 2024 Cookie Program

Thursday, January 25:

Deadline for troops to enter cookie orders in Smart Cookies

Monday, February 12:

Beginning of rural deliveries

Thursday, February 15:

Cookie Drive Thru, Fredericksburg

Friday, February 16:

Cookie Drive Thru, Chesterfield

Saturday, February 17:

Cookie Drive Thru, Richmond

Tuesday, February 20:

Cookie Cupboards Open

Sunday, March 31:

Final day of 2024 Cookie Program

Friday, April 5:

Rewards due in Smart Cookies



OWN YOUR magic

Cookie Rally at Winterfest Kings Dominion, Sunday, December 10th. Watch for links to purchase tickets in S'more News!

Important Cookie Information for Girl Scout Leaders

Training for the Girl Scout Cookie Program is essential for success. Whether is your first year or 20th cookie training will lay the groundwork for having the necessary support, knowing what to expect when and how to prepare the girls in your troop.

Cookie training will be held both virtual and in person this year. Training along with cookie packet pick up will begin the first week in December. Details with registration links will be shared in S'more News. Not receiving S'more News?? Oh no! Contact our helpdesk immediately at gshelper@comgirlscouts.org to get added.



Travel

Did you hear the news? GSCV is going places! This year, we will take a day trip to Wintergreen Resort and Washington, DC, and in the spring, we will be heading to Savannah, Georgia! To prepare for the trips and pick the best one for you, take a moment to learn a bit about travel progression in Girl Scouts.

Girl Scouts love to take trips, and in Girl Scouting, they learn how to travel safely and prepared. Our travel is built on a progression of activities – one activity leads to another, with each one before preparing you for the challenges ahead. As girls grow in their travel skills and experience, they are better equipped to manage the planning process and progress to longer trips.

Local trips:



A walk to a nearby garden or a short ride by car or public transportation to a firehouse or courthouse is a great first step for Daisies.

Day trips:



An all-day visit to a point of historical or natural interest (bringing their own lunch) or a daylong trip to a nearby city (stopping at a restaurant for a meal) allows younger girls to select locations and do much of the trip planning, while never being too far from home.

Note: Full-day trips may be very challenging for Daisies, especially for kindergarteners who have not experienced short trips. Make sure girls take some short trips before they progress to a full day trip.

Overnight trips:



A trip of one—or possibly two—nights away could start with one night of camping and progress to a visit to a state or national park, or nearby city for sightseeing, staying in a hotel, motel, or campground—or even an overnight at a large museum! These short trips are just long enough to get girls excited about travel, but not long enough to generate homesickness.

Regional trips:



Girls can travel a few hours away from home for three or four nights of camping or staying in a hotel, motel, or hostel.

National trips:

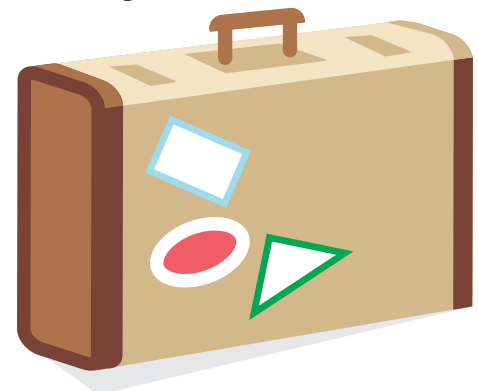


Travel anywhere in the country! National trips can often last a week or more. Consider trips that offer some educational components—such as incredible cities, historic sites, and museums around the country.

International trips:



Traveling around the world can require one to three years of preparation. Ensure passports, documentation, visas, and customs requirements are in order well in advance of your trip. International trips are available to Cadettes, Seniors, and Ambassadors, but only to those who have successfully participated in a progression of overnight and extended trips within Girl Scouting.



Girl Scouts Highest Awards

Ready, Set, Lead.

