

# S'm re News

exclusively for leaders and volunteers



Pack Up. Let's Go Camping!

2022 Resident Camp is right around the corner and we cannot wait to see Girl Scouts back at camp! Check out the session highlighted below, or check out the 2022 Camp Book for more options. Trouble viewing? Click here.

#### May 25, 2022 Edition

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Attention: S'more News will move to a biweekly schedule for the summer season starting in June.



# Camp Chronicles

#### Rustic Ramblers | July 17th - 22nd

Are you an older girl looking for a bigger adventure this summer? We have you covered!

This session begins on Sunday at Camp Pamunkey Ridge and moves to Camp Kitty for a week of rustic camping and outdoor adventures. Campers will stay in platform tents, cook their dinners over the campfire, and experience the wonderful trails and waterfront that make Camp Kitty so special. Campers return to Camp Pamunkey Ridge in time for a dip in the pool and closing campfire. This is an adventure you won't want to miss.

This session will be fun no doubt, but if you are a looking for a different kind of adventure,

we have a session for you. Check out the **2022 Camp Book** for all that camp has to offer.



#### **Early Bird Registration**

We encourage all members to renew before June 3rd, 2022 for the membership year that starts October 1st, 2022. Hurry before it is too late!



**June 18th Day at Camp:** Troops with 100% renewal plus two adult renewals can attend a fun complimentary event at Camp. Troops will experience all the great things Camp Pamunkey Ridge has to offer - try out archery, ax throwing, canoeing, check out the new climbing tower, plus a scavenger hunt and water fun. Lunch will be provided by Council. Renew today for your troop to attend!

## **Training Opportunities**

Level 1 Archery Training | Saturday, June 25th | 9:00a.m.-3:00p.m. Camp Pamunkey Ridge | \$40

Archery is a Girl Scout staple and a confidence boosting experience for girls. The Level 1 Archery Training is for



instructors and those interested in becoming an instructor. In this training you will become certified to bring this experience to girls in your troop, service unit, and special events! Adult instructors are required for Girl Scout archery activities.

Certification for GSCV's archery program is provided through USA Archery. USA Archery offers Level I Instructor courses in a blended learning format. Volunteers will need to complete the knowledge portion of the course online prior to completing the inperson session at Camp Pamunkey Ridge.

USA Archery Level I Instructor certification is a required course for volunteers who wish to teach beginning archery skills to Brownies through Ambassadors. In Level 1, participants learn about range safety, range setup, the steps of

shooting, equipment, and equipment repair. Girls 16 years of age and older are welcome to participate. This USA Archery certification is valid for three years and renewable online through USA Archery.

Registration for USA Archery Level I starts at the <u>link</u>, you will receive the information to complete the required online course then attend the in-person course on Saturday, June 25th.

#### **Mental Health Month**

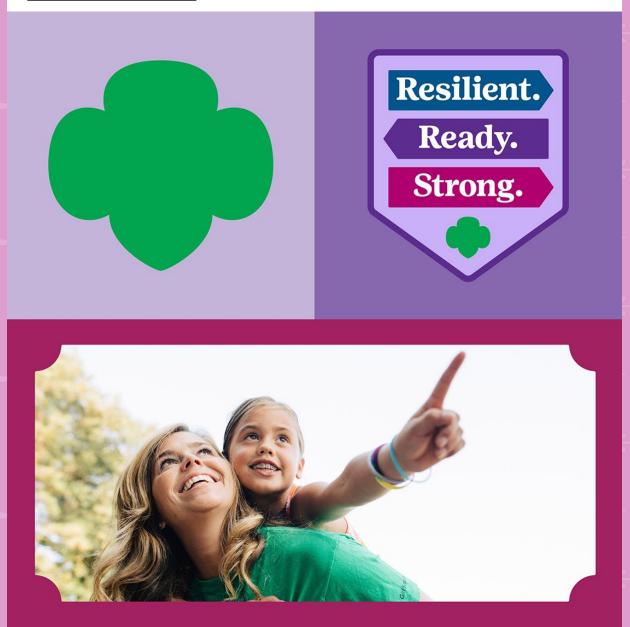
New mental wellness resources for Girl Scouts



May is Mental Health Awareness Month, and Girl Scouts have told us this is an issue they care deeply about. After all, the challenges of today's world don't only affect grownups. Young people, especially girls, are facing a mental health crisis of their own.

Girl Scouts and their families can access new resources created specifically to support mental wellbeing. With this initiative, families can supplement traditional resources with current Girl Scout programming, new adult training to help identify and address potential mental health issues, and workshops to help girls better understand mental wellness and practice skills to strengthen their resilience.

