

# S'more News

exclusively for leaders and volunteers



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## September 20, 2023 Edition

### In this issue:

- Register for Kickoff!
- On-Time Membership
- Program Events & Activities
- Fall Product Program
- New Event Registration!
- Feature Your Troop
- Training Opportunities
- Adult Awards
- Troop Essentials

## Two Kickoff 2023 Dates Remain: Register Now!



October 3, 2023 | 6:30 p.m.

- Molly T. Fuller, Chief Executive Officer, State of the Council address
- Program Event & Activity Guide
- Camp Reservation Platform
- Mental Wellness Programming
- Looking Ahead...Cookie Program

October 5, 2023 | 6:30 p.m.

- Molly T. Fuller, Chief Executive Officer, State of the Council address
- Program Event & Activity Guide
- Camp Reservation Platform
- Mental Wellness Programming
- Looking Ahead...Cookie Program

Tuesday | October 3, 2023 | 6:30 p.m.

Thursday | October 5, 2023 | 6:30 p.m.

[Secure your spot here](#)

[Secure your spot here](#)

We will be sharing the same content with you Tuesday, October 3rd and Thursday, October 5th, so choose which evening you would like to attend. See you at Kickoff!

## It's Time to Renew!



Your Year of

Fun

- ✓ Gear up for cool field trips.
- ✓ Make forever friends.
- ✓ Dream up a game to teach your troop.

The start of the new Girl Scout year is just around the corner, and we don't want you to miss a minute of ***Your Year of Fun!*** On-time registration is now open through September 30th. The new membership year begins on October 1st.

**Click here** to renew your Troop, individual Girl or Adult membership now. If you have questions, call or email the Help Desk at 804-746-0590 or **[gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)**.

## Program Events and Activities

### GSCV Treat Yourself: Fall Product Program

If you were unable to attend our virtual Fall Product Training on September 12<sup>th</sup>, a recording is available on our website.

[Watch the Recording Here!](#)



We've gotten off to a great start in our Fall Product Program!

If your troop hasn't already created their avatars and gotten started, they can visit [www.gsnutsandmags.com/GSCV](http://www.gsnutsandmags.com/GSCV). Don't miss out on this opportunity for girls to learn important life skills while earning money to fund their Girl Scout adventures. If you have questions, please contact the help desk at [\*\*gshelper@comgirlscouts.org\*\*](mailto:gshelper@comgirlscouts.org)

It's time to name our Ocelot!

Have your girls learn about the endangered Ocelot and suggest names for our Fall Product Program Mascot. Send one fact about the Ocelot and a suggested name to [\*\*gshelper@comgirlscouts.org\*\*](mailto:gshelper@comgirlscouts.org).



The names will be voted on and the winner announced in October.

### **Key Dates for 2023**

**October 3:** Last day for parents/guardians to enter order form orders in the M2 site

**October 5:** Last day for troop leaders to enter order form orders in the M2 site

**October 20:** Fredericksburg Drive Thru

**October 21:** Richmond and Chesterfield Drive Thru

**October 23 -24:** Rural Deliveries

**October 26:** Second Chance Order pick up Fredericksburg

**October 27:** Second Chance Order pick up Richmond and Chesterfield

**November 9:** Last Date to purchase magazines, nuts and candy online

**November 10:** ACH draft for troop payment

## **REGISTRATION IS OPEN FOR ALL OCTOBER EVENTS!**

It's almost time for a new membership year here at GSCV and WE. ARE. READY! We have so many exciting events and activities planned that we cannot wait to share with you in our Program Events & Activities Guide.

Ready to sign up for October's events? Check out the list of the newest events available for you:

**[10/9 – Inhale Confidence, Exhale Doubt Workshop \(J\)](#)**

**[10/9 – Inhale Confidence, Exhale Doubt Workshop \(C\)](#)**

**[10/9 – Inhale Confidence, Exhale Doubt Workshop \(S,A\)](#)**

**[10/12 – Do the Robot! \(D,B,J\)](#)**

**[10/14 – Do the Robot! \(D, B, J\)](#)**

**[10/14 – Do the Robot \(C, S, A\)](#)**

**[10/14 – Tough Cookie \(D,B,J\)](#)**

**[10/14 – Tough Cookie \(C,S,A\)](#)**

**[10/14 – CodeVa \(B\)](#)**

**[10/14 – CodeVa \(J\)](#)**

**[10/14 – CodeVa \(C\)](#)**

**[10/14 – RVA Paddlesports \(B,J\)](#)**

**[10/14 – RVA Paddlesports \(C,S,A\)](#)**

**[10/20 – Camping 101\(B,J,C,S,A\)](#)**

**[10/22 – Say Hello to Camp\(D,B,C,S,A\)](#)**

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## **SPOTLIGHT**

Join Us!  
**Inhale Confidence,  
Exhale Doubt  
Workshop**

Monday,  
October 9, 2023  
6:00 PM  
@  
GSCV Office

**REGISTER  
NOW!**

Juniors  
Cadettes  
Seniors  
Ambassadors

**10/9 – Inhale Confidence, Exhale Doubt Workshop (Junior - Cadette)**

Older Girl Scouts will learn tactics for practicing self-care, coping with difficult situations, and helping themselves and others.

**Juniors** receive the Knowing My Emotions Patch. **Cadettes** receive the Finding My Voice Patch. **Seniors and Ambassadors** receive the Showing Up for Me and You Patch.

[Register for Inhale Confidence, Exhale Doubt - Junior](#)

[Register for Inhale Confidence, Exhale Doubt - Cadette](#)

[Register for Inhale Confidence, Exhale Doubt - Senior & Ambassador](#)

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## **SPOTLIGHT**

**10/14 – RVA Paddlesports (Brownie - Ambassador)**

Explore the James River while rafting in Virginia! All water levels can have an amazing journey rafting the James River from Pony Pasture to 14th Street. Enjoy the beautiful scenery, the city skyline, thrilling rapids, and



lunch on an island. Lunch will be provided.  
Difficulty: Class I-IV Rapids



Register for RVA Paddlesports - Brownie & Junior

Register for RVA Paddlesports - Cadette, Senior, and Ambassador

## Pathway Passes

Pathway Passes earned in the 2023 Cookie Program will expire on Saturday, September 30th. Come to the Girl Scout retail shop to use your passes, or call our Help Desk (Monday- Friday 8:30a.m. - 4:30p.m.) to redeem for your membership registration.

## Happy Hispanic Heritage Month!



Do you know why Hispanic Heritage Month is celebrated from September 15th

through October 15th each year? The celebration begins in the middle of the month because it coincides with the anniversary of independence for Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua, followed by Mexico on September 16th, Chile on September 18th, and Belize on September 21st.

The month celebrates the histories, cultures, and contributions of U.S. Latinos who are of Spanish, Mexican, Caribbean, and Central or South American origins.

Let's come together to honor and embrace the rich cultural traditions of the Hispanic community! Ready to kick off your celebrations? Check out the below activities and unlock the special Girl Scouts Hispanic Heritage patch here: <https://bit.ly/43ZOWqx>

- Learn a Hispanic or Latin dance (try salsa, merengue, flamenco, or tango!) then teach it to your friends or family.
- Make a music playlist featuring 10 different artists from 10 different Hispanic countries. Share the list (and some info about the artists) around!
- Find a recipe you can make with your friends or family that originates in one of the 21 countries generally included in Hispanic Heritage Month celebrations. Then make and enjoy it and talk about its origin!
- Learn about the differences between the term Hispanic and Latino/a.
- Discover all you can about Our Cabaña: its history, location, style, and the programs offered. Share it with your friends.

## Girl Scout Destinations



### Sisterhood at Sangam

#### USA Girl Scouts Overseas Destination

Senior and Ambassador Girl Scouts, are you ready for your next great adventure?

Join your USAGSO sisters on a trip to the Sangam WAGGGS World Center in India in March 2024.

For questions, please contact [overseasasia@girlscouts.org](mailto:overseasasia@girlscouts.org)

Applications due October 1st, 2023.

To apply or get more information, visit:

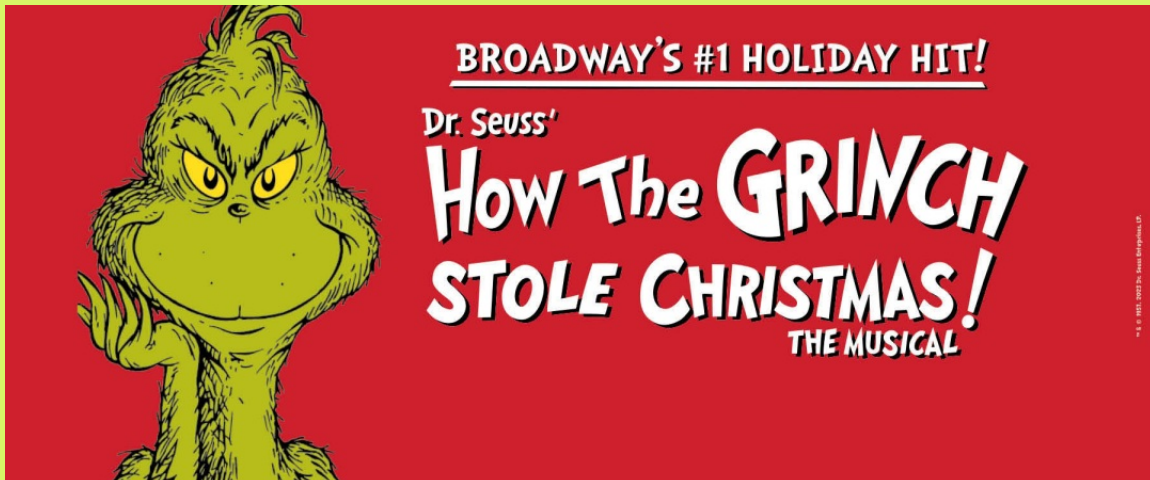
<https://www.girlscouts.org/en/members/for-girl-scouts/ways-to-participate/Travel/travel-events/sisterhood-at-sangam.html>

## Girl Scout Nights at the Altria Theatre!



Disney will offer a 30% discount on group tickets (10 or more) to Girl Scouts for the **Thursday, October 19 at 7:30 PM** performance of Frozen at Altria Theater.

Get Your Tickets!



Altria will offer a 30% discount to Girl Scout groups for our Thursday **December 14th show at 7:00 PM** for [Dr. Seuss' How the Grinch Stole Christmas! The Musical!](#) Girl Scouts will also get fun patches and possibly a post-show talk with cast members!

\*Stay tuned for the special ticket link!



# *the* Nutcracker



The Richmond Ballet presents *The Nutcracker* on **Sunday, December 17<sup>th</sup>** at 5:30 PM!

[Exclusive Girl Scout Tickets Here!](#)



Join us at the Richmond Ballet for *Dracula* on **Saturday, February 17<sup>th</sup>** at 2:00 PM!

[Exclusive Girl Scout Tickets Here!](#)

**Feature Your Troop on Social Media!**

**WE WANT TO FEATURE YOUR  
GIRL SCOUT TROOP ON OUR  
SOCIAL MEDIA!**



Has your Girl Scout troop completed a project, taken a trip, or done something worthy of a shout out? Let us know!

**We're looking for more  
incredible Girl Scouts to feature  
on our social media.**

Submit your photos and a short description to our Director of Marketing & Communications, Janna Joyner, at [jjoyner@comgirlscouts.org](mailto:jjoyner@comgirlscouts.org). We can't wait to feature them!

## Training Opportunities

**October 7-8, 2023  
Pamunkey Ridge**

Canoe/Kayak/Stand up Paddleboard Training

**October 14-15, 2023  
Camp "Kitty" Kittamaqund**

Intermediate Camping

**October 21-22, 2023  
Pamunkey Ridge**

Canoe/Kayak/Stand up Paddleboard Training

**October 28, 2023  
Pamunkey Ridge**

Beginning Camping

**November 11, 2023  
Pamunkey Ridge**

Outdoor Cooking - registration coming soon!

**Open 24/7  
on-demand**



**Questions about training? Need assistance registering for a training course?  
Contact the GSCV help desk: [gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org)**

### Beginning Camping

Let's get your troop outside! The Beginning Camping course is designed for leaders and troops who have little camping experience and want to take their troop camping. Upon completion

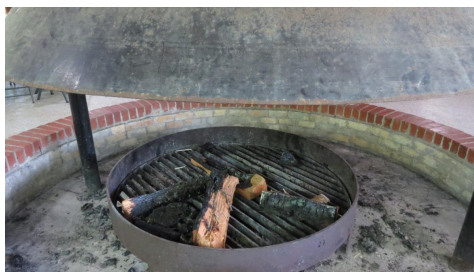
of this course, you will be certified to take your Girl Scout Troop on a camping trip in the backyard, in a permanent structure such as a cabin at a state park, or Girl Scout Camp. The course follows progression in the outdoors and is specifically designed for Daisy, Brownie and Junior Leaders. We can't wait to see you at training! This course takes place in a single day with a required prep video to watch prior to training. You will be sent the video after registration is completed and processed.