Girls who are ready to flex their leadership skills above and beyond the traditional badges and patches might be up for the challenge of earning one of the highest awards.

The skills and experiences she gains along the way set her up for special recognition through the Gold, Silver, and Bronze Awards. All three awards give girls the chance to do big things while supporting issues they care about. As you earn one of the Girl Scout highest awards, you'll change your corner of the world—and beyond. The possibilities are endless.

The Gold Award Committee meets once a month to review Gold Award paperwork. Once a girl's project proposal has been submitted through Go Gold Online, she will be contacted to schedule participation in her Gold Award Committee Review. This review is a requirement *before* beginning the Gold Award Project. The session gives a girl the opportunity to share her proposal with a team of volunteers dedicated to supporting her successfully in her project, and she will receive feedback/suggestions on possible areas of improvement before getting started.

Final reports must be submitted by March 1 of the year to be awarded to receive your award at the Girl Scouts' Inspired by a Girl Ceremony. It is strongly encouraged that 12th grade girls submit their proposal before March 1 of their Senior Year.

Gold Award Committee Review dates:

October 2023 - August 2024

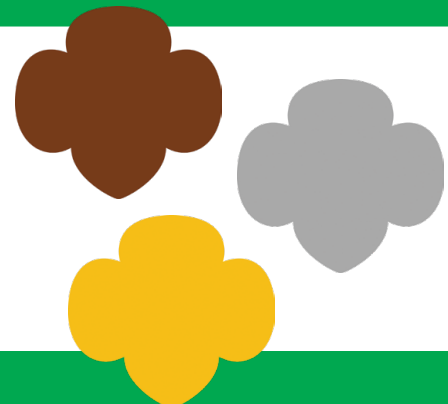
- Sunday, October 22
- Sunday, November 19
- Sunday, January 7
- Sunday, February 4
- Sunday, April 14
- Sunday, May 19
- Sunday, June 2
- Sunday, August 4






Gold Award Training is required to earn this award. Check for Highest Awards training dates on the events calendar. Online versions of Gold and Silver Award Trainings are available on our website at **www.comgirlscouts.org**. Virtual or in-person sessions can be arranged by contacting **highestawards@comgirlscouts.org**.

Gold, Silver, and Bronze Awards must meet the following requirements:

- Serve to solve a community issue
- Be sustainable
- Meet the required minimum hours for completion
- Complete the required prerequisites



	 Bronze Minimum 20 hours	 Silver Minimum 50 hours	 Gold Minimum 80 hours
Solo or team	Team or solo. Troop leader should submit a final report for each girl, with girl input.	Solo or small team (up to four girls suggested).	Solo project
Pre-Requisites	Junior Girl Scout Journey	Cadette Girl Scout Journey	Girl Scout Silver Award and one Senior or Ambassador Journey OR Two Senior or Ambassador Journeys
Approval	Approved by leader. Projects do not need to be pre-approved by the council unless the project is on council property.	NEW THIS YEAR! Project must be pre-approved by Council. Girls or teams working on their Silver Award will create a proposal to submit to their Troop Leader, who will submit to Council when ready for approval.	Projects must be pre-approved by the council Gold Award committee, which meets once a month.
Deadlines	Final reports must be submitted no later than the September 30th following 5th grade promotion or graduation.	Must be finished and final report submitted by the September 30th following 8th grade promotion or graduation. Final report must be submitted by March 1 to be included in that year's Inspired by a Girl Ceremony.	Girls have until the September 30th following their High School graduation to have their Gold Award final report approved by the Gold Award Committee. Final report must be submitted by March 1 to be included in that year's Inspired by a Girl Ceremony.
Recognitions	Girls who submit a final report will receive a congratulatory letter from GSCV. Bronze Award pins, patches, and certificates can be purchased during shop hours at the Girl Scout Council Shop.	Girls who submit a final report will receive a congratulatory letter from GSCV. Silver Award pins, patches, and certificates can be purchased during shop hours at the Girl Scout Council Shop.	Once the final report has been approved by Council, the girl will receive her Gold Award pin in the mail along with a congratulatory letter in approximately 2-3 weeks. Additional certificates from GSUSA will be sent to the Gold Award Girl Scout when received.
Resources	Bronze Award Guidelines for Girls, Guidelines for Adults, Final report, GSUSA FAQs.	NEW Silver Award Suite! Silver Award Cadette Workbook, Silver Award Proposal, Silver Award Final report, GSUSA FAQs.	Your Guide to Going Gold, Gold Award Guidelines for Girls, Guidelines for Adults, Final report, GSUSA FAQs.
Trainings	Online training for adults is available. Need help? highestawards@comgirlscouts.org	In-person Highest Award Trainings. Online training for girls and adults is also available. Training is highly recommended. Need help? highestawards@comgirlscouts.org	In-person Highest Award Trainings. Online training for girls and adults is also available. Training is required. Need help? highestawards@comgirlscouts.org