#### Access resources here.



Teach your troop that health applies to physical AND mental well-being. Sign up for our *Resilient. Ready. Strong.* training in **gsLearn** to help you tackle tough subjects that might come up as you discuss mental wellness with girls and the fun, grade-level appropriate activities in this program. You are vital in helping them develop their own healthy coping mechanisms. **Log in to myGs>gsLearn** to complete this training today—you'll walk away with a few helpful stress-busting techniques yourself!

### **Partner Program Opportunity**

Richmond SPCA | June 11th Daisy, 2:00-3:00 p.m. | Care About Animals Patch

Daisies will get a behind the scenes tour of the SPCA facility and learn how the Richmond SPCA operates. Girls will then meet some of the animals that are in the care of the SPCA. Girls will get to learn about how to read an animal's body language to aid in their care. This event is great for animal lovers and Daisies who might be unsure around animals. The best way to build animal confidence is to understand how the animal acts. Daisies will receive a Richmond SPCA patch. The deadline to register is Thursday, June 2nd.



\$15 for Girl Scouts

#### Richmond SPCA | June 11th Brownie, 11:30 a.m.-12:30 p.m. | Pet Badge

Brownie Girl Scouts will earn their Pet badge during a fun hands-on program opportunity that teaches girls about pet health and overall pet care. Brownies will tour the Richmond SPCA Humane Center and see what it takes to run an animal shelter and meet some of the animals in the shelter. Brownies will also learn about budgeting for a pet and the responsibilities that come with caring for pets. Badge included. **The deadline to register is Thursday**, **June 2nd**.

\$15 for Girl Scouts

#### **Register here!**

# Girl Scout Night at the Kickers

The Richmond Kickers are hosting Girl Scout Night this summer on Saturday, July 2nd! Girl Scout troops and families will be able to purchase discounted tickets to the game. The match starts at 7:00 p.m. with a pre-match parade around the pitch set for 5:30 p.m. Girl Scout Patches can be purchased with your ticket (patch preview coming soon). Click the link below to buy your ticket today!



Girl Scout Night at the Kickers

#### **Cookie Rewards Update**

We have an important update regarding rewards: supply chain issues are impacting the rewards for our 2022 Cookie Program. Due to the supply chain impact, the plush koalas and the koala slippers are not expected to arrive until October. We recognize these are popular rewards and hope you can explain to girls that the rewards are simply delayed and will arrive in October. In place of the delayed items, girls will receive a plush fox and a "Bee Amazing" bath towel this spring. Once again, the plush koalas and slippers are expected to arrive in the fall as they are delayed due to supply chain

issues.

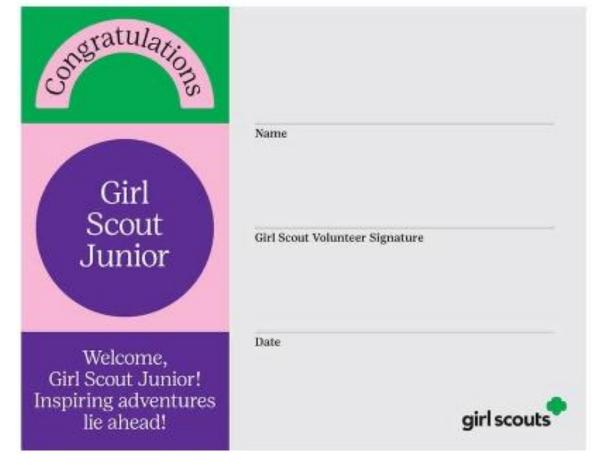


# **Retail Shop Update**

# That's a wrap on a great troop year.

Get ready to bridge to the next adventure.

Bridging season is upon us. Make sure your Girl Scouts are ready to leap into their next adventure. Head to the Retail Shop for everything you need.





## **Summer Hours**

The Girl Scouts of the Commonwealth of Virginia Office and Retail Shop have transitioned to Summer Hours.

#### Office

Monday-Thursday: 8:30 a.m. - 4:30 p.m.

Friday: 8:30 a.m. - 12:30 p.m. Saturday-Sunday: CLOSED

#### **Retail Shop**

Monday-Thursday: 10:00 a.m.-5:30 p.m.

Friday: 8:30 a.m.-12:30 p.m. Saturday: 9:00 a.m.-12:00 p.m.

Sunday: CLOSED

In observance of Memorial Day, the Retail Shop will be closed on Saturday, May 28th and the GSCV Office and Retail Shop will be closed Friday, May 27th and Monday, May 30th.

#### Girl Scouts of the Commonwealth of Virginia

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S'more News is an e-publication for troop leaders and other volunteers of Girl Scouts of the Commonwealth of Virginia.









Girls and volunteers can text NEXT to 59618 to join!