

# S'more News

exclusively for leaders and volunteers



## Girl Scouts love State Parks

Check out the great events that our partner Virginia State Parks have lined up for Girl Scouts! There are many adventures to go on and badges to earn.

[Trouble viewing? Click here.](#)

## August 31, 2022 Edition

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**GSCV will be closed September 2nd-5th**



# Ready, set, Go Gold!

Gold Award Girl Scouts are the dreamers and the doers who take “make the world a better place” to the next level. Seniors and Ambassadors who earn the Gold Award tackle issues that are dear to them and drive lasting change in their communities and beyond. Think of the Gold Award as a key that can open doors to scholarships, preferred admission tracks for college, and amazing career opportunities. If you are ready to explore becoming a Gold Award Girl Scout, participating in training is the first step.

### Gold Award training

Virtual (Zoom) training dates:

- Tuesday, September 20, 2022, at 6:30 p.m.
- Monday, November 14, 2022, at 6:30 p.m.
- Thursday, January 12, 2023, at 6:30 p.m.
- Monday, March 13, 2023, at 6:30 p.m.

To receive the Zoom link for these trainings contact

A recorded training is available on our website at **[www.comgirlscouts.org](http://www.comgirlscouts.org)**.

Brainstorming sessions will be held throughout the year for girls considering their project and wanting to discuss it with a member of the Gold Award Review Committee prior to submitting their proposal. This step is optional and not a requirement.

**These brainstorming session dates:**

- Sunday, October 16, 2022, at 1:00 p.m.
- Sunday, November 20, 2022, at 1:00 p.m.
- Sunday, January 15, 2023, at 1:00 p.m.
- Sunday, March 19, 2023, at 1:00 p.m.
- Sunday, May 21, 2023, at 1:00 p.m.

To participate in one or all sessions contact **[HighestAwards@comgirlscouts.org](mailto:HighestAwards@comgirlscouts.org)** for the participation (Zoom) link.

## Training Opportunities

### Growing Up WILD

#### Training for Daisy & Brownie Leaders

Girl Scouts has emphasized the importance of getting outdoors for the past 110 years. Learning about the environment and having fun outdoors

helps Girl Scouts build courage, confidence and character to make the world a better place. *Growing Up WILD* builds on Girl Scout Daisy's and Brownie's sense of wonder about nature and invites them to explore wildlife. Through a wide range of activities and experiences, explore differences between living and non-living objects, basic needs and characteristics of plants and animals. Leaders will receive a troop copy of the *Growing Up WILD* guide along with other resources to help conduct the activities with their troop. The 27 *Growing Up WILD* activities support many of the Daisy and Brownie badges, including the Outdoor Art, Math in Nature, Camping and more.

**Date: Saturday, February 4th, 2023**

**Time: 1:00 p.m.-4:00 p.m.**

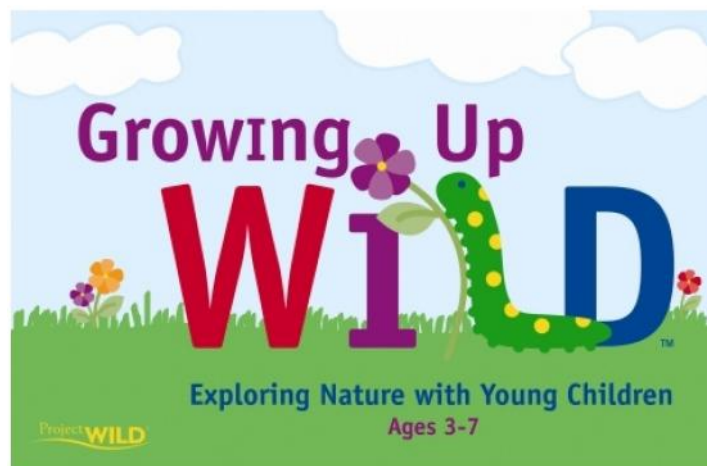
**Location: Ebenezer United Methodist Church**

**161 Embrey Mill Rd.**

**Stafford, VA 22554**

**Cost: \$10**

**Registration is open now** and closes Friday, January 27th, 2023.



# Beginning Camping

Let's get your troop outside! The Beginning Camping course is designed for leaders and troops who have little camping experience and want to take their troop camping. Upon completion of this course, you will be certified to take your Girl Scout Troop on a camping trip in the backyard, in a permanent structure such as a cabin at a state park, or Girl Scout



Camp. The course follows progression in the outdoors and is specifically designed for Daisy, Brownie and Junior Leaders. We can't wait to see you at training! This course takes place in a single day with a required prep video to watch prior to training. You will be sent the video after registration is completed and processed.