Gold/Silver Trainings in Detail

Gold & Silver Award Girl Scouts are the dreamers and the doers who take the phrase “make the world a better place” to the next level. Seniors and Ambassadors who earn the Gold Award tackle issues that are dear to them and drive lasting change in their communities and beyond. Think of the Gold Award as a key that can open doors to scholarships, preferred admission tracks for college, and amazing career opportunities.

If you are ready to explore becoming a Gold Award Girl Scout, participating in training is the first step!

Gold/Silver Award Training

In-person training dates

- Monday, October 16th, 6:00 PM – GSCV Service Center, Richmond
- Monday, November 6th, 6:00 PM – Ebenezer United Methodist Church, Stafford

Virtual (Zoom) training dates:

- Monday, September 18th, 5:00 PM
- Monday, November 13th, 5:00 PM
- Monday, January 29th, 5:00 PM

To register for these trainings, please complete the Qualtrics form on our website. You will then be contacted with the Zoom link.

A recorded training is available on our website at www.comgirlscouts.org under Our Program, Highest Awards.

Brainstorming Sessions

Brainstorming sessions will be held throughout the year for girls considering their project and wanting to discuss it with a member or the Gold Award Review Committee prior to submitting her proposal. This step is optional and not a requirement. To participate, please complete the Qualtrics form on our website. You will then be contacted with the Zoom link. These brainstorming sessions will be held on:

- Monday, September 18th, 6:00 PM
- Monday November 13th, 6:00 PM
- Monday, January 29th, 6:00 PM



Gold Award Checklist

Prerequisites: Complete two Senior or Ambassador Journeys (including the Take Action projects) or one Senior or Ambassador Journey and your Silver Award.

Required: Complete training and the brief quiz following the training. Training can be completed in a live virtual session or through a recorded version. Information on both can be found on our website at www.comgirlscouts.org, along with the brief quiz.

Optional: Attend a brainstorming session with a member of the Gold Award Review Committee. This is a great way to vet your ideas and determine if you are on the right track.

Required: Set up your Go Gold account at gogold@girlscouts.org and complete/submit your proposal. If for some reason you can't input your information on the Go Gold site, contact us at HighestAwards@comgirlscouts.org and we will assist you. After you upload your project proposal, you will either be asked to provide additional information or be contacted to schedule your review.

Required: Attend a review session with the Gold Award Review Committee once you submit your proposal.

Required: Complete the project.

Required: Complete the final report on the Go Gold site. After you submit your final report, you will either be contacted for additional information or receive a congratulatory email followed by a letter. In addition, we will ask you for important information regarding your official Gold Award pin. Recipients may receive their pin via mail or at a larger ceremony recognizing all Gold Award Girl Scouts.

What's Next: Host a celebration with your family and friends! Be sure to thank your support team. You will be notified of any additional opportunities for Gold Award Girl Scouts, such as celebratory events or scholarship opportunities. You will forever hold the distinction of being a Gold Award Girl Scout.

