

S'm re News

exclusively for leaders and volunteers

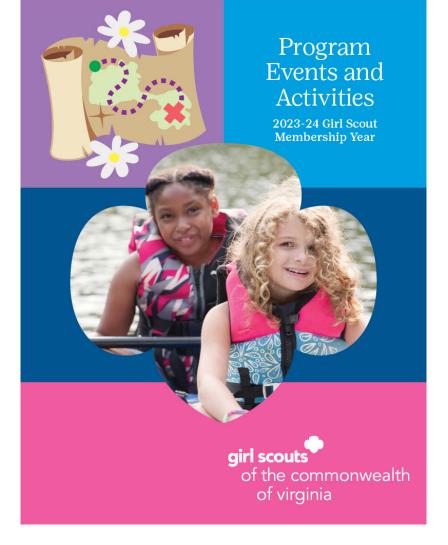


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October 4, 2023 Edition In this issue:

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The Program Events & Activities Guide is HERE!



The 2023-2024 Program Events & Activities Guide is here!

Registration for ALL events opens October 9th at 6pm.

Thank you all for your patience as we worked hard to get this year's guide to you. We've got almost 200 Program Events & Activities for all levels and have added more multi-troop options than ever before. We're truly proud of the way our staff and Community Partners have worked together to bring more programming to you this year.

Printed Program Events & Activities Guides are in the mail; look out for your copy in the coming week!

Download the Guide Now!

Final Kickoff Event is Tomorrow!



October 5, 2023 | 6:30 p.m.

- Molly T. Fuller, Chief Executive Officer, State of the Council address
- · Program Event & Activity Guide
- Camp Reservation Platform
- · Mental Wellness Programming
- · Looking Ahead....Cookie Program

Thursday | October 5, 2023 | 6:30 p.m.

Secure your spot here

See you at Kickoff!

Program Events and Activities

REGISTRATION IS OPEN FOR ALL OCTOBER EVENTS!

Ready to sign up for October's events? Check out the list of the newest events available to you:

10/14 - Do the Robot! (D, B, J)

10/14 - Do the Robot (C, S, A)

10/14 - Tough Cookie (D,B,J)

<u>10/14 – Tough Cookie (C,S,A)</u>

<u>10/14 – CodeVa (B)</u>

10/14 - CodeVa (J)

<u>10/14 – CodeVa (C)</u>

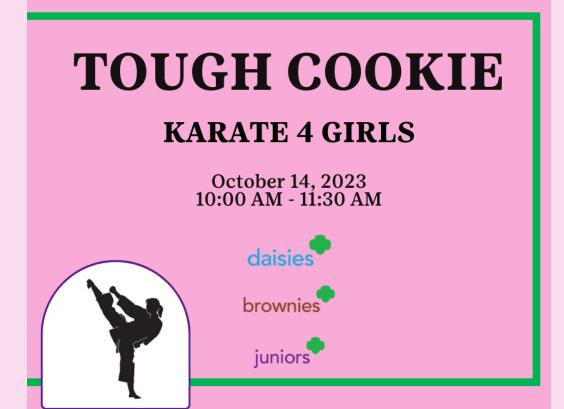
<u>10/14 – RVA Paddlesports (B,J)</u>

10/14 - RVA Paddlesports (C,S,A)

10/20 - Camping 101 (B,J,C,S,A)

<u>10/22 – Say Hello to Camp (D,B,C,S,A)</u>

SPOTLIGHT



Calling all Tough Cookies!

Join us at Camp Pamunkey Ridge on October 14th... Karate 4 Girls will introduce **Daisies thru Juniors** to the basic skills, traditions and disciplines of karate with an age specific curriculum. Classes will include exercise, basic drills and self-defense.

Register for Tough Cookie - Daisy through Junior

SPOTLIGHT

10/14 – RVA Paddlesports (Brownie - Ambassador)

Explore the James River while rafting in Virginia! All water levels can have an amazing journey rafting the James River from Pony Pasture to 14th Street. Enjoy the beautiful scenery, the city skyline, thrilling rapids, and lunch on an island. Lunch will be provided. Difficulty: Class I-IV Rapids



Register for RVA Paddlesports - Brownie & Junior

GSCV Treat Yourself: Fall Product Program

Meet Lily!



Congratulations to Evelynn B. for suggesting the winning name of "Lily" for our 3-foot stuffed Ocelot.