### **Beginning Camping Training:**

October 28th | 8:30 a.m.- 3:30 p.m. | Camp Pamunkey Ridge  
**registration closes October 16, 2023**

[Register here!](#)



### **Intermediate Camping**

**Required Prep Session: October 3rd | 6:00 p.m. - 9:00 p.m. | metro Richmond location**

**Training: October 14-15 | 9:00 a.m. Saturday - 1:00 p.m. Sunday (Friday night is optional) | Camp "Kitty" Kittamaqund**

Time to get outdoors! The Intermediate Camping Course is designed for leaders and troop volunteers seeking to take their troop tent camping. This course will give leaders hands-on experiences so they can successfully lead girls on outdoor experiences for multiple nights. Girl Scouts has a lot to offer through outdoor adventures and you will gain knowledge and practical training to prepare you to plan and manage overnight camping trips. You will learn a variety of safety techniques for fires, cooking and camps. You will also receive valuable tips for program planning, clean up, kapers and packing.

This training does require a Prep Session. The Prep Session will be held at a location in metro Richmond. Registration closes September 27, 2023

[Register here!](#)



### **Canoe/Kayak/Standup Paddleboard Training**

**Saturday, October 7th, 2023 & Sunday, October 8th, 2023  
9:00 a.m.-4:00 p.m. both days  
Camp Pamunkey Ridge  
Cost: \$70 | Registration closes September 27, 2023**

Or

**Saturday, October 21st, 2023 & Sunday, October 22nd, 2023  
9:00 a.m.-4:00 p.m. both days Camp Pamunkey Ridge  
Cost: \$70 | Registration closes October 11, 2023**

By taking the Canoe, Kayak, and Standup Paddleboard (SUP) Certification, you will become certified to bring this experience to girls in your troop, service unit, and special events! Certified adult instructors are required for Girl Scout canoeing,



kayaking, and SUP.

Space is limited so be sure to register right away!

You will receive an email from the trainer with details regarding what you will need to bring the day of the training. [Register here!](#)



## Outdoor Cooking

**Saturday, November 11, 2023, 10:00 a.m. - 4:00 p.m.**

**Camp Pamunkey Ridge**

**Cost: \$10.00**

**Registration closes November 3, 2023**

Tired of cooking the same old meals each time your troop goes camping? Join experienced GSCV Outdoor Trainers for a day of cooking and eating! You will have the opportunity to try out a variety of cooking techniques, as well as sample what you cook. Included will be the use of a Dutch Oven, Box Oven, Foil Packs, Stick Cooking, as well as just-for-fun methods such as baking rolls in a flowerpot. Participants will receive copies of recipes cooked during the session.

Please note that course participation space is limited, so please consider one adult volunteer from your troop attending.

[Register here!](#)

## Celebrate Excellence



# Adult Awards

Volunteers are the heart of Girl Scouting, and it is time to nominate the exceptional volunteer(s) you know in your service unit! Nominations for



the 2023 membership year close November 1st.

[Nominations for these awards are entered here.](#)

- Volunteer of Excellence
- Appreciation Pin
- Honor Pin
- Thanks Badge
- Thanks II Badge
- Community Award

[Adult Numeral Guards or Years of Service Pins are entered here.](#)

[Visit our website here for more detailed information on each award.](#)

## Retail Shop

### Start the new troop year with Girl Scout Essentials.

Uniforms, official uniform apparel, handbooks,  
and accessories. It's all here!

Back to Troop

### Checklist

- ✓ Purchase your uniform
- ✓ Customize with core insignia
- ✓ Pair uniform with official uniform apparel
- ✓ Select your handbook

Shop Now!

### Shop Hours

Monday - Friday | 10:00 a.m. - 5:30 p.m.

Saturday | 9.00 a.m. - 12:00 p.m.

Sunday | closed

[Shop online 24/7](#)

804-746-0590 • 800-4SCOUT4 toll-free  
[gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org) • [www.comgirlscouts.org](http://www.comgirlscouts.org)

office hours: Monday - Friday | 8:30 a.m. - 4:30 p.m.

shop hours: Monday - Friday | 10:00 a.m. - 5:30 p.m.  
Saturday | 9:00 a.m. - 12:00 p.m.  
Sunday | closed

S'more News is an e-publication for troop leaders and other volunteers  
of Girl Scouts of the Commonwealth of Virginia.



Girls and volunteers can text NEXT to 59618 to join!

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