If at any point you need additional support, please contact Highestawards@comgirlscouts.org.



Adult Training

gsLearn

Have you seen gsLearn lately? If not, stop in to view your dashboard, which is populated with the latest Girl Scout knowledge and fun troop leader tips.

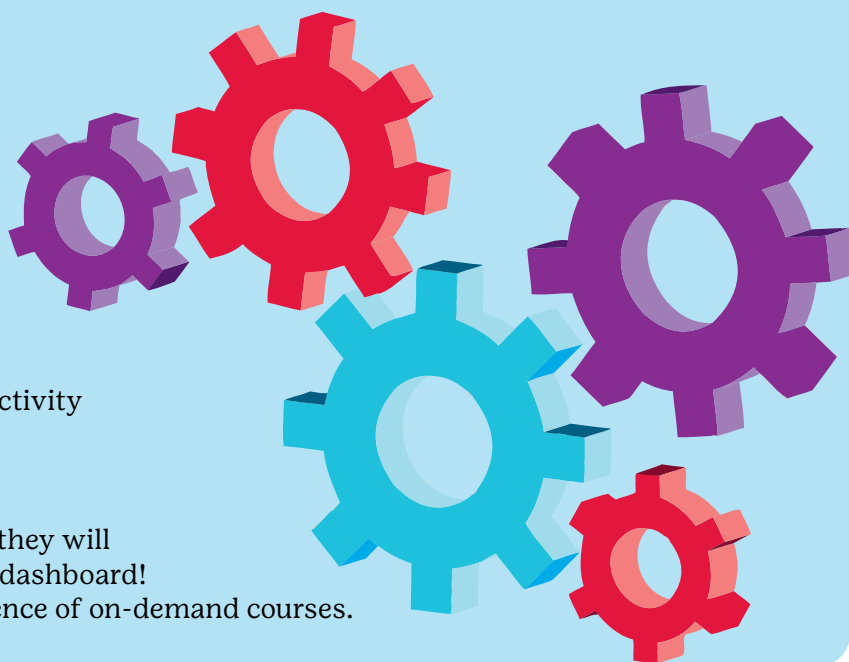
gsLearn is full of essential volunteer training and courses, like how to lead activities the Girl Scout way, safety procedures, and advice for guiding Girl Scouts at every grade level.

gsLearn is Girl Scouts' official online and on-demand training tool. It empowers volunteers to complete trainings as they work best for them. Volunteers have access to Girl Scout-specific trainings that support consistency across the Girl Scout Movement.

gsLearn is accessible through your MyGS portal and in your home page menu under the Volunteer Toolkit option. The courses available to you are located on your home page in gsLearn. Courses available now include:

- Bank Account Basics
- Brownie Level Essentials
- Daisy Level Essentials
- Daisy Petal Introduction
- Delivering Inclusive Program
- Girl Scouts in the Outdoors
- Junior Level Essentials
- Junior-to-Cadette Transition
- Mental Wellness 101
- New Leader Onboarding Series
- Planning a Troop Trip & High-Risk Activity
- Safety Activity Checkpoints 101
- Troop Basics

Courses are added during the year, and they will automatically show on your home page dashboard!
Try out gsLearn and enjoy the convenience of on-demand courses.



New Leader Training - easy as 1,2,3!

It is such an exciting time when you become a Girl Scout troop leader. Girls are ready, and we want to help you get ready for this amazing adventure. The training courses required are listed below and are available in-person or on-demand to fit your schedule. To access all options, simply email gshelper@comgirlscouts.org.