**Beginning Camping Training:** September 24th | 9:00 a.m.- 3:00 p.m. |  
Camp Pamunkey Ridge

OR

**Beginning Camping Training:** November 5th | 9:00 a.m.- 3:00 p.m. |  
Camp Pamunkey Ridge

[Register here!](#)



## Canoe Training

**Saturday, September 10th, 2022**  
**9:00 a.m. - 4:00 p.m.**  
**Camp Pamunkey Ridge**  
**Cost: \$35**

This course will cover basic paddle strokes such as forward stroke, turning strokes and the boat control strokes for operating a canoe. We will also cover important elements of small craft safety and basic water rescue to ensure you are safe in the



## Canoe/Kayak/Stand up Paddleboard Training

**Saturday, October 29th, 2022 & Sunday, October 30th, 2022**  
**9:00 a.m.-4:00 p.m. both days**  
**Camp Pamunkey Ridge**  
**Cost: \$70**

By taking the Canoe, Kayak, and Standup Paddleboard (SUP) Certification, you will become certified to bring this experience to girls in your troop, service unit, and

water. Certified adult instructors are required for Girl Scout canoeing.

Space is limited so be sure to register right away!

You will receive an email from the trainer with details regarding what you will need to bring the day of the training.

**Register today!**

special events! Certified adult instructors are required for Girl Scout canoeing, kayaking, and SUP.

Space is limited so be sure to register right away!

You will receive an email from the trainer with details regarding what you will need to bring the day of the training.

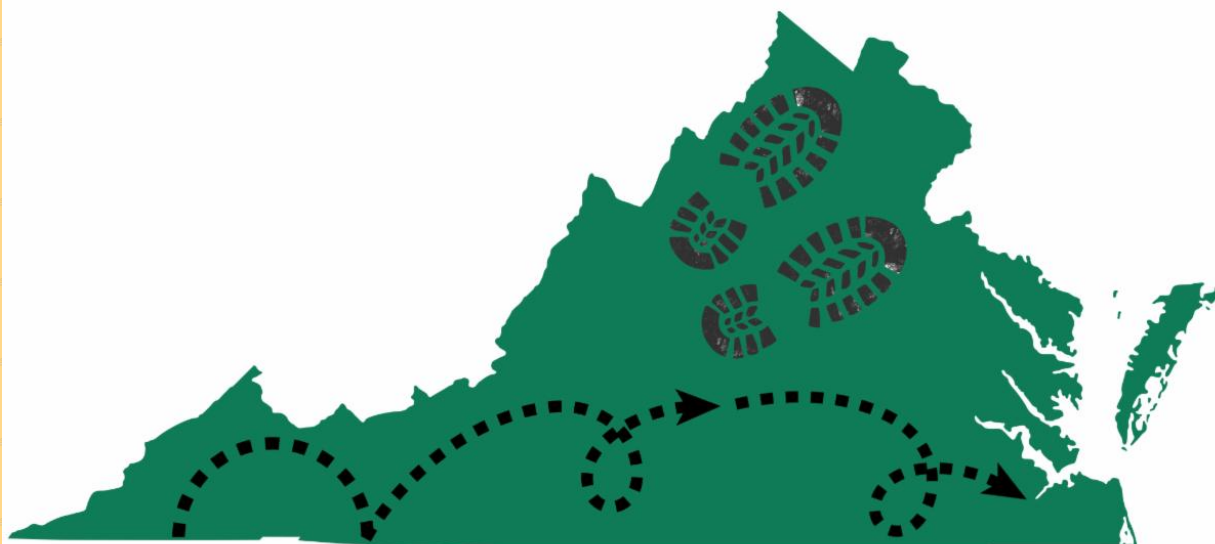
**Register today!**



## GSUSA Mental Wellness 101

The GSUSA Mental Wellness 101 course is now available through your gsLearn account. In this course, you will learn what mental health is and how to recognize the signs of mental health challenges. You will explore different scenarios that young people may experience, and learn how you can promote an environment within Girl Scouts for you and others to thrive and grow. This course is perfect for troop leaders and other adult volunteers who work directly with Girl Scouts. The course will take approximately 25 minutes and you can go at your own pace.