Now, Lily is looking for her forever home. Any Girl Scout participating in the Fall Product Program with \$50 in magazine sales will be entered into a drawing to bring this huggable 3-foot Ocelot home. You don't need to do anything to enter; simply ask your family and friends if they would like to subscribe or renew a magazine subscription in the M2 system and sell \$50 worth. Magazine sales continue through November 9th! The winner will be announced at the completion of the Fall Product Program in November.

October 5th is the final day for troop leaders to enter nut and candy orders in the M2 system.

If you need assistance let our HelpDesk know at **gshelper@comgirlscouts.org**. If it's after hours, we will be happy to assist you in the morning.

October 5: Last day for troop leaders to enter order form orders in the M2 site

October 20: Fredericksburg Drive Thru

October 21: Richmond and Chesterfield Drive Thru

October 23 -24: Rural Deliveries

October 26: Second Chance Order pick up Fredericksburg

October 27: Second Chance Order pick up Richmond and Chesterfield

November 9: Last Date to purchase magazines, nuts and candy online

November 10: ACH draft for troop payment

November 10: Deadline for rewards selections

Highest Awards



Are you a Girl Scout Cadette, Senior, or Ambassador who is interested in earning the Gold or Silver Award? If so, join us on **October 16th from 6:00p.m.** - **7:30p.m.** for our first <u>in-person</u> training!

This training will cover everything you need to know to get started on your

award journey, including:

- How to identify a community need
- How to develop a project plan
- How to get your project approved
- How to track your progress
- How to celebrate your success!

This is a required training to begin your journey to earning the highest awards in Girl Scouting.

To register, please email Cierra Hall at chall@comgirlscouts.org.

Happy Hispanic Heritage Month!



Do you know why Hispanic Heritage Month is celebrated from September 15th through October 15th?

The celebration begins in the middle of the month because it coincides with the anniversary of independence for Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua, followed by Mexico on September 16th, Chile on September 18th and Belize on September 21st. The month celebrates the histories, cultures, and contributions of U.S. Latinos who are of Spanish, Mexican, Caribbean, and Central or South American origins.

Let's come together to honor and embrace the rich cultural traditions of the Hispanic community. Ready to kick off your celebrations? Check out the below activities and unlock the special Girl Scouts Hispanic Heritage patch here: https://bit.ly/43ZOWqx

- Choose three styles of Hispanic music (mariachi, salsa, bolero, etc.), and identify the countries of origin and other interesting details.
- Make maracas—percussion instruments that are native to Cuba, Puerto Rico, and Venezuela. Decorate paper bags with paint, fill them with dried rice, and fasten with a rubber band. Then, shake away!
- Research three ingredients that are prominent in Latin American cuisines and share the info with your friends or family.
- Sing "Our Cabaña Song" at three Girl Scout gatherings. Try it in Spanish.
- Visit the Library of Congress's National Hispanic Heritage site and attend a featured exhibit or tune into a program. Then create art (in any form!) inspired by what you learn.



Join Rowdy Ram Nation for VCU Girl Scout Volleyball Night. For only \$5 a ticket, you can cheer on the Rams and receive a VCU fun patch!

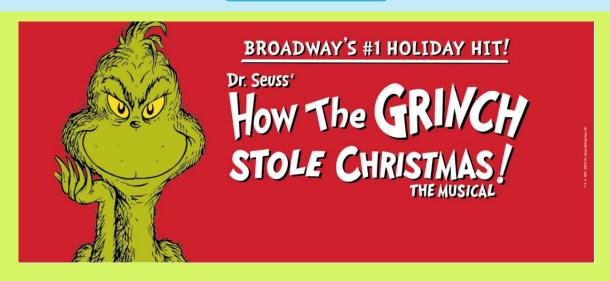
Snag Your Tickets Here

Girl Scout Nights at the Altria Theatre!



Disney will offer a 30% discount on group tickets (10 or more) to Girl Scouts for the **Thursday**, **October 19 at 7:30 PM** performance of Frozen at Altria Theater.

Get Your Tickets!



Altria will offer a 30% discount to Girl Scout groups for our Thursday **December 14th show at 7:00 PM** for **Dr. Seuss' How the Grinch Stole Christmas! The Musical**! Girl Scouts will also get fun patches and possibly a post-show talk with cast members!

*Stay tuned for the special ticket link!



The Richmond Ballet presents *The Nutcracker* on **Sunday, December** 17th at 5:30 PM!

Exclusive Girl Scout Tickets Here!

Celebrate Excellence



Volunteers are the heart of Girl Scouting, and it is time to nominate the exceptional volunteer(s) you know in your service unit! **Nominations** for the 2023 membership year close November 1st.