1. GSUSA Foundation Series/New Leader Onboarding: What Girl Scouts Do
2. Troop Basics
3. Age-Level Essentials

First Aid

First aid/CPR certification can be taken locally to support busy schedules and convenience. Following the GSUSA-approved vendor listing below, you can obtain first aid/CPR training from the following vendors, which offer options in all GSCV regions:

- American Red Cross
- National Safety Council
- EMP America
- American Heart Association
- American Safety and Health Institute (ASHI)
- Medic

All GSCV regions have first aid/CPR classes offered from the partners above, but your best source of support is your service unit, where you have a network of Girl Scout leaders ready to share their knowledge for resources in your local area!

Volunteers who provide a necessary skill to their troop in being the First Aider often have their training paid by troop funds. In the event the troop funds are not healthy enough to cover the cost, GSCV will help defray costs with up to a \$50 reimbursement each for up to two volunteers per troop every two years.

To request a reimbursement, submit your certification, receipt, and request for first aid/CPR training reimbursement form to gshelper@comgirlscouts.org.

Quick troop tip: A medical professional can also serve as your first aider. They will just need to complete a quick form acknowledging their willingness to serve in that role. Forms can be found on our website under Forms and Publications.



Get Outdoors!

Beginning Camping
Saturday, September 16, 2023
8:30 AM – 3:30 PM

OR

Beginning Camping
Saturday, October 28, 2023
8:30 AM – 3:30 PM

Pamunkey Ridge Girl Scout Camp

Time to get outdoors! The Beginning Camping course is designed for leaders and troops who want to take their troop camping but have little camping experience. Upon completion of this course, you will be certified to take your Girl Scout Troop on a camping trip in the backyard, in a permanent structure such as a state park cabin, or Girl Scout Camp. The course follows progression in the outdoors and is specifically designed for Daisy, Brownie, and Junior Leaders. We can't wait to see you at training! This course takes place in a single day.

Those who want to take their troop tent camping must attend the Intermediate Camping course.

Intermediate Camping
**Prep session (required):*
Tuesday, October 3, 2023, 6:00 PM – 9:00 PM
October 13 – October 15, 2023
Friday night (optional),
Saturday 9:00 AM – Sunday 1:00 PM

Time to get outdoors and camp! The Advanced Camping course is designed for leaders and troop volunteers seeking to take their troop tent camping. This course will give leaders and volunteers hands-on experiences so they can successfully lead girls on outdoor experiences for multiple nights. Girl Scouts has so much to offer through outdoor experiences, and you will gain knowledge, skills, and

practical experience to prepare you to plan and manage overnight camping adventures. You will learn a variety of safety techniques for fires, cooking, and camps. You will also receive valuable tips & tools for fires, cooking, program planning, clean up, packing, and planning.

This two-day course includes an overnight at camp and a required prep session, held approximately two weeks prior to the Intermediate Camping course weekend.

*The required prep session will take place in metro Richmond.

Outdoor Cooking

Date: Saturday, November 11, 2023
Time: 10:00 AM – 4:00 PM
Location: Camp Pamunkey Ridge
Cost: \$10.00 each

Tired of cooking the same meals each time your troop goes camping? Join experienced GSCV Outdoor Trainers for a day of cooking and eating! You will have the opportunity to try out a variety of cooking techniques, as well as sample what you cook. Included will be use of a Dutch Oven, Box Oven, Foil Packs, Stick Cooking, and just-for-fun methods such as baking rolls in a flowerpot. Participants will receive copies of recipes cooked during the session.

Check S'more News for the registration link.



Archery | Level I

Archery is a Girl Scout staple and a confidence boosting experience for girls. The Level 1 Archery Training is for instructors and those interested in becoming an instructor. In this training, you will become certified to bring this experience to girls in your troop, service unit, and special events! Adult instructors are required for Girl Scout archery activities, but girls 16 or older are invited to become certified instructors as well. Certification for GSCV's archery program is provided through USA Archery. USA Archery offers Level I Instructor courses in a blended learning format. Volunteers will need to complete the

knowledge portion of the course online prior to completing the in-person skills session at Pamunkey Ridge Girl Scout Camp. USA Archery Level I Instructor certification is a required course for volunteers who wish to teach beginning archery skills to Brownies through Ambassadors. In Level 1, participants learn about range safety, range setup, the steps of shooting, equipment, and equipment repair. Girls 16 years of age and older are welcome to participate. This USA Archery certification is valid for three years and renewable online through USA Archery.