## TREK - Register Today



## TREK through Virginia

**Attention volunteers!**

TREK Weekend will be held October 14-16th at Camp Pamunkey Ridge. Join us for a weekend of camping, workshops, networking, exploring Camp Pamunkey Ridge and so much more. If you are a new leader, this is the perfect weekend to build your confidence at camp while meeting other leaders. If you are a seasoned leader, this weekend will have many learning activities for you to try something new. Making memories and new friends is not just for the girls. Do not miss out on this weekend of fun, **register today!**

**Weekend Pricing:**

Full weekend - \$40

Saturday only - \$30

## Troop Opportunity Catalog

Update your troop information today!

Every girl has a light that can shine brightly – all she needs is a spark to get her started. There are girls waiting to join Girl Scouts. You can be the spark for a girl who truly needs it by welcoming a new Girl Scout into your troop.

- Update troop meeting info
- Update troop openings
- Advertise volunteer openings
- Update your troop description

Get started today and update your troop information in the **Opportunity Catalog**.



Introducing the newest member of the Girl Scout cookie family: Raspberry Rally™! This thin, crispy cookie infused with raspberry flavor and dipped in chocolatey coating is sure to become a new favorite—some may even say it's the sister cookie to the beloved Thin Mints®. This cookie will be available for \$4 online only during the 2023 Cookie Program beginning January 1st, 2023. For more information be sure to attend cookie training in December and stay tuned to S'more News.

## Altria Theater Partner Event

We are happy to announce our partnership with Altria Theater! The Wicked Broadway show is offering a discount



of 20% exclusively for Girl Scouts. Discounted tickets can be purchased for the September 1st and September 8th shows. To order your tickets, email [groups@broadwayinrichmond.com](mailto:groups@broadwayinrichmond.com) or call (804)-592-3401.

## Girl Scouts Love Virginia State Parks

GSCV is partnering with Virginia State Parks again this year!

As part of this year's national Girl Scouts Love State Parks weekend, you are invited to use the [activity pages](#) to explore a park near you, find your nature connection, and receive a Girl Scouts Love Virginia State Parks patch while also meeting the requirements to earn the Daisy Outdoor Art Maker, Brownie Outdoor Art Creator, or Junior Outdoor Art Explorer badge.



There are 21 events throughout the state. [This link](#) will take you to all of our Girl Scouts Love State Parks events. You can check with the parks in your region to see if they added any more events.

## Fall Product Program Important Dates

**September 10th**

Start Date

**October 5th**

Date orders should be in the system for girl delivery

**October 21st**

Fredericksburg Nut Drive Thru & Delivery

**October 22nd**

Richmond & Chesterfield Nut Drive Thru & Delivery

**October 21-24th**

Rural deliveries

**October 26th**

Second chance orders pick up - Fredericksburg

**October 28th**

Second chance orders pick up - Richmond &

**November 10th**

**November 11th**

Dunmar

Last date for magazines and nuts online purchase

ACH Draft

Rewards submitted by troops

## GSCV Office and Shop

The GSCV office and shop will be closed Friday, September 2nd - Monday, September 5th due to the Labor Day Weekend. We will resume normal office hours on Tuesday, September 6th.



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### Girl Scouts of the Commonwealth of Virginia

804-746-0590 • 800-4SCOUT4 toll-free

[gshelper@comgirlscouts.org](mailto:gshelper@comgirlscouts.org) • [www.comgirlscouts.org](http://www.comgirlscouts.org)

S'more News is an e-publication for troop leaders and other volunteers of Girl Scouts of the Commonwealth of Virginia.

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Girls and volunteers can text NEXT to 59618 to join!