

S'm re News

exclusively for leaders and volunteers



Pack Up. Let's Go Camping!

2022 Resident Camp is right around the corner and we cannot wait to see Girl Scouts back out at Camp Pamunkey Ridge! Check out the session highlighted below, or check out the 2022 Camp Book for more options. Trouble viewing? Click here.

May 18, 2022 Edition

In this issue

- S'more News Update
- Camp Chronicles
- Early Bird
- Training Opportunities
- Community Partner Program
- Mental Health Month
- Save the Date
- Shop Update
- Summer Hours

Attention: S'more News will move to a biweekly schedule for the summer season starting in June.



Camp Chronicles

Water, Water, Everywhere | July 10th - 15th

The sun is shining, the only thing missing is - WATER!

This week at Camp is set to be a splashing good time! The water-themed week will be filled with water-focused adventures all around camp – from the pool to the lake, and a water carnival in between on WOW Wednesday. Campers will learn about the wonderful world that exists below the water as they explore how they can be a friend to nature and protect the waterways around them.

This session will be fun no doubt, but if you are a land-lover, we still have the session for you. Check out the **2022 Camp Book** for all that camp has to offer.

Early Bird Registration

We encourage all members to renew between now



and June 3rd, 2022 for the membership year that starts October 1st, 2022.

Bonus Events: Tomorrow evening is the exclusive virtual event with Kristen Bell for all girls that renewed before May 13th.

Click the graphic above to learn more about the great benefits of renewing your membership as an Early Bird.



June 18th Day at Camp: Troops with 100% renewal plus two adult renewals can attend a fun complimentary event at Camp. Troops will experience all the great things Camp Pamunkey Ridge has to offer - try out archery, ax throwing, canoeing, check out the new climbing tower, plus a scavenger hunt and water fun. Lunch will be provided by Council. Renew today for your troop to attend!

Training Opportunities

Level 1 Archery
Training | Saturday,
June 25th | 9:00a.m.3:00p.m.
Camp Pamunkey Ridge
| \$40

Archery is a Girl Scout staple and a confidence boosting experience for girls. The Level 1 Archery Training is for



instructors and those interested in becoming an instructor. In this training you will become certified to bring this experience to girls in your troop, service unit, and special events! Adult instructors are required for Girl Scout archery activities.

Certification for GSCV's archery program is provided through USA Archery. USA Archery offers Level I Instructor courses in a blended learning format. Volunteers will need to complete the knowledge portion of the course online prior to completing the inperson session at Camp Pamunkey Ridge.

USA Archery Level I Instructor certification is a required course for volunteers who wish to teach beginning archery skills to Brownies through Ambassadors. In Level 1, participants learn about range safety, range setup, the steps of

shooting, equipment, and equipment repair. Girls 16 years of age and older are welcome to participate. This USA Archery certification is valid for three years and renewable online through USA Archery.

Registration for USA Archery Level I starts at the <u>link</u>, you will receive the information to complete the required online course then attend the in-person course on Saturday, June 25th.







Teach your troop that health applies to physical AND mental well-being. Sign up for our *Resilient. Ready. Strong.* training in **gsLearn** to help you tackle tough subjects that might come up as you discuss mental wellness with girls and the fun, grade-level appropriate activities in this program. You are vital in helping them develop their own healthy coping mechanisms. **Log in to myGs>gsLearn** to complete this training today—you'll walk away with a few helpful stress-busting techniques yourself!

Partner Program Opportunity

Girl Scout Night at the Fred Nats

The Fredericksburg Nationals are hosting their first Girl Scout Night on Wednesday, May 25th! Girl Scout troops and families will be able to purchase discounted tickets to the game. There will be a pre-game parade as well for all the troops who purchase group tickets.

Girl Scout Patches will be available as well. You can purchase your ticket **here.**





Maymont - Richmond | May 28th | 10:00 a.m.-12:30 p.m. Animal Habitats

Ready to earn your Animal Habitats Badge? Join the team at Maymont to find out more about where animals live, how they play, and how humans can help them! Together we will learn about animals.

\$30 for Girl Scouts \$10 for adults

Register here!

Girl Scout Night at the Kickers

The Richmond Kickers are hosting Girl Scout Night this summer on Saturday, July 2nd! Girl Scout troops and families will be able to purchase discounted tickets to the game. The match starts at 7:00 p.m. with a pre-match parade

around the pitch set for 5:30 p.m. Girl Scout Patches can be purchased with your ticket (patch preview coming soon). Click the link below to buy your ticket today!

Girl Scout Night at the Kickers



Mental Health Month

New mental wellness resources for Girl Scouts



May is Mental Health Awareness Month, and Girl Scouts have told us this is an issue they care deeply about. After all, the challenges of today's world don't only affect grownups. Young people, especially girls, are facing a mental health crisis of their own.

Girl Scouts and their families can access new resources created specifically to support mental wellbeing. With this initiative, families can supplement traditional resources with current Girl Scout programming, new adult training to help identify and address potential mental health issues, and workshops to help girls better understand mental wellness and practice skills to strengthen their resilience.

Access resources here.

Save the Dates:

Stellar Seller

The Cookie Stellar Seller event will be held at Camp Pamunkey Ridge on Sunday, June 5th. This event will recognize all



parade.

girls selling 750 or more cookie packages.

The Cookie Boss -Night at The Diamond

The Night at The Diamond with the Flying Squirrels will be held Friday, June 10th. Two tickets will be available to all girls who sell 500 or more

packages of cookies. Additional tickets will be for sale on the Flying Squirrels website and all Girl Scout families are welcome to attend.

If you did not quite get to the 500 level, you can join your sister Girl Scouts for the game on Friday, June 10th. All Girl Scouts and their chaperones will be invited to participate in a pre-game parade; arrive by 5:40 p.m. to line up for the parade. Visit the **Flying Squirrels** website or contact Garrett Erwin at **garrett.erwin@squirrelsbaseball.com** to order your tickets today. Tickets include a commemorative patch (while supplies last) and participation in the

Spreading Cookie Joy



Girl Scout Troop 233 was proud to deliver a cookie donation to the Virginia State

Police Division I for all officers to enjoy.

Retail Shop Update

That's a wrap on a great troop year.

Get ready to bridge to the next adventure.

Bridging season is upon us. Make sure your Girl Scouts are ready to leap into their next adventure. Head to the Retail Shop for everything you need.





Summer Hours Begin - Friday, May 6th

The Girl Scouts of the Commonwealth of Virginia Office and Retail Shop will be transitioning to Summer Hours on Friday, May 6th.

Office

Monday-Thursday: 8:30 a.m. - 4:30 p.m.

Friday: 8:30 a.m. - 12:30 p.m. Saturday-Sunday: CLOSED

Retail Shop

Monday-Thursday: 10:00 a.m.-5:30 p.m.

Friday: 8:30 a.m.-12:30 p.m. Saturday: 9:00 a.m.-12:00 p.m.

Sunday: CLOSED

In observance of Memorial Day, the Retail Shop will be closed on Saturday, May 28th and the GSCV Office and Retail Shop will be closed Friday, May 27th and Monday, May 30th.

Girl Scouts of the Commonwealth of Virginia

804-746-0590 • 800-4SCOUT4 toll-free **gshelper@comgirlscouts.org** • **www.comgirlscouts.org**

S'more News is an e-publication for troop leaders and other volunteers of Girl Scouts of the Commonwealth of Virginia.









Girls and volunteers can text NEXT to 59618 to join!