Check S'more News for more information and a registration link.



Axe Throwing

Pamunkey Ridge Girl Scout Camp has an axe throwing range! Volunteers who want to lead this activity with Girl Scout Cadettes, Seniors, or Ambassadors must take the online course:

World Axe Throwing League coach certification

<https://worldaxethrowingleague.com/world-axe-throwing-league-official-coach-certification/>





Paddle sports: Canoe, Kayak, Paddle boarding

Canoe/Kayak/Standup Paddle Boarding Training

Saturday & Sunday, October 7-8, 2023

9:00 AM – 4:00 PM (both days)

Pamunkey Ridge Girl Scout Camp | \$70

OR

Saturday & Sunday, October 21-22, 2023

9:00 AM – 4:00 PM (both days)

Pamunkey Ridge Girl Scout Camp | \$70

Watercraft sports are a Girl Scout pastime and a confidence-boosting experience for girls. By taking the Canoe, Kayak, and Standup Paddleboard (SUP) Certification, you will become certified to bring this experience to girls in your troop, service unit, and special events! Certified adult instructors are required for Girl Scout canoeing, kayaking, and SUP.

Sync Your Knowledge

Virtual

Thursday, October 26, 2023

Thursday, November 30, 2023

Thursday, January 25, 2024

Thursday, February 29, 2024

Thursday, March 28, 2024

Thursday, April 25, 2024

Thursday, May 23, 2024

Join us for a short, special focus topic that addresses everything leaders want to know! These virtual sessions feature a question and answer opportunity. Sync Your Knowledge is for all volunteers seeking assistance with a specific Girl Scout topic, or those who simply want to know where to find a Girl Scout resource. We are excited to have you attend Sync Your Knowledge once or several times throughout the year. Let us know you are joining by using the link to register! Once registration is confirmed, you will receive the Zoom information.

<https://rb.gy/sklhf>

Service Units! If you would like a Sync Your Knowledge session at your service unit meeting, please contact the Help Desk, gshelper@comgirlscouts.org, to schedule.



Service Unit Camping

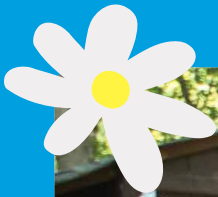
Camping is a highlight of many girls' experiences in Girl Scouting and creates memories that last a lifetime. Troop and/or Service Unit Camping is an opportunity for adult volunteers who have the proper training to take a group of girls camping on one of the two GSCV properties. Troops and/or Service Units (multiple troops from the same geographic area) provide the programming activities and meals during these camping adventures.

Service units and troops reserve camping space by going to the GSCV camping reservation system. This allows groups to choose where they will camp on the property and reserve activity times, dining hall use, etc., based on availability.

Dates

Sept 15 – 17	Nov 10 – 12	Feb 2 – 4	Apr 12 – 14
Sept 22 – 24	Dec 1 – 3	Feb 16 – 18	Apr 19 – 21
Oct 6 – 8	Dec 8 – 9	Feb 23 – 25	Apr 26 – 28
Oct 13 – 15	Jan 12 – 14	Mar 8 – 10	May 3 – 5
Oct 27 – 29	Jan 19 – 21	Mar 22 – 24	





girl scouts 
of the commonwealth
of virginia

4900 Augusta Ave., Suite 200, Richmond, VA 23230
www.comgirlscouts.org • gshelper@comgirlscouts.org
804-746-0590 • 800-4SCOUT4 toll-free

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New: Text NEXT to 59618 to join!