Nominations for these awards are entered here.

- Volunteer of Excellence
 - Volunteer of Excelle
 - Appreciation Pin
 - Honor Pin
 - Thanks Badge
 - Thanks II Badge
 - Community Award

<u>Adult Numeral Guards or Years of Service Pins are entered</u> here.

<u>Visit our website here for more detailed information on each</u> award.

Feature Your Troop on Social Media!

WE WANT TO FEATURE YOUR GIRL SCOUT TROOP ON OUR SOCIAL MEDIA!



Has your Girl Scout troop completed a project, taken a trip, or done something worthy of a shout out? Let us know!

We're looking for more incredible Girl Scouts to feature on our social media.

Submit your photos and a short description to our Director of Marketing & Communications, Janna Joyner, at jjoyner@comgirlscouts.org. We can't wait to feature them!

Training Opportunities

October 21-22, 2023 Pamunkey Ridge Canoe/Kayak/Stand up Paddleboard Training

November 11, 2023 Pamunkey Ridge **Outdoor Cooking**

Open 24/7 on-demand



Questions about training? Need assistance registering for a training course? Contact the GSCV help desk: gshelper@comgirlscouts.org

Beginning Camping

Let's get your troop outside! The Beginning Camping course is designed for leaders and troops who have little camping experience and want to take their troop camping. Upon completion of this course, you will be certified to take your Girl Scout Troop on a camping trip in the backyard, in a



permanent structure such as a cabin at a state park, or Girl Scout Camp. The course follows progression in the outdoors and is specifically designed for Daisy, Brownie and Junior Leaders. We can't wait to see you at training! This course takes place in a single day with a required prep video to watch prior to training. You will be sent the video after registration is completed and processed.

Beginning Camping Training:

October 28th | 8:30 a.m.- 3:30 p.m. | Camp Pamunkey Ridge registration closes October 16, 2023

Register here!

PLEASE NOTE: Due to low registration, we are at risk of cancelling our Paddleboard Training. It is critical that our volunteers sign up for these certifications; it helps ensure that volunteers are best equipped to serve our girls, and also keeps our council in good standing with instructors who devote their time to conducting these trainings.



Canoe/Kayak/Standup Paddleboard Training

Saturday, October 21st, 2023 & Sunday, October 22nd, 2023 9:00 a.m.-4:00 p.m. both days Camp Pamunkey Ridge Cost: \$70 | Registration closes October 11, 2023

By taking the Canoe, Kayak, and Standup Paddleboard (SUP) Certification, you will become certified to bring this experience to girls in your troop, service unit, and special events! Certified adult instructors are required for Girl Scout canoeing, kayaking, and SUP.

Space is limited so be sure to register right away!

You will receive an email from the trainer with details regarding what you will need to bring the day of the training. **Register here!**



Outdoor Cooking

Saturday, November 11, 2023, 10:00 a.m. - 4:00 p.m. Camp Pamunkey Ridge Cost: \$10.00 Registration closes November 3, 2023

Tired of cooking the same old meals each time your troop goes camping? Join experienced GSCV Outdoor Trainers for a day of cooking and eating! You will have the opportunity to try out a variety of cooking techniques, as well as sample what you cook. Included will be the use of a Dutch Oven, Box Oven, Foil Packs, Stick Cooking, as well as just-for-fun methods such as baking rolls in a flowerpot. Participants will receive copies of recipes cooked during the session.

Please note that course participation space is limited, so please consider one adult volunteer from your troop attending.

Register here!

Retail Shop

Dive into the troop year with exciting new badges and handbooks. Get ready for amazing adventures in art, science, and innovation.

Here's what's new for Back to Troop.







Shop Now!

Shop Hours

Monday - Friday | 10:00 a.m. - 5:30 p.m. Saturday | 9.00 a.m. - 12:00 p.m. Sunday | closed

Shop online 24/7

Girl Scouts of the Commonwealth of Virginia

804-746-0590 • 800-4SCOUT4 toll-free

 $\underline{gshelper@comgirlscouts.org} \bullet \underline{www.comgirlscouts.org}$

office hours: Monday - Friday | 8:30 a.m. - 4:30 p.m.

shop hours: Monday - Friday | 10:00 a.m. - 5:30 p.m. Saturday | 9:00 a.m. - 12:00 p.m. Sunday | closed

S'more News is an e-publication for troop leaders and other volunteers of Girl Scouts of the Commonwealth of Virginia.









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